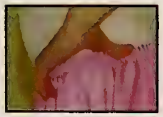


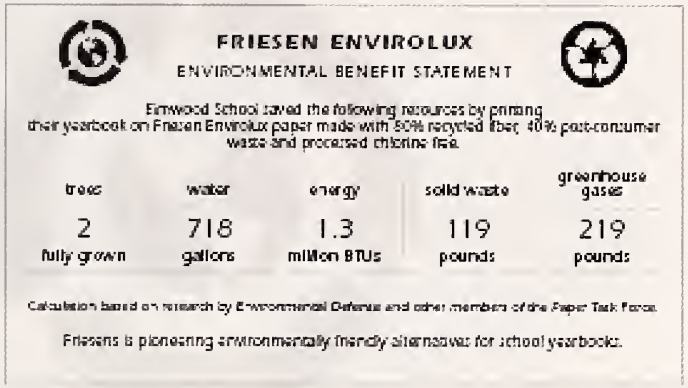
Drive

# What's your

# drive?

*noun* [drahyv]

1. energy and determination that motivates oneself to achieve one's goals



**FRIESEN ENVIROLUX**

ENVIRONMENTAL BENEFIT STATEMENT

Elmwood School saved the following resources by printing their yearbook on Friesen Envirolux paper made with 50% recycled fiber, 40% post-consumer waste and processed chlorine free.

| trees | water | energy | solid waste | greenhouse gases |
|---|---|---|---|---|
| 2 | 718 | 1.3 | 119 | 219 |
| fully grown | gallons | million BTUs | pounds | pounds |

Calculation based on research by Environmental Defense and other members of the Paper Task Force.

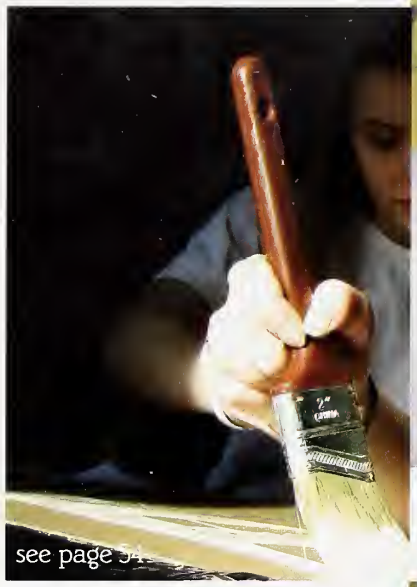
Friesens is pioneering environmentally friendly alternatives for school yearbooks.

[drahyy]

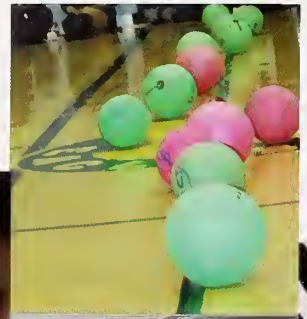
1 a sustained offensive effort

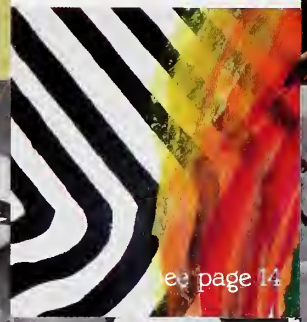
2. A strong systematic group effort

# 3. A Dynamic Quality

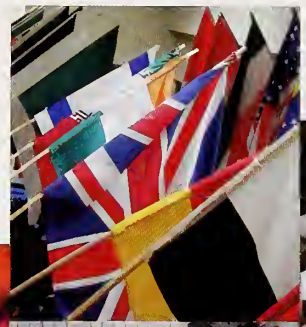


see page 54





see page 14

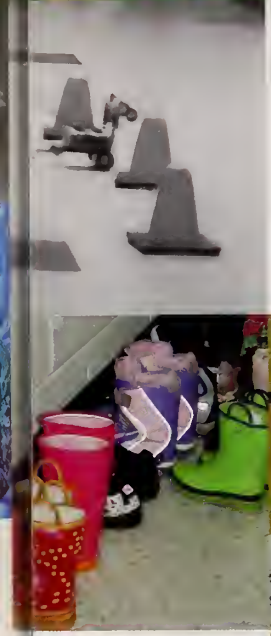


see page 9

see page 72

# Coat Check

see page 9



[in-spuh-rey-shuh n]
undergrads 14

[en-er-jee]
student life 34

[en-geyj-muh nt]
academics 56

[i-nish-ee-uh-tiv]
grads 72

[kuh-mit-muh nt]
co-curriculars 90

[pash-uh n]
faculty 116

# Editors' Notes

When occepting the opportunity to toke on the leodership of the yeorbook, neither of us wos very conscious of whot to expect, nor whot the job entoiled. With greot enthusiosm we put our noggins together and begon broinstorming o theme in the doys leoding up to the opening of school. In determining our finol ideo for the book we osked ourselves o few questions: Whot might portroy o contemporory feel? Whot quolities do oll Elmwood girls share in common? Elmwood students moy be chorocterized with strong leodership and acodemic excellence, yet whot stonds out is our **commitment**, whether it is to o sports teom or simply to grosping the concepts found in grode 11 Physics. We take sotisfoction in our work ond most importontly in our contributions becouse our **passion** is involved. While flipping through the pages of this book, student **engagement** is all too evident. It is about taking pride in our occomplishments, but oll end products require first, the **inspiration**, second the **energy**; but nothing may be achieved without the **drive** to pursue your beliefs.

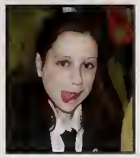
Although this book may be o teom effort, sacrifices ore port of the job description. Hard times happen when juggling ocodemics, othletics and deodlines; skipping an Amnesty meeting or o rugby practice was not without o good reoson. Each poge of this book is o sotisfaction in itself; the same time, energy ond effort wos given to eoch. Cherish page by poge, your occomplishments lie within them. We hope thot through eoch image and tole you will come to recognize the motivation that stirs within each of us, because no year is o success without both individual and team **DRIVE.**

Driven by:

Neuczki Mathurin and Krina Merchant

# The Samara Crew

Brittany Butcher
Senior School Writer



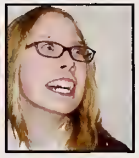
Grace Crolla
Middle School Writer

Rachel Currie
Section Editor

Emma Dolhai
Middle School Writer

Alexandra Fottinger
Section Editor

Sydney Fraser
Middle School Writer



Emma Godmere
Section Editor

Danielle Hodgson
Photography Editor

Allie LaCompte
Section Editor

Anita Malik
Senior School Writer

Lauren Matthews
Middle School Writer

Isabella Price
Senior School Writer

Rebecca Robinson
Middle School Writer

Shrutee Sardana
Senior School Writer

Aarti Singla
Middle School Writer

Sana Syed
Section Editor

Margo Vachon
Section Editor

Priya Wadhera
Middle School Writer

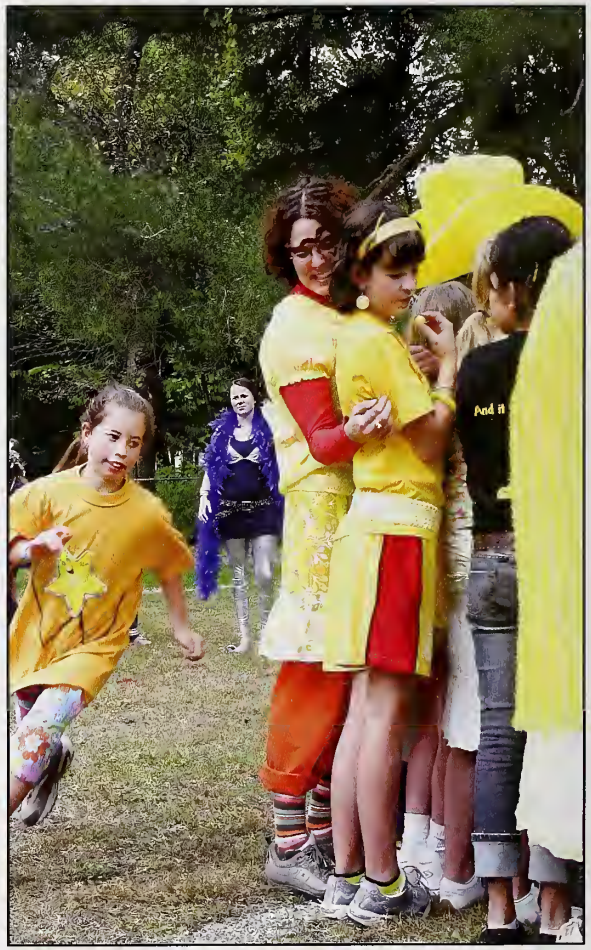
Ms. Caputo
Teacher Advisor

Mme. Descarie
Teacher Advisor

Mme. Cullen
Teacher Editor

Mme. Couture-Luk
Junior School Advisor

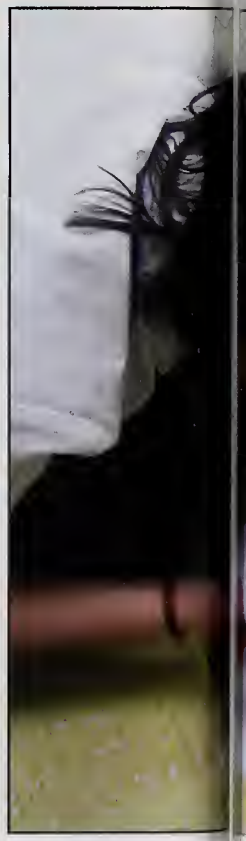
# Spirit Afternoon



Wilson

# Halloween and International Night

# Holiday Madness



HOLIDAYS!

# Spirit Week

TNA
TNA

*Inspiration [in-spi-ra-tion] n. 1. to inspire 2. to influence 3. to stimulate; to motivate*

ani Nath

# Inspiration

[in-spuh-rey-shuh n]

"Motivation is an external, temporary pulse that pushes you forward. **INSPIRATION** is a sustainable internal glow which pulls you forward"

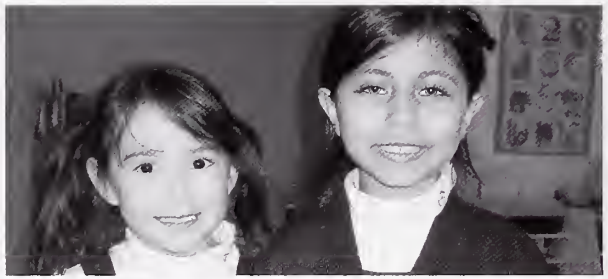
1. provoke emotion 5. cause creative activity synonyms: stimulate, motivate, drive

[Giuseppe Mazzini 1805 - 1872]

# Kindergarten Wiley

Abdulla, Iman
Abdul Rahman, Alisha
Boushey, Emma
Fevrier - President, Haigann
Haebe, Emily
Jarrud, Fatema
Javanpour, Hannah
Li, Melanie
Yau, Ashton

Iman...my mom...she's a nurse and helps people
Alisha...my sister Maryam..because she can ride horses
Emma...my baby sister...she's so little
Haigann...my baby sister...she's so cute
Emily...my friend Zaynab...I like playing with her
Fatema...my mom... she makes me happy
Hannah...my daddy...he can run fast
Mimi...my mom...so good at rythmic gymnastics
Ashton...my cat...she's so cute



# Grade 1 Breen

Abdul Rahman, Lyanna
Akman, Alexandra
Assadzadeh, Bronte
Avisar, Sophia
Blackadar, Alex
Gay, Katie
Goodridge, Binta
Khoroshilov, Anna
Khoumsi, Sarah-Maniah

Lalande, Marie-Michelle
Lavallée, Anne
Ling-Jay, Kyra
McCracken, Jenny
Mierins, Ava
Noel, Vanessa
Robinson, Julia
Sabine, Eva

Lyanna...Ms. Breen...teaches us to be risk-takers
Alexandra...my mom...she makes pictures with me
Bronte...my dance teacher...teaches me how to dance
Sophia...my horseback riding teacher...helps me get on my horse
Alex...my friends...care for me and help me
Katie...my horseback riding teacher...helps me learn about horses
Binta...my mom and my brother...teach me how to be nice
Anna...Elmwood...strive for excellence
Sarah-Miriah...my puppy...always happy to see me
Marie-Michelle...my mom...hugs me when I'm hurt
Anne...my friends...they help me
Kyra...my mom...teaches me about fashion
Jenny...my dad...he's from Scotland
Ava...my dad...claps when I play piano
Vanessa...my teacher...she helps me learn
Julia...my mom...caring and she loves me
Eva...my cats...playful and friendly and fun

# Grade 2 Huggins

Bonnet, Chloe
Brazeau, Julia
Craigen, Cailin
Darwish, Hoda
Fung Kee Fung, Mallory
Halloran, Ciara

Hanna, Andrew
Ho, Mi Yen
Hume, Helen
Jackson, Sarah

"You have brains in your head. Your feet in your shoes. You can steer yourself in any direction you choose."
- Dr. Seuss

Kamel, Rachel
McAdam, Katie
McGarry, Sheetza
Pratapas, Patrick

Schramm, David
Swettenham, Sophia
Vickers, Sarah
Wang, Karina
Yau, Julian
Zhong, Anthony

# Grade 3 Adams

Denison, Nicola
Dolhai, Hannah
Gay, Jacob
Groper, Adam
Haebe, Joshua
Hoftun Jaeger, Astrid

Kainz-Potter, Tennyson
Li, Tony
Lucas, Chloe
Mierins, Brooke

"Life is the art of drawing without an eraser."
- John Gardner

Morrison, Nicholas
Murray, Philip
Parizeau, Alex
Pateman, Margaret

Seward-Langdon, Rebecca
Shemenski, Zack
Shibutani, Fumi
Singla, Meera
Vatne, Andreas
Wilson-Smith, Meredith
Zhang, Sofia

# Grade 4 Zemlak

Abdullah, Zakiya
Avisar, Claire
Bobra, Alana
Bobra, Larissa
Caragianis, Sophia
Cinotti Ballarte, Claudia

Duncan, Tanya
Godin, Kim
Godin, Rebecca
Gooderham, Maaike

"The **future** belongs to those who **believe** in the beauty of their **dreams**."

-Eleanor Roosevelt

James-Beswick, Louisa
Kainz-Potter, Michaela
Le, Michelle
McGinn, Rachel

Moledina, Jenna
Obhi, Ras-Jeevan
Shemenski, Noni
Timmins, Shea
Tremblay, Paige
Zaidi, Fati

# 5 A/B Ostiguy/Oickle

Bui, Allison
Dodge, Laura
Dost, Lilith
Forgie-Williams, Chloe
Gow, Anna
Groper, Emily
McGinn, Megan
Mulock, Courtney

Naccarato, Alexa
Nguyen, Gigi
Richardson, Daron
Rinker, Kathryn
Shenassa, Alyssa
Zhang, Elaine

Allison...Elmwood...strive for excellence
Laura...dogs...make me caring
Lilith...nature...love nature's beauty
Chloe...family...kind and caring
Anna...Mark Haddon...an amazing author
Emily... friends... become a better person
Megan...my mom...she gives me hugs
Courtney...Ms. Ostiguy...makes me love school
Alexa...friends and family...always nice
Gigi...skating...confidence and independence
Daron...books...exciting
Katie...books...relaxing, stress relieving
Alyssa...my cat...cheers me up
Elaine...Elmwood...amazing teachers
Danica...my parents...are great people
Eleanor...cottage...calm and relaxing
Lindsay...Nova Scotia...a friendly place
Melissa...drama...want to become successful
Celina...marine biologists...help marine life
Priyanka...my mom...reliable and kind
Joa...ocean...calm and relaxing
Jessica...Jane Goodall...saves chimpanzees
Merrin...Mrs. G...makes me become more active
Sarah...Mrs. G... aught importance of athletics
Priya...Kamla flower...unknown, beautiful, sacred
Selena...Tamara...influences me to play soccer
Maki...Mr. Stevens...makes learning fun
Katia...Mrs. G...dramatic and creative

Bateman, Danica
Berks, Eleanor
Brandys, Lindsay
Dodge, Melissa
Gilligan, Celina
Goel, Priyanka

Hoshizaki, Joa
Kotzeff, Jessica
Lalonde, Merrin
Melloul, Sarah
Muradia, Priya
Saikaley, Selena
Shimizu, Maki
Tawagi, Katia

# 6 A Anderson

Aussant, Tania
Bregman, Ivy
Carwile, Madeline
Duncan, Katya
Gwozdecky, Katie
Hewitt, Julia
Lee, Yeo Kyung
McIntyre, Tori

Tania...dance...it's life!
Ivy...Grandma...bright, enthusiastic and Fun
Madeline...J.R.R.Tolkien...creative, unique, author
Katya...Celia Franca...I admire her dancing
Katie...Cassie Campbell...inspiring, experienced, skilled
Julia...tennis...makes me play my hardest
Sarah...Won-hee Park...she never gives up
Tori...soccer...active, healthy, happiness
Adriana...I. McCarthy...international, creative, author
Ameera...Ryuko...funny, friendly, energetic
Melissa N....family...loving, fun, caring
Jordana...Karen Kain...She's a great dancer
Melissa R....Claude Turcotte...loving, caring and fun
Laura...Liz Maffet...inspiration, athletic, enthusiastic
Alisha...Lisa Wilkinson...she's my sister
Melissa Y....Mom...active, loving and creative.

Ms. Anderson...my students...energy, curiosity, humour

Moeller, Adriana
Moledina, Ameera
Noël, Melissa
Polisuk, Jordana
Rud, Melissa
Weissman, Laura
Wilkinson, Alisha
Yelle, Melissa

# 6 T Tweedie

Abdul Rahman, Maryam
Ahmed, Dina
Boucher, Rebecca
Clarke, Sarah
Crolla, Grace
Darwish, Noor
Davis, Julia
Fraser, Sydney

Maryam...Grandmother...talented at cooking
Dina...cat...cute, cuddle and soft
Rebecca B....basketball...exciting, quick, lay-up
Sarah C....Aunt Helen...creative, journalist, kind
Grace...Christian music...fills me up
Noor...poetry
Julia D....drawing...comes to life
Sydney...writing...helps me escape
Eleanor...food...delicious, nutritious, yum
Judy...chocolate...sweet, yummy and delicious
Lauren...music...calming, motivating, lively
Gillian...dogs....playful, animals, loyal
Emily...Artists...art expresses feelings
Alexandria...swimming...fast, fun, exercise
Rebecca R....dance...comes to life
Sarah S....horseback riding...graceful, peaceful and thoughtful
Mariah...horseback riding...challenging, fun and peaceful

Ms. Tweedie...6T...energetic, enthusiastic and adventurous

James-Beswick, Eleanor
Lee, Judy
Matthews, Lauren
McCracken, Gillian
Montgomery, Emily
Nguyen, Alexandria
Robinson, Rebecca
Seward-Langdon, Sarah
Whitney, Mariah

# 7 A Biggar

Assaly, Juliana
Batson, Quincy
Bifield, Alice
Black, Stephanie
Bleeker, Veronica
Brazeau, Kristen
Dolhai, Emma

Fonberg, Samantha
Foody, Caroline
Griffith, Roxanne
Konzuk, Ali

Juliana...ballet teacher...help me be confident in myself
Quincy...bubblegum...chewy, colourful, durable
Alice...Grandpa John...looked at life positively
Stephanie B...Stephanie St. Pierre...Olympian skier, Canadian, inspires
Veronica...Molly Sims...for true beauty
Kristen...Joannie Rochette...really good singer
Emma...Ms.Grace...special, nice, smart
Samantha...Sophie...she's fun and hyper!
Caroline...my parents...supporting and encouraging
Roxanne...class 6T...inspired me to be a movie director
Ali...Elmwood...strive for excellence
Katrine...big rain puddles....fun and happy
Emily...my granny...I love her and her great advice
Morgan...Mom...she is organized
Becky...Elmwood...strive for excellence
Francesca...Elmwood...strive for excellence
Sophie...Beczie Madden...I want to be an Olympic horse rider too!
Brianna...my sister katie...has cystic fibrosis but finds fun and smiles
Olivia...Elmwood...strive for excellence
Margot...Sharon Roach...helps me and given me so much advice
Maggie...my parents...encouraging and supportive
Joanna...Elmwood...strive for excellence

Lightstone, Katrine
Lister, Emily
Richardson, Morgan
Savic, Becky

Schembri, Francesca
Sigler, Sophie
Taylor, Brianna
Tuli, Olivia
Whittington, Margot
Zhu, Maggie
Znotins, Joanna

# 7 C/D Abada/Descarie

Babinski, Stephanie
Baxter, Isabelle
Belik, Yuliya
Brockmann, Birte
Davidson, Fiona
Dhalla, Anisha
Featherstone, Emily
Lynn, Emma

Macleay, Hayley
Mc Corriston, Anna
Mulock, Caroline
Ngwenya, Maka
O'Neill, Erin

Stephanie B...soccer...fun, team, cheering
Isabelle..music, and my sister...fun, free spirited, helpful
Yuliya... music...singing, dancing, listening
Birte...sports...fun, badminton, tournaments
Fiona...being fun, active, competive
Anisha...dance...friends, competition, fun
Emily...synchronized swimming...fun, teamwork, sportive
Emma...being competitve fun, laughter, friends
Hayley...Anna Goodman...she is amazing
Anna...skating...competitive, competitions, friends
Caroline...chocolatemoltenlavacakes... warm, delicious, mystery recipe
Maka... my family...supportive, encouraging.. helpful
Erin...my good friends... supportive, fun, reliable
Laila... soccer...fun, exciting, goals
Rachel... family and friends...comforting, trustworthy, love
Linnea...art...it looks nice
Sam...my sisters...nice, fun, pretty
Zoe...ringette...competitive, fun, hard shooting
Christina... hockey...teamwork, skating, stick-handling
Sahar...lollipops...tasty, colourful, sticky
Stephanie S....waffles...yummy, tasty, sweet
Andrea...candy...yummy, tasty, sweet
Alisha...sports....fun, good excercise, goals
Katrine...sports....fun, healthy, goals
Kelly...swimming...Olympics, competitive, podium

Murray, Laila
Oster, Rachel
Pauls, Linnea
Peters, Sam

Rikhtegar, Zoe
Rizk, Christina
Salari, Sahar
Shenassa, Stephanie
Tannis, Andrea
Texeira, Alisha
Vatne, Katrine
Woods, Kelly

# 8 A/B/C Toivonen/Torres/Vrancart

Caragianis, Juliet
Currie, Shannon
Hartvich, Alyssa
Kunstelj, Maja
McPherson, Michele
Singla, Aarti
Wadhera, Priya

Craigen, Ailsa
Halliwushka, Lauren
Hwang, Joanna
Lessard, Andrea
Mines, Rachel
Sinha, Anuja
Timmins, Kaleigh

Juliet...my parents...hard working, teach me to push myself
Shannon...books...they are a different world
Alyssa...best friend Leigh... always makes me happy and smile
Maja... my friends...make me smile and happy
Michele...best friend's little sister... she has autism, dealt with so much
Aarti...my sister...always smiling
Priya...people around me...have amzing personalities
Ailsa...my friends...help me through tough times and there for me
Lauren...my friends...always there for me
Joanna...my friends...so inspirational
Andrea...my friends...make me smile and are helpful
Rachel...Oprah...so fashionable
Anuja...my friends...always make me feel better
Kaleigh...my parents...can do anything and everything
Reem...Tyra Banks...pretty, smart and confident
Kate...Rachel McAdams...smart, confident and from Ontario
Celyna...Dr. House
Sarah B...Neville Longbottom...the true underdog
Julia...Jena Tannis...an achiever
Sarah F...Tamara Pierce...creative and encourages reading
Isabelle...Friends(TV)...teaches you about life
Alexandra...Audrey Hepburn...classic symbol of style
Sarah G...ringette...fun, favourite sport and time with friends

Al-Shaikh, Reem
Amirault, Kate
Arnold, Celyna
Bouzanis, Sarah
Fottinger, Julia
Frodsham, Sarah
Gibbs, Isabelle
Grinfeld, Alexandra
Gross, Sarah

# 8 D/E/F Ellison/Purran/Noon

Murray, Maggie
Murray, Rachael
Robert, Lucy
Saikaley, Carina
Tannis, Chelsea
Tannis, Jena
Vincent, Alex
Wight, Irena
Wright, Leah

Boychuk, Kate
Brandys, Lauren
Cinotti Ballarte, Alessandra
Day, Jen
Hoftun Jaeger, Anna
Holden, Lucy
Hunter, Kelly
O'Neill, Charlotte
Peters, Courtney

Maggie...the O.C...teaches what to do and what not to do
Rachael...Desperate Housewives...explains what not to do in life
Lucy...Broadway...makes me try my hardest to reach my dreams
Carina...Travis Wall...inspires me to dance
Chelsea...Mischa Barton...is a good actress
Jena...Julia Fottinger...creative
Alex...Cassie Campbell...an icon in women's hockey
Irena...Heidi Klum...nice, pretty and a mother
Leah...Rachel McAdams...talented, pretty and confident
Kate...synchronized swimming...fun, teamwork and encouraging
Lauren...Elmwood...strive for excellence
Alessandra...dance...makes me feel good
Jen...sports...excersize=brain power
Anna...my mom...brave and the best mom in the world
Lucy...my mother...love, endless ounces of love
Kelly...school...my supportive Mom
Charlotte...swimming...everyone supporting me
Courtney...sports...Michael Jordan, skills in sports
Christina...art...creative, express your feelings, free
Avery...people...people who have made a difference in the world
Sang Ha...music...it's the beat of my world
Stephanie...sports...healthy, teamwork, Dr.Phil
Sonya...family...believes in me
Samah...Hershey's Chocolate Factory..best chocolate factory ever!

Jacobsen, Christina
Nowosad, Avery
Park, Sang Ha
Pratapas, Stephanie
Ruddy, Sonya
Syed, Samah

# 9 A Marchand

Bonar, Victoria
Chiasson, Emilie
Churchill-Smith, Julia
Kelly, Shayla
Leung, Alicia
Liu, Linda

Malouf, Sarah
McInnes, Kerry
Mikhaiel, Monica
Nnagbo, Nneka

Victoria...inpired people....sense of self
Emilie...sports...international playing field
Julia...writers...creating new ideas
Shayla...willpower..keep going when its hard
Alicia...family...always for support
Linda...music...sets basic skill
Sarah M...art...creative, expressive, and meaningful
Kerry...music...gives me strength
Monica..sister...smart, fun and caring
Nneka...musicians...they are creative
Madison...Grandmother...always loves you
Kelly...oceans...mesmerizing, powerful and mysterious
Sarah P...Canadian Coast Guard...bravery, intelligence and courage
Caitlin...apricots...makes me healthy
Ashley...Varsha
Marina...Lucy Zheng...all around amazing
Daphnee...parents...hardworking, caring and patient
Natasha...athletes...shows anything is possible
Lucy...Condoleezza Rice...always achieving greatness

Norton, Madison
O'Connor, Kelly Ann
Pullen, Sarah
Rogers, Caitlin

Tannis, Ashley
Tannis, Marina
Tosoni, Daphnée
Watcham-Roy, Natasha
Zheng, Lucy

# 9 B Kerluke

Butcher, Brittany
Carwile, Katie
Duncan, Natasha
Haebe, Laura
Hodgson, Allie
Jones, Ashley

Li, Crystal
Lima, Cristina
Morris, Sarah
Obhi, Nimrat

Brittany...drawing and music
Katie...love...makes things better
Natasha...Elmwood...strive for excellence
Laura...Elmwood...strive for excellence
Allie...Mom & grandma...hardworking, career buliding, loving
Ashley...Elmwood...strive for excellence
Crystal...peers...reliable, trusting, fun
Cristina...Family...love, courage, and laughter
Sarah...friends and family...they help me do better
Nimrat...music...powerful, captivating, spiritual
Sanderica...Elmwood...strive for excellence
Varsha...Elmwood...strive for excellence
Rachel...love...knowing they care
Emily S....Elmwood...strive for excellence
Valerie...world peace...powerful, extraordinary, demonstrative
Lauren...music...dramatic, universial, colourful
Sabrina...horses...power, grace, spirit
Emily W....imagination...boundless, creative, personal
Daphne...soccer...fun, comptetitive, challenging
Maya...wilderness...untamed, wild
Karen...badminton...sportsmanship and skill

Quesnel-Malanka, Sanderica
Salunkhe, Varsha
Selwyn, Rachel
Soussana, Emily

Touchette-Mosley, Valérie
Townsend, Lauren
Villeneuve, Sabrina
Waite, Emily
Wallace, Daphne
Wilson, Maya
Wu, Karen

# 10 A/B Main/Adams

Badani, Carmina
Bain, Emily
Bartlett, Alicia
Bastianelli, Sara
Batchasingh, Nadine
Blier, Sabrina

Bourdeau, Taylor
Boychuk, Karenna
Brown, Ally
Burnatowski, Madeline
Do, Nancy

Carmina...Duke Orsino...beautiful, lanky man
Emily...Elmwood...strive for excellence
Alicia...Elmwood...strive for excellence
Sara...my big bros...smart, athletic, hilarious
Nadine..new things from people...learning, optimism, having fun
Sabrina...fashion...finishing to my happiness and creativity
Taylor...Elmwood...strive for excellence
Karenna...my dog Copper...was my friend
Ally...Mary H-J...Norway, viking, NORWAY
Madeline...Amnesty Int., Superman, what's in the pond
Nancy...love, bravery and hope

Stephanie...Elmwood...strive for excellence
Meagan...my friends...look out for you and make you laugh
Sophia...family and faith...always guiding and supporting me
Sarah...literature...wisdom, ideas, authencity
Jessica...jars of dirt...I know what's in them
Siham...my friends...they care
Marcela...music...it's meaningful
Shilpa...Zoey 101...popular pink scootter CHASE
Elaine...Elmwood...strive for excellence
Rina...my Mom...ambitious and caring
Marie...K.Fed...fly, rapping and rhyming skills

Chapman, Stephanie
Cork, Meagan
Dhalla, Sophia
Dost, Sarah
Edwards, Jessica

El Rayes, Siham
Ferro, Marcela
Goel, Shilpa
Groves, Elaine
Halili, Rina
Hoftun Jaeger, Marie

# 10 C/D Rossiter/Kelly

Hughes, Julianne
Jamieson, Alison
Kadian, Noushig
Kechichian, Sandy
Kitagawa, Emily
Kruszewski, Olivia

Leminski, Danika
Lima, Lore
Lysenko, Kate
McSpaden, Genevieve
Miller, Alison

Julianne...Ally Brown...ridiculously rebellious
Alison...procrastination...work ethic is overrated
Noushig...portraits...each holds stories
Sandy...LORE LIMA...fun to have, sweet and sillyyyy
Emily...families...inner strength can always be redoubled
Olivia...literature...imagination without limits
Danika...knowledge...it is power
Lore...Sandy...she is bubbly, successful and reliable
Kate...ballet...dance without limits
Genevieve...adventure...expect the unexpected
Alison...Elmwood...strive for excellence

Julia...Strawberry Shortcake...she's nice to everyone
Emma...music...singing through life
Raisa...my Dad...he's funny, creative and unique
Ruthanne...Barbie...she has so many different jobs
Shrutee...Elmwood...strive for excellence
Saumya...Elmwood...strive for excellence
Joanna...my sister...nice and caring
Brownwyn...Maggie Thomson...my sister, my friend, my role model
Sonya...my family...always there for me
Anne Marie...my friends and family...they make me happy
Katerina...Kittens...happy, cuddly, cute

Canning, Julia
Murray, Emma
Patel, Raisa
Rath, Ruthanne
Sardana, Shrutee

Saxena, Saumya
Schembri, Joanna
Thomson, Bronwyn
Wadhera, Sonya
Wilson, Anne Marie
Yelle Labre, Katerina

# 11 A/B Boyd/Mahin

Assaly, Vanessa
Basi, Riyaz
Baskaran, Prashanthi
Bonar, Nicolle
Brown, Hilary
Campbell, Julia
Campbell, Nikki

Charania, Shamila
Cheff, Rebecca
Lapointe-Rohde, Sara
Uehira, Ao

Vanessa...kneSSsn
Riyaz...music...beat of my feet
Prashanthi...marks...thinking, inquiry, knowledge & understanding
Nicolle...logic...it makes sense
Hilary...Sacha Baron Cohen...he's hilarious!
Julia...SeanXcorE
Nikki...idomas...connections, opportunities, freedom
Shamila...Green Day
Rebecca...dance...universal expression
Sara...Elmwood...strive for excellence
Ao...Elmwood...strive for excellence

Carol...smiles
Rachel C...talent...Beckham, Ledger, Heatlley
Jen...Trisha...just because
Queenie...my mother...knowledgeable, understanding, and open minded
Liseth...creativity...makes life diversified
Alice...travel...discovery of the unknown
Megan H...friends...support me in what I love to do
Danielle...camp...independence, support, growth
Rachel H...guess...you have three tries
Katharine...fermions...asymmetry, wave function, probability

Chu, Carol
Currie, Rachel
Fuller, Jennifer
Fung, Queenie

Gehlen, Liseth
Gibbs, Alice
Halliwushka, Megan
Hodgson, Danielle
Hutchinson, Rachel
Hyatt, Katharine

# 11 C/D Schwarzkopf/Neale

Hirji, Sabreena
Hopfner, Paula
Kanters, Alex
Lacompte, Allie
Lamontagne, Samantha
Light, Megan
Malik, Anita

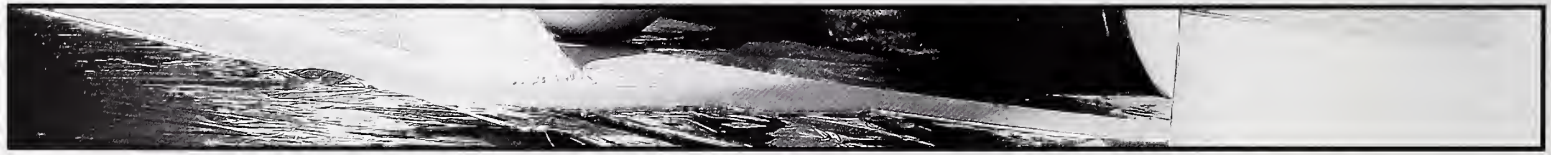
Mansfield, Emily
Mathurin, Neuczki
McDowell, Karin
McGee, Michaela
McKeen, Sheila

Sabreena...NuFaCa...live, love, laugh
Paula...music...dreaming, relax, melody
Alex...Emily Soussana
Allie...Bob Marley Maus
Samantha...sunny weather...gives the day a positive attitude
Megan L...West 49...coats for kids
Anita...dance...freedom of expression
Emily...sports...competition
Neuczki...butterfly stroke...power, grace, speed
Karin...sports...competition, adrenaline and success
Michaela...music...creates a motivational beat
Sheila...Sacha Baron Cohen...brilliant!
Krina...doctors...unbiased healing hands
Taku...my mother...supporting best friend
Charlotte...thunderstorms...powerful
Anne...David Suzuki...environmental, invokes action
Isabella...steep cliffs or subjunctive...well, why not?
Jasmine...Celine Gilbert (aunt)...strong, brave, loving
Anisha...dance...universal language
Sana...sun...brightens up my day
Emily...sky...it never ends
Cynthia...challenge...it fuels me
Rachel W...role models...inspire me to be better

Merchant, Krina
Ngwenya, Taku
Pattee, Charlotte
Pigott, Anne

Price, Isabella
Rasuli, Jasmine
Sinha, Anisha
Syed, Sana
Tepper, Emily
Wallace, Cynthia
Witherspoon, Rachel

*Energy [en-er-gy] n. 1. the force driving and sustaining mental activity 2. the*



# Energy

[en-er-jee]

"The **ENERGY** of the mind is the essence of life"

*or power to work or make an effort synonyms: power, stamina, vitality, drive*

*[Aristotle 384 BC - 322 BC]*

# Term One

### FIRST DAY OF SCHOOL

Day 3: Find Back Pack
Day 2: Do Summer Reading
Day 1: Unwrinkle Uniform
Day 0: School Commences. On Tuesday, September 5th, 2006, I walked out of my front door taking my last breath of summer. I walked through the big brown doors looking at what used to be the office, feeling somewhat disoriented. I marched (with my homeroom) into assembly and found myself sardined between my new and old classmates. I didn't really know what day it was, because our agendas were on back order. Our timetables were scheduled so that we would get a chance to attend each one of our classes. Later on, we had lunch (or what was left of it, that is, IF, anything was left). At 3:40pm, I finally heard the bell ring. Finally! I had just made it through my first day at school. Only a whole year to go!

### ORIENTATION

**Gr. 9**

Excitement, water guns, soap, mud, pudding.... The list goes on. It was the grade 9 orientation and it was mandatory. Seniors were in control, and there was no way anyone was getting out of the fun. It was a cold day and we were separated into groups and told we were Barbies getting ready for a dance with Ken. We went through a mud bath (rolling through globs of gunk), a shower (slip and slide through soapy water), makeup, and then meeting our date followed by a dancing contest. Grade nines will never forget their welcome into the awesome years yet to come of high school.

### TERRY FOX RUN

**Junior School**

In September, students learned about the famous athlete Terry Fox, and raised money for Cancer Research. On September 15, students, parents and friends ran for about 45 minutes on the path which goes around the Junior School. Mr. Adams led the warm ups and we all ran. It was fun to be all together and learn about what this hero accomplished.

### UPPER CANADA VILLAGE

**Gr. 4**

On the bus to Upper Canada Village, we played hand-games and we sang songs. When we got there we were sorted into houses. Then we changed into costumes of the 1800's. We had two guides, Mistress Heart and Mrs. Neville. All day visitors took pictures of us. We took a tour of the whole village. were separated into two grou I was in the first group. went to a farm and a one-ro schoolhouse. We also did so cooking and dancing. The ond group did baking, d ing, sewing and went to sch After our two day trips, we w to the gift shop. I had the time in the world!

### FRENCH EXCHANGE

**PARTIE 2**

In March 2006, fift Elmwood students in Mi and Senior school emba on a journey to Paris. This dent exchange was contin in September when fift

ch students came to dis-
r Ottawa. Pendant deux
aines, les élèves ont vécu
expériences inoubliables
resteront dans nos
oires à jamais. Nous avons
des liens très spéciaux qui
ent les frontières de nos
x pays et acceptent les
rences de nos deux cul-
s, langues et mentalités. Le
rt des élèves français n'est
a fin de cette aventure, au
raire, c'est le début d'une
tié incomparable et
ue.

RIT DAY

morning of September 27,
ents arrived with bold boas, hilarious hats, silly shoes, nifty necklaces, sassy skirts and mischievous makeup -all in the colours of their HOUSE. As students and staff assembled in the gym, House spirit heated up. Prefects and all senior students led the school in House cheers as the teams moved to the Games – a variety of fun activities that got everyone excited to a feverish pitch. Senior student leaders worked hard to make the day enjoyable for all age groups while keeping track of the winners for each event. At the end of the day, the prefects led the school in excited cheers as the winners were announced. A good time was had by all!

YMCA CAMP
Gr. 5

"Wow, that was fun" we said as we stepped off the bus back at school. The trip was non stop fun every minute of the day and we did not complain one bit about the rain. R o c k climbing, high ropes, indoor games… no matter what we were doing, we were always enthusiastic. Before we fell asleep, we shared funny and scary stories and made skits with our stuffed animals. Later, we crashed into exotic dreams. In the morning, we had the most delicious breakfast including French toast, sausages, fruit, and cereal. After each meal, we all washed our plates and cups to help out the YMCA staff. After breakfast came the High ropes. They were REALLY high, as tall as maybe a half of the Junior School. Everyone was nervous and some were even shaking. We learned life lessons, worked on cooperating with friends and had a great deal of fun.

PINK ACCESSORY DAY

And for just plain fun! How about a Pink accessory Day? Don't forget your sunglasses! Have you ever ever ever in you long long life seen so much PINK? Pink shoes, necklaces, dresses, stockings, earrings, fluffy pillows, stuffed animals, glasses, pants, shirts, telephones, computers, vests, tutus, books, lampshades, bathing caps, bracelets, hair, and scarves. Students who wore pink contributed $2 to raise funds for the Canadian Cancer Society just prior to the Run for the Cure in October.

# September

## RUN FOR THE CURE

Every year, students from Elmwood participate in "The Canadian Breast Cancer Foundation CIBC's Run for the Cure" to raise awareness about breast cancer and money to advance research in this field. Students brought in spare change for Change for the Cure, which was a competition between houses for the most change. This was won by Nightingale. There was also a bake sale to raise more money and of course, there was the run itself. Many middle school students showed up and everyone had a great time, despite the rain. Of course, the highlight of the run was the fact that Elmwood won the School Team Challenge raising $21,094.15. The event was a huge success and hopefully it will be just as much fun next year.

## MACSKIMMING

### Gr. 6

The first week of October, the Grade 6 homerooms enjoyed a week of field trips! On October 2, the classes headed out on an expedition to MacSkimming Outdoor Education Centre where they partook in team building activities such as the keypunch and the trust-falls. October 3rd, the students went to the museum of Civilization. After an interesting scavenger hunt, they hopped into canoes and paddled to Turtle Island where they enjoyed a tour, had dinner and were entertained with dancing and traditional stories. October 4th the girls made Thanksgiving cards, seed'n'bead necklaces and reflected upon their trip to Turtle Island. On the last day the students returned to MacSkimming where they were given maps, a compass and partner and sent off into the woods for orientation activities. The week of field trips was a success!

## SPACE CAMP

### Gr. 7

This year the Grade 7 class trip was Space Camp. We left for Laval, Quebec on a Tuesday and had a fun-filled bus ride watching Mean Girls. When we arrived we were given a room and put into teams for the activites. The following day we experienced simulators such as the 1/6 chair which felt like we were walking on the moon and the Zero Gravity Wall which made you feel like you were floating. One of the more popular simulators was the Multi-Axis chair, which flipped you upside down and spun you around. We also had an egg drop contest and had to build bridges out of straws. We all had a great time and would like to thank Ms. Barr, Mr. T and Ms. Abada for accompanying us on the trip.

## TORONTO

### Gr. 8

On October 2nd the grade eight girls, accompanied by Ms. Biggar, Mrs. Bradley, Ms. Ellison, Mrs. Mason and Ms. Descarie, enjoyed a Comprehensive Arts trip to Toronto which encompassed visual arts, theatre, dance, music and comedy. While visiting the city we saw two plays, King Lear and Hana's Suitcase. We also participated in a few workshops such a a group discussion with Hana's Su case playwright Emil Sher and a African drumming experienc where we learned rhythms and ch reography. Throughout the trip were able to express ourselv through the creative art of danc textile art and the best of a through the use of comedy at t Bad Dog Improv Comedy Cl where we saw an entire show tally improvised! We ate at the Spaghetti Factory, Richtree a Town and Country. On the last we visited the Bata Shoe Muse where we saw Shaquille O'Neil s 20 shoes and much more. It wa fun trip and we learned a lot, though we got hardly any slee

# Term One

ON ECHO
R. 9
n October 4th, all grade nines
ft for their two day hiking trip in
on Echo Provincial Park. A week
rlier, their practice hike was held
Gatineau Park. Preparations had
be made to assure chaperones
at students were ready for the task
ey had to complete. Groups were
t and lists were made. Students
ere nervous and freaking out as
got closer and closer to the day
had to leave. It was cold and
izzling, but we carried on with
ads held high. It is definitely an
perience that will never be for-
tten.

UEBEC CITY
C. 10
e grade 10s started the month of October with a splendid trip to Quebec City. Over their three day stay, they had the chance to explore some of the most extraordinary places in the city and learn about the historical significance of each. Residing in the lavish Hotel Palace Royale in downtown, the grade 10s familiarized themselves with the streets and the culture of Vieux Quebec. Their activities included dining at traditional French restaurants, visiting several churches, touring the oldest girls' school in Canada, taking part in a scavenger hunt in the city, and of course shopping! Thanks so much to, Ms. Cullen, Mrs. Adams, Ms. Rossiter, and Ms. Boyd who accompanied us on the trip! It was a lot of fun and we learned a great deal of history as well as quite a bit about the Quebec culture!

BARK LAKE
Gr. 11
Like the rest of the senior and middle school during the first week of October, grade 11 students departed on an overnight trip for the purpose of becoming better acquainted with new students, old friends, accompanying teachers, and each other. This year, they spent three days at the Bark Lake Leadership Camp, outside Toronto. The camp combined a variety of character- and team-building activities, such as high ropes and inter-group competitions, with more traditional camping activities. Although many students were already familiar with the campfire singing and hiking, the grade included a number of overseas students who had never experienced such an environment before. The camp therefore offered an interesting cultural experience to everyone, whether it was learning phrases in another language, toasting marshmallows, or watching Grey's Anatomy for the first time. Thank you to chaperoning teachers and the coordinators of this trip.

STRATFORD
Gr. 12
On October 3rd, 2006, the grade 12 class woke up extra-early to leave for their trip to Stratford, Ontario, to attend both the Stratford and Shaw Festivals. Spending almost seven hours on the luxury coach ride there, we prepared for the exciting plays and musicals. We explored both the towns of Stratford and Niagara-on-the-Lake, attended dance workshops, ate, shopped, and watched a total of six musicals and plays, including Oliver, a selection of Shakespeare, and The Crucible. It was a fabulous trip, and all who attended had a great time. Thanks to Mrs. Boychuck for organizing the experience, and to Mrs. Caputo, Mr. Buck and Ms. Lamb for accompanying us.

# October

## OSAID WEEK

This years OSAID week [October 16-20] was a huge success in raising both funds and awareness. The week began with a pledge ring on Monday, where students as well as staff could pledge to do their part in preventing themselves and their friends from driving while under the influence. A mocktail dance was held on Tuesday for the middle students and an awareness lunch for the senior school. On Wednesday the senior school students were able to dance and try non-alcoholic drinks mixed by the Elmwood OSAID chapter. Berry responsible, Citrus Sobriety, and Celibacy on the Beach were among the choices of refreshments. On Thursday there was an obstacle course set up on the field showing the difference between making decisions while in your right mind, and making the same decisions with other factors pressuring you. Friday was the famous BYOBanana lunch; with a donation, middle and senior school students were able to create a banana sundae and learn about impaired driving!

## STUDENT LED CONFERENCING

Plans were made weeks in advance. Students put samples of their work from each of their subjects into individual folders. Each piece had been assessed by the course teacher and students had written a reflection on their accomplishments that identified what they had learned and what needed improvement. As well, the students reflected on how they fit the profile of a Middle Years IB student.

Parents were invited to review the work of their daughter so they could see their daughter's achievement in all subject areas.

On the night of the event, the boxes holding the portfolios were brought to the library where staff, handed out each students work to the parents. Students then took their parents to a quiet location, where they could discuss the portfolio.

What a success! The auditorium, library, and classrooms were filled with students and their parents.

Plans are in the works to keep this new initiative going with another SLC in April. Thanks to Ms. Bradley, Ms. Clubine and all the staff organizers and volunteers for their hard work.

## ORIENTATION

### Gr. 8

On October 11, 2006, grade eight students enjoyed a taste of senior school life. The grade eight orientation day, organised by TACO, gave students the opportunity to learn a little more about senior school activities. Throughout the day they received glimpses of senior courses, met some teachers and of course they obtained a look inside the Common Room! Overall the orientation was a success and grade eight students gave it two thumbs up.

## MOI, J'AIME LES PIÈCES

### Gr. 10-12

On the 16th of October, the French-language students of grades 10, 11, and 12 attended the performance of four short plays in the schoo auditorium. The plays dealt wit subjects such as frustrated love, lit eration, and the problems faced b teenagers, large and small. Thes works of Franc-Ontarian autho were presented by les Libérés s parole, an Ottawa based acti troupe which used minimal pro and stage space to convey their st ries. Thanks for its coordination to Madame Descarie. Mer beaucoup!

## SOCCER CHALLENGE

### Gr. 6

To end the soccer club season wi a bang, the Junior School teache challenged the soccer players t match. It was a cold day in N vember, but everyone quic warmed up as the competition w

# Term One

erce. Both sides had a very good urn out. The soccer club students ere able to apply all the skills they ad learned and to show some team irit as well. The game ended with tie score of 3-3, with a promise of re-match in the spring!!

UMPKIN RUN
R. 3
October, the Grade 3 class went the Pumpkin Run. We took two hall buses. When we arrived, we ayed on the play structure. On e play structure, there were three des. My friends and I gave them mes. I also named a thing that irls around the egg. The egg akes you dizzy. When Mr. Iams, our teacher, called us for rm-ups, we did some stretches. hen it was time for the boys to run, the girls cheered for them. Nicholas won first place. Then the girls went to the start line. We had to follow the bike rider. I came in first place in Elmwood and third place in the whole race! I loved the Pumpkin Run. After we had lunch, I almost fainted because I was thirsty. We played a little bit and then we got our pumpkins. I went back on the bus with my partners. When we arrived, pictures were taken of the class with our pumpkins.

HALLOWEEN
This year's Halloween celebration was very spooooky! The grade twelve's worked very hard on the Haunted House and it was successful in scaring some students. The grade six classes had a part in the Halloween town this year as they performed short Halloween legends which they created in their Drama classes. The pumpkin carving contest was a huge success! The Guidance department won for their G-Unit pumpkin.
Elmwood had almost full participation among the students and staff. All the Halloween festivities made for a fun filled day for everyone.

FASHION SHOW
Once upon a time, there were many creative costumes that were itching to show themselves off. There were gangsters and ghosts, princesses and zombies and even a ketchup bottle to top it all off. They danced and they posed and they were anxious to win. Turning and smiling the fans went wild, and soon, yes very soon, the results were compiled. There were honorable mentions and lovely prizes for them, but there was only one costume that would be the gem. When the winner was announced, three little costumes came to the front, showing a skilful stunt. It was a pack of crayons, and their names were Alex, Emily, and Melissa Yelle. They were in Grade 6 and represented Nightingale.

WARM CLOTHING
AND FOOD DRIVE
Elmwood's annual Warm Clothing and Food drive kicks off the school year with a charitable spirit, and this year was no exception. The drive was held during the week of Oct.30 – Nov. 3, 2006. All food items were donated to the Ottawa Food Bank and all the clothing went to the Shepherds of Good Hope. In an effort to raise both house spirit and donations, the event was made into a school wide inter-house competition. The race was tight up until the end finally resulting in Keller's impressive victory. The real happy ending however, was the amazing amount of house spirit displayed by the students and the generosity of the school as a whole. The Warm Clothing and Food Drive raised over 6,000 items of clothing and canned goods to go to those less fortunate in the Ottawa area which proves that we can tackle hunger when we 'think globally, but act locally'.

# October

## REMEMBRANCE DAY

### Middle School

The middle school Remembrance Day assembly was held November 9th 2006. It was a somber day for middle school students as they remembered the soldiers who fought in World War I & World War II and the soldiers currently fighting in the Middle East. The assembly included poetry readings, a short dramatic skit and music performed by students. Moreover, our invited guest speaker Mr. Les Peate, a veteran, shared his experiences in the Second World War. This occasion reminded us of the soldiers that risked their lives for our freedom and peace.

### Senior School

Elmwood's senior school Remembrance Day ceremony was held this year on the 9th of November from 10:00 to 11:00. The assembly was opened by Mr. Les Peate, a child of the Second World War in England, and a veteran of the Korean War. He discussed the effects of the war on the whole of society. He reminded us that the war affected everyone in England and Europe and North America too. Mr. Peate's discussion was followed by several performances by senior school students, including instrumental and choral music, Power Point and poetry readings. The event concluded with the playing of The Last Post and two minutes of silence. Thank you to Mrs. Boychuk for coordinating this occasion.

## MODEL UN

A handful of Grade 12 students were invited to attend McGill's Secondary Schools' United Nations Symposium held in Montreal, in November. Elmwood represented the countries of Jordan and Luxembourg, and chose to participate in various UN committees and other international organizations. We familiarized ourselves with different aspects of international law, learned how to propose and write a working paper, and received the opportunity to debate and vote on different resolutions. Everyone learned a great deal and had a lot of fun, too. Many thanks go out to Mr. Mackinnon and Ms. McCann for accompanying us to Montreal.

## STUDENT FILM FESTIVAL

The first ever Elmwood Film Festival held Friday the seventeenth of November was a phenomenal foundation for a fine future tradition. Its faithful audience of four-times-four students followed the adventures of their fellows in forty-five short films from shortly after the finish of school until five fifteen. Appreciation and credit go to arts prefect Stephanie Shea and to film projection assistant Liz Maffett.

## MOTHER DAUGHTER TRIP

The Mother Daughter weekend started at 7:15 a.m. There was Tim Horton's coffee and Tim-bits for everyone. The bus arrived at 8:15 and we stampeded on the bus in order to start our adventure. Breakfast was served and we enjoyed scones, banana bread, fruit juice, and fruit salads. While in Montreal, Mothers and daughters took the opportunity to shop in a variety of interesting stores, visit museums and art galleries. There was also a wine and cheese party with complimentary snacks and drinks. There were door prizes for everyone and the gifts varied from lulu lemon yoga gear to very nice jewelry. It was a very exciting outing and everyone was exhausted at the end of the trip.

## INTERNATIONAL WEEK/NIGH

The week of November 24th was International Week and each day included more cultural events than the previous day. Monday was Asian, Tuesday was Indian

# Term One

ednesday was German, Thurs-
y was Jewish and on Friday stu-
nts wore a variety of different
tural costumes. Each day pro-
ed international food and there
re many activities like chopstick
mes and Bollywood movies!
nwood's International show pro-
ed a variety of performances to
oy. Students showed off their
ls and cultural backgrounds
ough musical performances, tra-
onal dances, and poetry read-
s. International Week was a great
y to see, taste, hear and experi-
e a little piece of a culture dif-
ent than your own. Special
nks go out to Thirattha D and
team for for all their hard work
l planning.

## MOUNT KILIMANJARO TRIP

On November 30th, six Elmwood students, Margaret Seaborn, Elly Smallwood, Megan Halliwushka, Karin McDowell, Charlotte Pattee, Julia Campbell, Mrs. Spence, and several others left for Tanzania, Africa. The trip was organized by the "Expedition: Africa" team run by Ben Webster, Shaunna Burke, and numerous Algonquin College students.

We stayed there for 3 weeks, and during our time there, we helped out in the community by spending 3 days helping to build a school. We also climbed Africa's highest mountain, Kilimanjaro. This took us 9 days and I am sure we all agree that it was possibly the hardest thing any of us has ever done in our lives. Being in such high altitudes made it quite difficult to breathe, and many people in our group got sick. Luckily, every person made it to the last camp, which is truly an amazing feat.

After the climb, 4 of the students, Mrs. Spence, and part of the group went on a safari. This lasted for a week, and we saw many different kinds of animals.

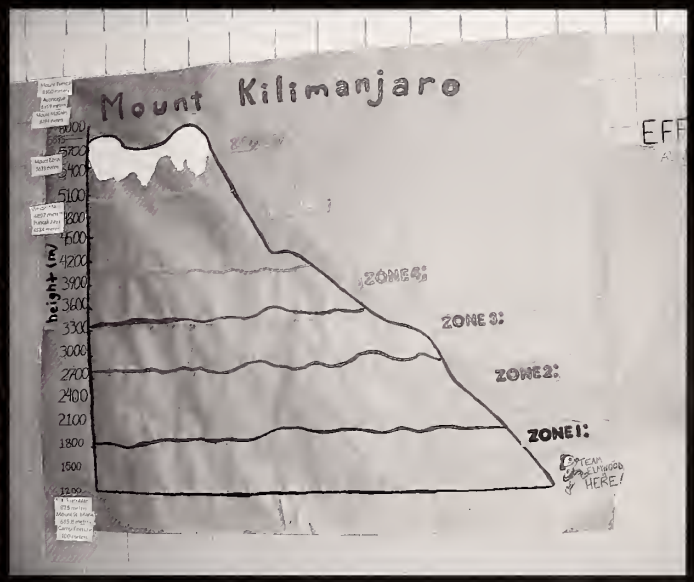
The trip was truly a life-changing experience that none of us will ever forget.

Meanwhile back at Elmwood, several staff members and the Algonquin team, set up a live action camera on the mountain as they filmed the students (but somewhat delayed). It was a very exciting experience leaving us feeling like we were sharing the group's adventure.

Parents of the students got to speak directly to their daughter in spite of the long distance.

Thank you to those of you who arranged for this opportunity for our student body.

# November



## LOBLAWS TRIP

**Gr. 6**

On December 5th, 2006 both Grade six classes went on a field trip to Loblaws in order to further expand their Healthy Eating Unit. While one class took a tour around the grocery store with a dietician, the other class cooked a healthy meal in the Loblaws kitchen. Both classes cooked a delicious pizza with lots of fresh vegetables and a mouth watering pumpkin and lentil soup as a side dish. For dessert, they baked a scrumptious cranberry and apple gallette pastry. They had a tasty learning experience and discovered many new things about nutrition and healthy eating habits.

## ANGEL TREE PROGRAM

Ishani Nath organized a gift collection programme by challenging students and staff at Elmwood to bring in wrapped gifts for children who might not otherwise receive any for Christmas. During the month of December, the pile of gifts collected in the main hall under the Elmwood Christmas Tree. All students who brought in a gift, had their name added to a Christmas ornament which was placed on the tree. The students then brought the ornament home for their own family tree.

Ishani and her crew of Holiday Elves, brought the gifts to the Salvation Army for distribution to families in the Ottawa area.

## SWEATS DAY

In response to the enormous amount of stress accumulated by Senior School students throughout and especially towards the recent end of term one, House Council planned a stress-busting Sweats Day on the 6th of December. On this day, students wore comfortable Elmwood sweats, tee-shirts, shorts and/or hoodies to school. Students also participated in a variety of soothing activities including yoga, meditation, and watching sitcoms. Teachers cooperated with House Council to assign no homework for the day. Ahhhh…

## SEMI-FORMAL DANCE

**Gr. 7 & 8**

The middle school fall dance, a fundraiser for the benefit of the Elmwood Classics Club, was held on Thursday, the 9th of November. The doors opened at six o'clock onto an entrance hall and gym colorfully decked with foliage, lights, and confetti. By ten o'clock, when the dance finished, even volunteers from the Classics Club were dancing, on the job or in the gym. The fundraiser was a much greater success than in previous years. Thank you to Ms. Ellison for organizing the event, and to Ms. Bradley for permitting the Classics Club to host it. Thanks also goes out to the teacher volunteers for sharing their Friday night with students. Gratias vobis agemus.

## HOLIDAY CONCERT

The holiday concert directed by Ms. Biggar starring and the Middle and Senior School Honour Bands wa exceptional again this year. The concert was held on Tuesday Dec 12th, in the auditorium where par ents and friends arrived ready t be entertained.

Everyone agreed that it is amazin how much progress the student make through dedicated practic Congratulations on your excelle performance, musicians! Thank yo also to the choirs that performed. special thank you to Ms. Biggar wh has a monumental task in organi ing this event.

## GRANDPARENT'S DAY

So many grandparents wond how their gradnchildren are doi at school this year. A new initiat was adopted whereby grandpare came to the school for classroo

# Term Two

ac vities, tours and refreshments. Ti students enjoyed showing off th r school and grandparents felt co nected to their grandchildren. W hope this new evernt contin- ue in years to come.

M DLE SCHOOL MUSICAL
G 6-8
As part of her IB project, Malene Ho un-Jaeger challenged herself an her fellow students, to produce a usical with the Middle School st ents as the actors. The play cho- se was Malene's favorite, "The So nd of Music". It was appropri- ate iven that the main characters we children ranging in age. Ma ene, senior student volunteers an talented middle school stu- de s as well as their staff supervi- sors spent countless hours, practicing and rehearsing in the auditorium. But what an event! Maria and the Captain would have been proud!
On the night of Thursday November 14th, parents, students and friends witnessed an exceptional performance by the middle school students. The next day, students and staff had the pleasure of seeing the performance in the auditorium at lunch. The play was a hit! We surely have a talented group of students and everyone was very proud of their friends.
As far as we're concerned, we hope Malene got high marks for her final assessment.

HOLIDAY ASSEMBLY
This year's Holiday Assembly was merry and festive. We sang carols and enjoyed musical performances from the Honour Bands and the Middle and Senior school choirs.
The grade six drama classes provided a glimpse into the Jewish holiday Hanukah as they performed a short dramatic skit. There was also a delightful politically correct version of "The Night before Christmas".
And who could forget the Junior School Chime Choir, led by Ms. Wiley. The students were so precise in their movements that many of the audience were moved to tears. It was so beautiful!!!
A job well done and a special congratulations for an amazing performance.
Everyone was sent off in a cheerful mood as our vacation commenced. Hugs and "Happy holidays" cheer were abundant as the students gathered their belongings for the winter holiday!

# December

### TYTYN LEADERSHIP WORKSHOP
**Gr. 11**

The grade elevens were given the opportunity to participate in a leadership workshop funded by Toshiba on Saturday the 13th of January. Participants arrived at 8:45 a.m. and met in Gym A, where the workshop host was setting up. Students scattered themselves among tables that divided them into teams as they arrived. Shortly thereafter, the activities commenced. These consisted of such tasks as listing the perceived personal qualities of a leader, coming up with skits to advertise leadership logos, and trying to solve conflicts of interest through discussion among teams. All students who accomplished their goals best or swiftest were awarded chocolate bars. The workshop was concluded at 12:45. Thanks goes to Ms. Szymanski and other coordinators for bringing this program to this school

### KARAOKE & MOVIE NIGHT
**Gr. 6**

Tania in grade 6 reports that on January 19th, almost all grade 6s participated in a great night organized by Sarah Taylor and other grade 12 students. The students began their night, tobogganing in the park nearby followed by fun on mats in the auditorium, Karaoke and a movie. Popcorn, candy and pizza were shared by all and the evening was a great success.
Thanks to Sarah and her team for a great event. The grade sixes appreciate your effort.

### MUSEUM OF SCIENCE & TECHONOLOGY TRIP
**Grade 2**

At the museum, we did some fun stuff like go in the Crazy Kitchen. The class learned about simple machines like the gear, the wheel and the axle. We also learned that more pulleys makes easier work and less pulleys makes harder work.

### SPIRIT WEEK

Spirit Week 2007 passed quickly in an insane week of elaborate costumes, contests, and activities. Here is a brief overview of the days:

Fancy Pants: despite some confusion as to the requirements, students showed up in their very prettiest, most elegant, or tackiest gowns.

Double Trouble: Students and teachers paired up to dress in matching costumes for the day. Memorable duos included gangsters, Thing One and Thing Two from The Cat in the Hat, and bank robbers with money falling out of their pockets.

Ski-day: students were blessed with perfect weather and almost complete monopoly of the hills of Mont. St. Marie. After an early start and several hours on the slopes, students arrived back at 4:30, thoroughly tired.

Ocean day: Pirates were by far the most popular choice in costumes, although peculiarities such as kelp, old-fashioned sailors in white and navy blue suits, and hula dancers were also seen wandering the hall

Pyjama day: an annual traditio
Students rolled out of bed on Fr
day and came to school as the
were -often still holding teddies- f
a final relaxing day.

### PAJAMA DAY
**Junior School**

On pajama day, we read a book
our choice for fifteen minutes
the multi purpose room. For a
other fifteen minutes, two girls fro
grade 12 came and read to the ju
ior school. Everybody, includi
the teachers wore their pajam
Some people brought their stuff
animals. Mme Couture took p
tures of us and some classes h
parties. It was a very comforta
day.

# Term Two

## NAC TRIP
### Gr. 4 & 5

The grade 4s and 5s had a lot of fun on the NAC trip. This trip was on Tuesday, January 23. The bus left at 11:45 a.m. Most students were excited and scared at the same time. The musical was called "Music under a Midnight Moon", and we had spent a couple days practicing with our recorders for the concert. We were going to play lullabies to make the actors fall asleep. We all came back at 1:50 p.m., happy and proud of our performance.

## P.A.R.T.Y PROGRAM
### Gr. 10

The grade 10 class of Elmwood visited the Civic Hospital on Thursday, January 25, for a special day called the P.A.R.T.Y Program. This program is aimed at teens who are of the age to go to parties, smoke, and drive. At the P.A.R.T.Y program we learned about alcohol-related collisions on the road. There was a presentation by a neurologist on head injuries, and a different presentation on spinal injuries. The movies we watched and stories that were told really made an impact on me and others. The overall message was that teens should make smart decisions like never drink and drive, always wear a seat belt, always wear a helmet, and never dive into a shallow pool. The P.A.R.T.Y program taught us that in life we must make smart choices. If one does not, he or she has to live with the brutal consequences for the remainder of their life. This in turn can have a devastating impact on family and friends.

## DOG SLEDDING
### Gr. 10

For the third year in a row, Elmwood has offered a winter trip for the Silver Level applicants in the Duke of Edinburgh Program. A large part of the gr.10 students set off on the adventure this year. Arriving first in a room that reeked of wet dog, no one knew what to expect. A vague image of what lay ahead began to form as they were taught how to handle dogs and use the hand-made sled with its many ropes and hooks. Anxious and nervous as everyone was, the experience turned out to be something very special for them all: for some it was an enjoyable couple days, for others it was a life changing experience. Everyone learned to deal with new situations and, at one point or another, they may have felt out of their comfort zone, but the experience was worthwhile; maybe for the intimate times with the dogs, for the feeling of freedom while gliding over the snow, being able to appreciate the sense of feeling your toes and having a warm place to sleep, for the sense of accomplishment at the end of the day, or just maybe for memories of it that will never be forgotten.

# January

## BLACK HISTORY MONTH

February 2007 marked a very successful Black History Month campaign at Elmwood. The central focus of this year's celebration was highlighting another side of Africa. Promoted through the screens, the Black History Quiz drew the most participation, for the second year in a row. Students were able to test their knowledge of some black history while entering a draw for a chance to win a prize. Along with several activities that included an art exhibit and a film screening, Black History Month ended on a hip note with a guest dancer. Thank you to all those who participated in the events, or who helped ensure their success. This year's organizers were Neuczki Mathurin and Taku Ngwenya.

## EATING DISORDER AWARENESS

FEBRUARY 4-10

On February 7th, there was a visit from Hopewell for grades 6 - 12. Hopewell is an organization for girls that have eating disorders. The women (one actually an Elmwood oldie!!) talked about girls' body image and the effects of eating disorders, not only on the person, but on their friends too. The talk was very interesting, keeping everyone's attention throughout. Presenters said that some people don't even realize that they're not eating properly. They also talked about the different types of disorders: not eating and eating too much. I think that everyone was very interested and became more aware of this situation by the end.

## WAC CONFERENCE

GRADE 11

Are there solutions to issues facing the world today? What can we do to help? To find out the answers to these and many more questions, twelve students from grades 11 and 12, Madame Adams, and Ms. Schwarzkopf boarded a bus bound for the World Affairs conference in Toronto early on the Monday morning of February 12th. During the two day summit, delegates attended seminars and discussions on selected world issues - such as population crises and cultural conflict – as well as attending speeches by experts in the field. The experience was informative and many of Elmwood's delegates came away with new and valuable information, from the current situation of genetic engineering to how such conferences go. The delegates would like to extend their thanks to Mme. Adams and Ms. Schwarzkopf for their coordination, guidance, discussion, educated opinions, and the fun.

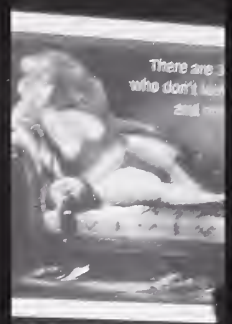
## TEN LOST YEARS

2007 THEATRE PRODUCTION

This year, Elmwood Theatre put on the production of Ten Lost Years with performances running form February 15th to February 19th. The nature of this play was different from other years – every scene introduced new characters and a new story. Our inspiring director Angela Boychuk and her actors took on this challenging piece and after five months of hard work we could finally present to the Elmwood community an emotional, humoro and controversial depiction of t Great Depression of the 1930s. The cast and crew consisted of s dents from grades 9-12. Despite t age differences, we all came toge as a family by opening night a lasting friendships developed tween the grades.

A huge thank you goes out to Ellison for hair and makeup, Boychuk for set design and coaching the actors through a vourite scene – the "stomp", Pike for coaching the singers, Godmere for helping the cast lieve, but most of all, to the dir tor Angela Boychuk. Her 10th y as the director of Elmwood the demonstrated to the cast and cr once again, her never ending s port and belief in the piece.

# Term Two



## INESE NEW YEAR

nese New Year took place on ruary 18th, 2007. It is the most ely celebrated event in China. s is the first time that it has been ially celebrated at Elmwood. A up of students sang a traditional nese song called "Jasmine wer" at the school-wide assem- Festive decorations were also up around the school for the nt.

## OK FAIR

DE 6

y year, Grade 6 classes enjoy ok promotion. We read a book, then we must find a way to note this book to parents and r teachers that come to the nt. This year, the theme was venture and Survival". Many people read books like The Tale of Desperaux or Hatchet. Others read books like The Titanic or even The Last Dog on Earth. The book fair is a huge deal for both the grade 6 students and our English teacher, Ms. Tweedie. Everyone is to bring in some goodies, treats and drinks. I think I speak for the entire grade six when I say that this was no ordinary book report.

## SCIENCE AND ENGINEERING OLYMPICS

On February 20th we competed against 20 other Middle and High Schools in two of the competitions. Katie Gwozdecky and Alisha Wilkinson prepared an excellent web page for the middle school competition and Laura Haebe and Emily Soussana were very creative in the production of their web page for the senior competition.

Balloon powered vehicles were the other event we competed in. Daphne Wallace, Allie Hodgson, and Maddie Carwhile, feverishly tried to get their vehicles to behave, and deserve commendation for their enthusiasm.

## SOCCER FACEOFF

JUNIOR SCHOOL VS. TEACHERS

To end the soccer club season with a bang, the Junior School teachers challenged the soccer players to a match. It was a cold day, but everyone quickly warmed up as the competition was fierce. Both sides had a very good turn out. The soccer club students were able to apply all the skills they had learned and to show some team spirit as well. The game ended with a tie score of 3-3.

## FRY DAY

On February 21 2007, the students of Fry house got out their civvies and went to school in their wackiest red clothes. The day started off with a presentation by a member of the Elizabeth Fry Society. She spoke to us about her job as a volunteer at the society and how her life is influenced working with women and young girls in the justice system, particularly those who may have been criminalized. A challenging 'baby-bottle Kool-Aid chugging contest' followed the assembly and there was delicious cake at lunch. We also played a game of dodge-ball for a lunch activity in the gymnasium. It was a great fun Fry day for everyone!

## FATHER DAUGHTER DANCE

GRADE 5-12

On February 24, 2007, Elmwood had its 18th annual Father Daughter Dinner Dance. It all took place at the Westin, which was decorated in the theme "Moonlight Illusions." The guests arrived to a lobby full of fellow classmates and parents for a little socializing and to enjoy the ever so famous "mocktails". Soon enough everyone entered the ballroom and was treated to a delicious dinner as well as great entertainment provided by different singers, and dancers too! With over 400 dads and daughters, it was a fun-filled evening for everyone as they danced till' dawn!

# February

# Father Daughter Dinner Dance

## NIGHTINGALE DAY

Nightingale Day was held on the 28th of February, shortly after Fry Day. On this day, members were permitted to flaunt eccentric silver and navy blue costumes before the more soberly uniformed remainder of the school in celebration of their house. Grouped together, they formed a small ocean of color on the floor of the gym during assembly. This consisted of, among other things, a brief overview of the life of the House's namesake, Florence Nightingale, and a presentation from Robyn Mogan, a representative of Nightingale's landmine charity. Other events that marked the celebration included the distribution of a giant cake among Nightingalers and sundry, mysteriously appareled "members". Nightingale Day was followed, two days later, by the Nightingale House Breakfast fundraiser.

## SCIENCE FAIR

### Grade 7

This year, Elmwood's annual Grade Seven Science Fair took place on Thursday, March 1st and was, as all Elmwood events are, a huge success. All of the Grade seven girls worked incredibly hard all year to create, and conduct, impressive and original experiments. Their diligent work showed, as every project in the fair, from breathing experiments on fish to tests on salt density, was well-thought out and interesting. Several girls were selected to represent Elmwood School at the Ottawa Regional Science Fair which took place on Saturday, March 31st. They were: Maggie Zhu, Emma Dolhai, Joanna Znotins, Alice Bifield, Olivia Tuli, Francesca Schembri, Veronica Bleeker, Emma Lynn, Anisha Dhalla and Emily Featherstone. Congratulations to all participants!

## TACO LEADERSHIP EVENT

### Grade 7

This year Elmwood hosted our first ever Student Led Leadership Afternoon, it was offered to our grade six and seven students and run by our TACO group. Although camp was supposed to take place at the Dunrobin YMCA/YWCA Facility on the Ottawa River due to uncooperative weather we decided to run a leadership camp afternoon instead! We ran many activities which targeted positive communication, and basic leadership styles. Students became aware of their own personal leadership profile, their strengths, weaknesses and potential for further development. We look forward to next years camp!

## WATER WEEK

### Amnesty International

Elmwood's Amnesty International Club held its annual awareness campaign from March 5th to 9th, 2007. The underlying theme was the worldwide water crisis. To raise awareness of many demanding global issues, activities were held throughout the week. A well was inaugurated at the beginning of the week and donations were collected to build a well for Free the Children's Clean Water Campaign in Sierra Leone. Throughout the week, Amnesty members, along with th support of the student body, r mained informed and aware abo international campaigns.

## AIR BANDS

### Senior School

Experiencing air bands for the fi time was great. It was fun to see many people get up there and ha fun. It was especially fun to see t teachers get involved and do th thing. I had a lot of fun with group members watching Footlo to get our dance moves. Elmwo has such a sense of community it is great when the school gets gether and has events because p ple are so spirited and enthusias

# Term Three

## DUCAN YOUTH SYMPOSIUM

ver the March break four grade
girls (Rebecca Cheff, Anisha
nha, Nicolle Bonar and Neuczki
athurin) participated in the
DUCAN conference at the Ot-
va conference center. The con-
ence aim was to "resolve it" so its
cus was on peace building
ough discussion and facilitation.
e met youth from every province
d territory in Canada!!! The
uth delegates were truly amaz-
and we plan to keep in contact
h them. We all left the confer-
ce with a deeper understanding
Canada's diversity and the is-
s that youth are facing and how
resolve them. It was a great ex-
ience. We would like to thank
M McCann for making it possible
attend this conference.

## SEMAINE DE LA FRANCOPHONIE

La semaine de la francophonie a eu lieu du 2 au 5 avril. Lundi, on a vu un film français qui s'appelle, « La Mystérieuse Mlle C. ». Mardi, on a eu une compétition de vires langues: dans ta tente, ta tante t'attend. Tous les participants ont reçu une lucette, mais les trois gagneuses ont reçu du chocolat de Pâques. Mercredi a été une journée spéciale car Mighty PoPo est venu et il nous a donné un petit concert. Il a chanté ses chansons qui sont vraiment de son cœur. Jeudi, il y avait un Bistro français où il y avait des « mocktails » et la danse française. Je pense que la Semaine de la Francophonie était un vrai succès.

## CAIS LEADERSHIP CONFERENCE

On April 11, two grade 10 and two 11 Elmwood representatives were off to Oakville, Ontario to attend the annual C.A.I.S Leadership Conference. The host school, Appleby College, was amazing and the billets were extremely hospitable. The students attending the conference, Sophia Dhalla, Noushig Kadian, Riyaz Basi and Krina Merchant, had an amazing time and would like to thank Ms.McCann for being a fantastic chaperone and helped make the trip extra amazing. We learned leadership skills and interpersonal skills that will be beneficial to us all our lives. Thanks for an excellent trip!

## WILSON COFFEE HOUSE

### Senior School

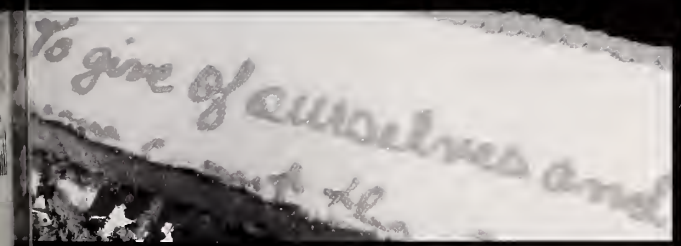
Coffee House 2007 was a good time that showcased some amazing Ottawa talent. Performers from Hillcrest, Lisgar and more came together to fundraise for Wilson House's charity, Interval House. The event included four outstanding performances from Elmwood students, all of whom blew away the audience with their great talent. I would like to thank all the grads, house council, Ms. Lamb, Mrs. Spence, Mrs. Szymanski, Ms. Abida and Chris Campbell for coming out. This event could not have been successful without your support. I hope you enjoyed the show!

## STUDENT LED CONFERENCE

### Part 2

The most frequent question that students ask is, if my parents have already seen all my assignments, why do I have to have a meeting with them? The answer is: Student Led Conferences are not about the assignments, they are about your ability to communicate your learning to your parents, to reflect on your strengths and weaknesses and use that information to set goals. I am always anxious to see that students are well enough prepared to explain their learning to their parents. But I am never nervous for long. Soon I feel a tremendous sense of pride as I watch everyone with their parents, and I know that I didn't need to worry.

# March - April



## ENVIROTHON

This year, Elmwood's Envirothon team met on a weekly basis to prepare, practice and perfect our skills for the annual Regional Envirothon competition. As in the previous years, schools were provided with five modules. The team studied extensively and were educated on various environmental issues. After a year of hard training, Elmwood performed extremely well and placed first in both the oral and practical components, winning the overall competition. Congratulations to Prashanthi B., Sophia D., Jessica E., Rina H., and Saumya S. for successfully representing Elmwood at this nationally-renowned event. A special thanks to Ms. Anderson and Dr. Mahin.

## NATIONAL ART GALLERY

### Gr. 1 trip

In May, the Grade 1 class went to the National Art Gallery. We learned about our 5 senses and how to use our senses when we do art. We all had fun! The Grade 1 class went to the Museum of Science and Technology. We learned how to make different kinds of bridges and how to make structures stand. This helped us build homes during our "Home Sweet Home" unit of inquiry. We had fun!

## AGRICULTURAL MUSEUM

### Gr. 3 Trip

On the May 10th, the Grade 3 class went to the Agricultural Museum. There, we learned many things about plants and how worms help the environment. We got to hold worms on our bare hands! We even tried a couple of experiments. The first experiment was to see whether clay, sand or silt was better to plant with. Then we went to another room to learn about plants. We learned that planting horizontally was better then planting vertically. We planted beans and they all germinated. It was a great day!

## MONTREAL

### Gr. 5 Trip

In May, the Grade 5 classes took an overnight trip to Montreal. We spent more than two hours on the bus! First was the Body Worlds exhibit. We saw different body systems and a smoker's lung and healthy lung side by side. Next was the Biodome. We saw so many animals up close. A highlight was seeing the penguins because you never get to see penguins unless you travel to Antarctica. After dinner at Montana's, we went to the Eco Museum where we stayed overnight. It was interesting to learn about animals and some of their defense techniques and habits. We got a chance to see many reptiles, birds and amphibians up close, including an albino snake that we got to touch. We all also enjoyed the giant snapping turtle, the owls, and the frogs. Friday morning it was time to go home. We were all exhausted but it was definitely worth it!

## PARLIAMENT VISIT

### Gr. 5 Trip

One morning the Grade 5 classes visited the Parliament buildings. We first visited the eternal flam which was built to honor the 100t anniversary of the Confederatio of Canada. Then we went an took pictures with the statues of th Famous Five, Alberta women wh fought for women's rights. We re ally enjoyed visiting the Senat and the House of Commons. The we learned about the symbols i the sculptures that are all aroun the main part of Parliament Hi We also had a chance to go up t Peace Tower. Finally, we look at all the names which were in t Memorial Chamber books and w all realized how many people di for our country.

## PREFECT ELECTIONS

This year there were 25 grad eleven students running for pr

# Term Three

t positions. Candidates were required to submit campaign paragraphs for each of the positions they were running for, and after a week of elections, a solid group was elected. Many students have expressed their satisfaction with the results. The new prefects have already exerted a great effort in continuing to lead teams the day after their nominations, despite getting little or no sleep before on their initiation night.

SPIRIT DAY

The second Elmwood Spirit Day of the year took place on the May 29th. Despite the baking heat of the afternoon and eventual intense thunderstorm (hail, torrential rain, and a few soaking wet students who darked outside to cool off), the day was a success. Nightingale placed 4th, Keller 3rd, Wilson 2nd, and Fry placed 1st. Grade Twelve organizers of the event are to be congratulated for their coordination, especially for their hurried plans for indoor activities for the whole school.

HOMEROOM BUDDIES

This year, senior girls in T.A.C.O. were homeroom buddies to the middle school students. They would visit and do activities with us every homeroom period. As a Grade 6 student, I'd like to thank them for the great times we had. On the first day, they came into our classes with Smarties. For a Grade 6 student, that meant that they were already our bffs! Depending on the colour of Smarties we got, we would tell a little bit about ourselves. We made birthday cards for Shane, a young leukemia victim who wanted to break a world record of getting the most birthday cards ever, and we made homeroom pins which turned out to be a great success. Our buddies played games with us like Wax Museum, Telephone, Charades, What Are You Doing or Wampum. The best thing is they were so kind and didn't treat us like babies. Thanks so much!

BONNECHERE CAVES

Gr. 4 Trip

This May, the grade 4 class had a field trip to the Bonnechere Caves. They are an hour and a half away in Renfrew. When we got to the caves, we unloaded our bags and met our guides. Unfortunately, it was raining very hard when we got there and we got all wet, but the guides took us 90 meters down into the limestone, beside the Bonnechere River. We saw cool formations and were visited by a few brown bats. A pit stop for hot chocolate on the way home warmed us up nicely.

CLASSICS CONFERENCE

This year, Elmwood's Classics team consisted of eleven students who dedicated an enormous amount of their time to preparing for the events! The Conference, held at Brock University, is several days long and has almost 100 competitions. One of the most challenging events every year is the Fashion Show. This year's team re-created fashions taken directly from ancient statues. In addition, team members worked on individual competitions. The team was extremely successful this year, and special thanks go to Ms. Rossiter and Dr. Richard Burgess for all their help.

JUNIOR SCHOOL PICNIC

On June 6 the students and staff from the Junior School had a picnic at Vincent Massey Park. The weather was perfect and we all had a pleasant day. The children ate their lunch and played a variety of games in the field such as soccer, baseball, Frisbee, and we even brought the parachute. The teachers had a chance to relax and play with the children. Finally, we officially said goodbye to the Grade 3 boys and the Grade 5 girls. We wish them all good luck next year.

# May - June

Engagement [en-gage-ment] n. 1. to occupy the mind and energy 2. to captivate

# Engagement

[en-geyj-muh nt]

"Always desire to

**[ENGAGE IN]**

something useful"

nterest 3. act of getting involved

synonyms: effort, commitment, attention, drive

[Sophocles 495 BC -406 BC]

# IB PYP

**Giving World - Grade 1 PYP**

KATIE wrote: My favourite PYP unit of inquiry was "Home Sweet Home" because I did not know how homes were built and how sturdy homes are and now I know. We also learned about different kinds of homes around the world.

LYANNA wrote: My favourite unit of inquiry was "The Giving World" because I learned how to do research and I learned a lot about biomes. The biome that I reseasrched was the Polar Region. One interesting fact I learned is that winter rabbits turn into summer rabbits because they change colour. I also learned about about other biomes
like the rainforest and the ocean.

**Favorite Grade 2 PYP Unit**

My favorite PYP unit was "Living Here, living There" because we got to learn a lot of things about the World. During this unit, we were in groups and each group studied a different topic such as oceans, deserts, plains, islands and forests. We wrote information that we found in a book and we drew pictures. We also did research on the computer. My project was about Islands. I worked with Helen Hume and Sarah Jackson.

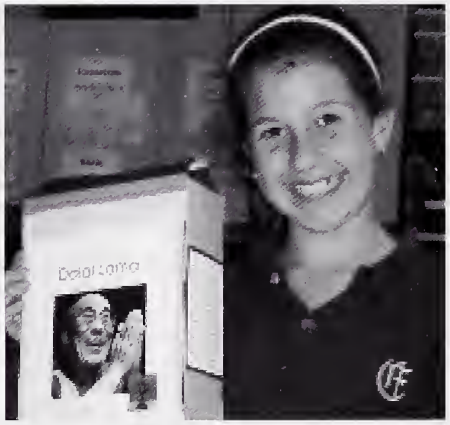
**Favorite Grade 3 PYP Unit**

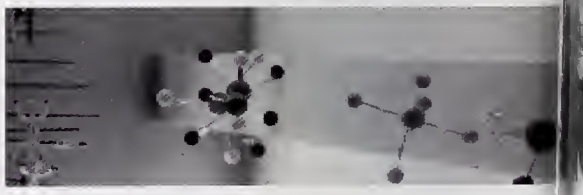
Our favorite PYP unit was Young Engineers. In the 2nd term, the grade three's learned about structures. WE learned about buttresses, cross bracing, etc... In the technology class, we planned out our spaghetti structures on the computers. Later on, we built our spaghetti structures with hot glue guns and of course spaghetti. When we finished our structures, we tested each one in the Science Lab. We stacked blocks on them and we saw which one could hold the most. We also scored points on different things. The three structures that scored the most points got their picture taken with the Science Wizard.

**Favorite Grade 4 PYP Unit**

BY CLAIRE AVISAR AND ALANA BOBRA

Our favorite PYP unit was "Rock Hounds" because we had fun growing chemical crystals. During this unit we studied about rocks and minerals. We did projects on different topics related to rocks like fossils,





# IB MYP

nous rock monuments, famous rock formation d gem stones. We went to the Bonnechère ves in Eganville. We saw cute little brown ts, stalactites and stalagmites. It was a fun trip d an exciting unit.

### vorite Grade 5 PYP Unit

EMILY GROPER

ecisions, decisions" was our last unit in Gr. 5. e each studied a different person such as the Dlai Lama, Rosa Parks, Julia Butterfly Hill, other Teresa and more. We also learned w to make our won decisions from serious decisions to decisions that are not so important. Our class also watched a video on decision making. We learned that your decision can impact a lot of people and there are many different steps on solving a serious decision. It was a fun unit and we learned a lot.

### Grade 10 Persoanl Projects

What does it mean to achieve an MYP certificate?

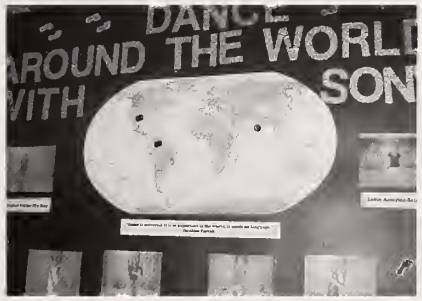
Everyone enrolled in the MYP programme was required to complete a personal project that demonstrated independent creative work in an area of extreme interest. As well, the students applied their Approaches to Learning skills and strategies in independent work, including organization of a long term project, communicatoin in writing, revision, research, critical thinking and reflection about herself as a learner.

The personal project timelines allowed students to perfect their time management and planning skills. They began in May of 2006, and met deadlines throughout the process. Each student was paired with a mentor teacher who met with the student regularly to support success.

Major components of the project included journal entries, a bibliography, personal statement and the submission of the final project.

The final projjects were presented to the mentor teachers and the school in an exhibition in the atrium and dining hall.

Samples of the final project were sent around the world for moderation and students will receive their certificates when the assessments are returned to Elmwood School. Congratulations, grade 10s!

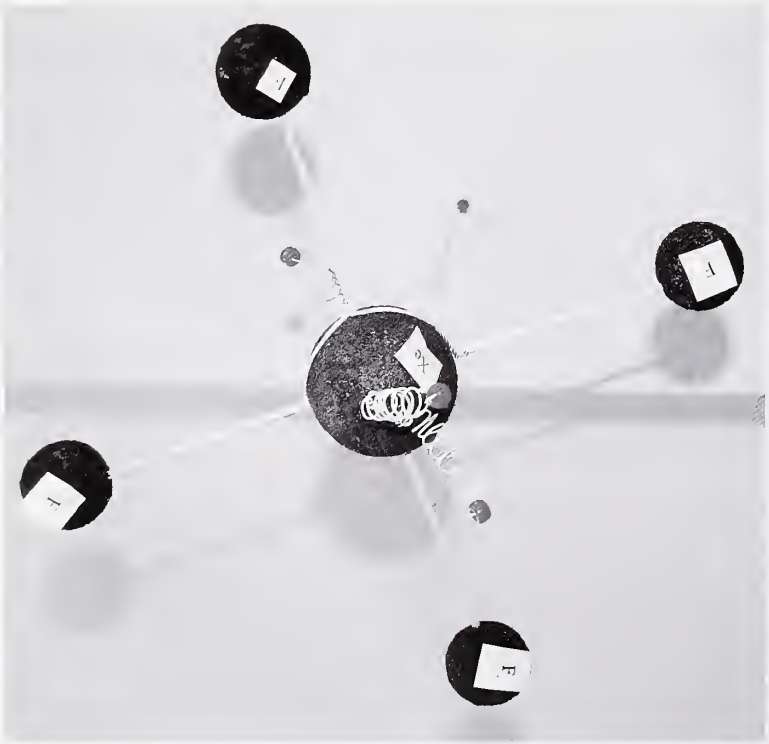


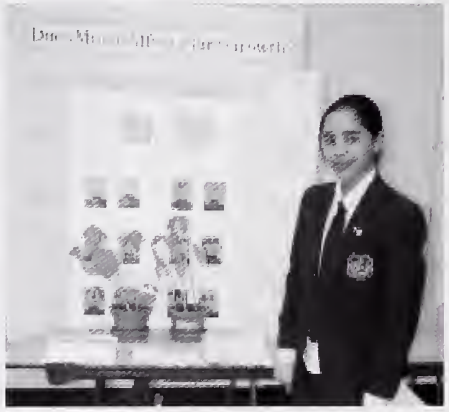
# [Sc] + I + $e^-$ + $N^{-4}$ + Ce

**Science and Engineering Olympics**
At the Science and Engineering Olympics, we competed against 20 other Middle and High Schools in two of the competitions. Katie Gwozdecky and Alisha Wilkinson prepared an excellent web page for the middle school competition and Laura Haebe and Emily Soussana were very creative in the production of their web page for the senior competition. Balloon powered vehicles were the other event we competed in. Daphne Wallace, Allie Hodgson, and Maddie Carwhile, feverishly tried to get their vehicles to behave, and deserve commendation for their enthusiasm.

**Science in the News**
The first year in its running, Science in the News is responsible for informing the student body about current scientific news, scientific accomplishments and scientific opportunities through displays around the school. Twelve dedicated members have successfully complied summaries, visual timelines and reports about science internationally, nationally and even locally like the HIV epidemic, the E.Coli break-out, and NASA projects. Grade nine students presented scientific achievements in the senior school like lab experiments, disease projects and element models. With the guidance of Ms. Purran the club has successfully promoted science within the school.

**Grade 7 Science Fair**
This year, Elmwood's annual Grade Seven Science Fair took place on Thursday, March 1st and was, as all Elmwood events are, a huge success. All of the Grade seven girls worked incredibly hard all year to create, and conduct, impressive and original experiments. Their diligent work showed, as every project i the fair, from breathing experiments on fish t tests on salt density, was well-thought out ar interesting. Middle and senior classes as well parents and staff, visited the gym to admire th projects. Several girls were selected to represe Elmwood School at the Ottawa Regional Scien Fair which took place on Saturday, March 31 They were: Maggie Zhu, Emma Dolhai, Joan Znotins, Alice Bifield, Olivia Tuli, Frances Schembri, Veronica Bleeker, Emma Lyr Anisha Dhalla and Emily Featherstone. Congratulations to all participants and thanks





nwood for your support!

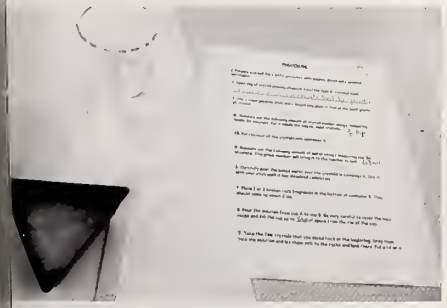
**ior School Brain Quest Team**

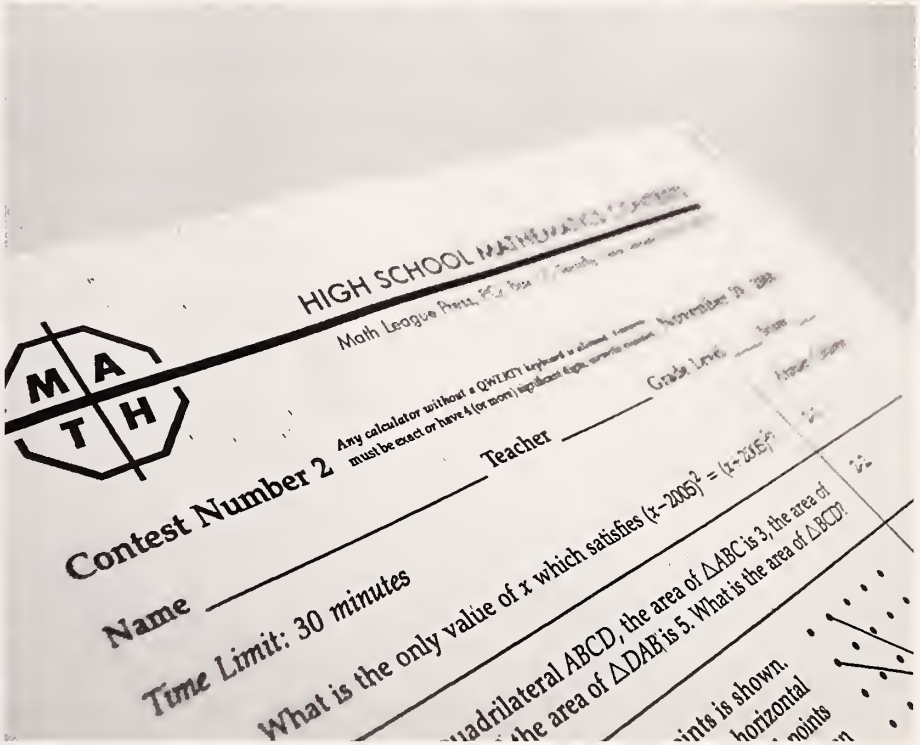
in Quest is at 3:20 on Mondays. Brain Quest is for grades 4 and 5. First, Mrs. Oickle puts us in groups and we get to name our groups. After, we get in our group, we have to choose a category. In the categories, you could choose math, science and technology, provinces and territories and This and That. You can earn points and you can loose points if you get the answer wrong. You only get around 1 minute to figure it out. Brain Quest really makes you think and you can learn a lot of cool things.

**Mathletes**

As a member of Elmwood's least recognized athletics team, I feel it is my duty to spread the word of this exhilarating activity. Yes indeed, no sport exemplifies better the hard work, perseverance, or dedication which is required by all athletes regardless of their sport, than mathletics. Intensive training began early in the fall and continued well into spring (for mathletics is an all-season sport) and took place Tuesday during lunch. Practicing for competitions, rain shine, was hard work, and at some points it may have been tempting to give up and join an easier sport such as rugby or soccer, but mathletes aren't the kind of people who give in easily. Needless to say, this year has been simply mathemagical, due to the sheer strength of character of the mathletes and, even more vitally, the incredible efforts of Mathlete Captain Lamb.

Members: Katie Carwile, Katharine Hyatt, Allie LaCompte, Alicia Leung, Kerry McInnes, Saumya Saxena, Leanne Sharzer, Shauna Turney





# PHYSICAL education

**Fitness Fun**
Fitness Fun really made us fit! When we jogged to the park to run, it was very muddy. We did many stretches and obstacle courses. The activity our friends and I liked best was the famous obstacle course. It was very hard and complicated, but Mrs. Oickle showed us how to do it. Fitness fun was really difficult, but exciting.

**Salsa Club**
Salsa club is always a great way to groove to some tunes and learn about the Hispanic and Caribbean culture. Ms. Abada, and Ms. Moreno were super teachers and could really get a groove on! Thanks for all your spirit!

**Soccer Grades 1-3**
First term, soccer was on Mondays at Lunch. Mme Gavan and Mme Patoine were the teachers helping. The boys and girls have been having fun and some people have been getting better in soccer. Many people enjoyed watching soccer. I hope the students in soccer club are practicing because if you practice you get better. If there are many people in your family who play soccer, ask them to teach you some new tricks. Soccer is for everybody and it is also a family sport. Even if you lose in soccer, you learn from it. Soccer is a sport played all around the world. A good way to practice is to run because it is good for your legs and they will get stronger. If you don't know how to play soccer, try it! If you want to get better, you just have to PRACTICE!

**Starr Gymnastics**
The Grade 2 and 3 students participated in Starr Gymnastics during the second term. During end of the foam pit. I think the foam pit was about 4 meters long! At the end of each activit we would always get a stamp. My favorite thir to do there was jump in the foam pit. I lo Starr Gymnastics!

**Swimming Lessons**
The Grade 4 and 5 students took swimmi lessons at the St-Laurent Complex this year. the Beginner level, students improved their fro crawl and sideline. They also, receive quite bit of free time every class to play around in t water. At the Intermediate level, studer practiced their front crawl, back crawl and bre

# [Human] - ities

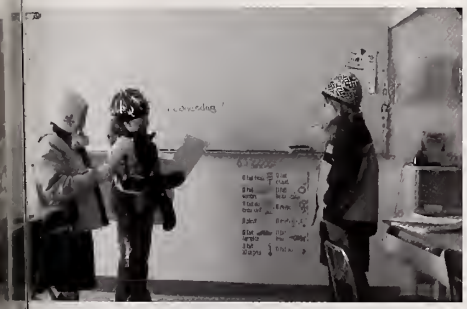
oke. At the Advanced level, students veloped their endurance as they did many, ny laps. During the last swimming lesson, eryone had a chance to swing on the big e!

**nesty Awareness Week**

nwood's Amnesty International Club held its ual awareness campaign from March 5th to 9, 2007. The underlying theme was the rldwide water crisis. To bring awareness to many demanding global issues, activities e held throughout the week. A well was inaugurated at the beginning of the week and donations were collected to build a well for Free the Childrens' Clean Water Campaign in Sierra Leone. Throughout the week, Amnesty members along with the support of the student body remained informed and aware about international campaigns.

**World Affair Conference**

Are there solutions to issues facing the world today? What can we do to help? To find out the answers to these and many more questions, twelve students from grades 11 and 12, Madame Adams, and Ms. Schwarzkopf boarded a bus bound for the World Affairs conference in Toronto early on the Monday morning of February 12th. During the two day summit, delegates attended seminars and discussions on selected world issues— such as population crises and cultural conflict-as well as attending speeches by experts in the field. The experience was informative and many of Elmwood's delegates came away with new and valuable information, from the current situation of genetic engineering, to the way such a large conference runs. The delegates would like to extend their thanks to Mme. Adams and Ms. Schwarzkopf for their coordination, guidance, discussion, educated opinions, and for the fun.



# Arts and Literature

### Chime Choir

Chime Choir is lots of fun. We play chimes and practice every Wednesday from 3:20 to 4:20. We also perform songs for friends and family. Mrs. Wiley makes playing the chimes fun and easy to learn. When you play the chimes, you have a good feeling inside that you can do something special; just as well as your peers! You may not be very good at first at playing the chimes, but it is the effort that counts when you play. If you rated chime choir on a scale of 1-10, you would probably rate it 10.5!!

### Clay Club

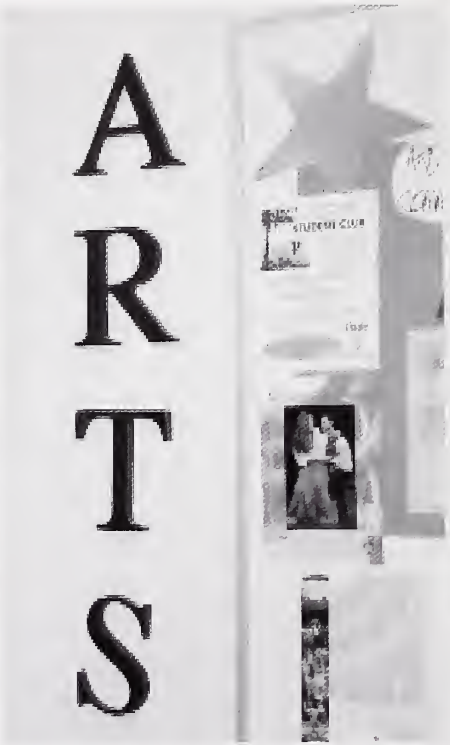
All year long, the Clay CLub would meet every other Wednesday in the Art room to experiment with clay to create delightful pieces of art. The girls would learn how to use the various glazes and tools to create interesting pieces. It was always enjoyable to see the girls working with the clay and trying new skills using the various tools.

### Honor Band

This year the Elmwood Honor Band was very successful in all their performances. The band was conducted by Ms.Biggar and got a gold in this year's Kiwanis Festival. The band participated in the Remeberance Day Assembly, Christmas Concert, Kiwanis Festival and the final Spring concert. Our other performances were in the assembly for special events such as the farewell assembly for the Kilmanjaro conquerers. We had a great time this year and look forward to whatever next year's music world hold's for u
A huge thank you goes to all the parents an
friends and Ms.Biggar for her endless suppor
And a special goodbye to our first Honor Ban
graduate, Margo Vachon, she will be misse
dearly.

### Puppet Making Club

Puppet Making was a Grade 3 and 4 activi
this year. Mrs. Zemlak taught us how to mak
different kinds of puppets. The puppets are fir



# Arts and Literature

de from paper "mâché" on a balloon and n we paint and decorate it with a variety of erials such as felt, stickers and accessories. pet Making was a really fun and creative vity!

### order Ensemble

Grade 5 girls are having so much fun in order Ensemble playing the base, alto, ano, and the mini recorder. The girls are ning to play new instruments, different fingering, and to succeed at playing new songs. They struggled in some parts, but as the grade 5 girls practiced, they felt good afterward. How did they become so good you ask? Well, my friends; that is a gift. This gift becomes alive when you practice, when you are a risk-taker and you are successful in what you want to do.

### Salsa Club

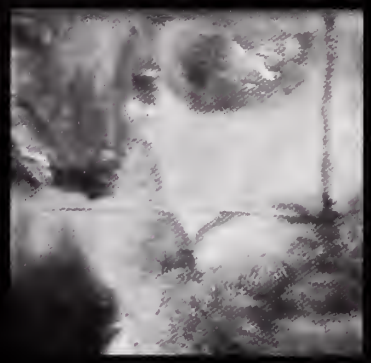
Salsa club is always a great way to groove to some tunes, and to learn about Latin culture. Ms. Abada and Ms. Moreno were super teachers and could really get a groove on! Thanks for all your spirit!

### Tartan Tattler

Elmwood's newspaper, The Tartan Tattler had a very successful year! The first issue was the last issue to be handed out printed form. The next issues were then sent out to students in a pdf file, and now they can be found online so you can read any issue of the Tattler whenever you want (and we're saving trees)! Once a week the girls met, planned, drew, and wrote the articles that are shown about every month and a half in the newest issue. They were a dedicated group that always jumped at the opportunity to write about student life, the arts, sports, and much more! Thanks for a great year girls. I really enjoyed being the editor of the Tattler this year.

## Dagger Scene

Is this my boyfriend, whom I see before me,
His hand toward my hand? Come, let me kiss thee.
No. I praise thee not, and yet I see thee still.
Art thou not, handsome, a gentle
Man of compassion? Or art thou
Simply a man of violence, of false truth
Proceeding from the heat-oppressed brain?
I see thee yet, in a form as appalling
As those in worlds below.
Thou ignored me the way I hate most,
And speaks only such words I shalt not use.
Mine eyes were made to stare into no other's than yours,
Or else let me die unhappy. I see thee still,
In a burden of pain and immense suffering through memories,
Which was not so before. There was no such thing.
Is it the infatuation for you which informs
Thus to mine eyes. Now tears pour down my face,
The world seems dead and more painful thoughts abuse
Mine unsettled mentality. My heart pounds,
The freedom from his name, hurts immensely,
Discontent by his words, the tears,
Which only worsen, and drench thy face,
With running black make up, toward my sniffling nose
Drips immeasurably. Thou heartless boy,
Think not of me, how I feel, for you
Are unworthy of any girl worse or better than I,
And take your dark identity from mine memories,
Which now suits me. While I talked, you ignored,
Words from the heart of a girl whom once adored.
- Alicia Bartlett



## Let It Be

Let the needle prick your finger
Let the blood spill out
Let your foot fumble
Let yourself fall to the floor
Let the phone ring endlessly
Let yourself live lonely
Let the sun start shining
Let some love into your life
Let the world keep turning
Let time keep ticking
But don't let life pass you by
Let the house burn down
Let the candle go out
Let the waves wash over you
Let it evaporate into the atmosphere
Let the words write themselves down
Let your thoughts and feelings go
Let yourself loose
Let me reach for your hand
Let yourself love me
But don't let me pass you by
- Melissa Peters

## Volo tu me libertatis

volo
supra infinitus caelum subvolare
sicut flamma de candelabrum
corsuscare
volo libertatis
volo
de cavea sicut passer erumpere
ad finis de aeternitas currere
volo tu mea liberare
et ad finis de aeternita
cum mea curas
- Sarah Dost

## S.O.S

Tears rolling down forever
Fall to catch your desperation
Let it out
Do it all
So when you fall
Nothing seems so sweet
It's hard, it's better
Stone cold defeat
And at the bottom of it all
Say you're a fool
For forgetting
Grudge begot
And built this
Home in which
I live and linger
On this word
Goodbye
So sad to hear
So sad to say
I want you here
Can't walk away
With each step my
Heart breaks
A tear falls
Soon all the world
Will be drowning
The surface nowhere in sight
Swallowed by uncertain
Depths of devotion
I've never loved you more
What are you waiting for?
Come and rescue me
-Melissa Peters

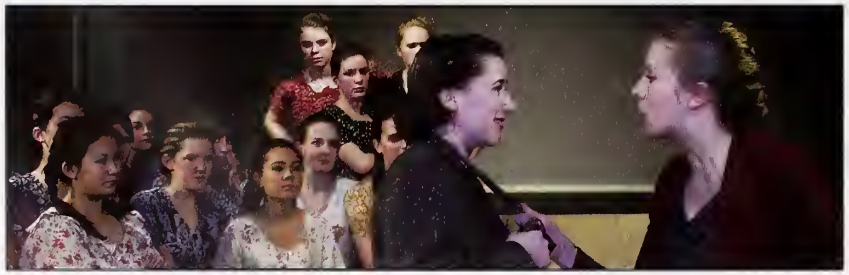
And with these wings I will take flight
Into the sunlight or into the night
And with these wings I will break free
And I will be who I truly want to be
And above the clouds I will soar
And no longer be chained anymore
Now with these wings I will fly
And become,
A butterfly.
- Laura Kioko-Haebe

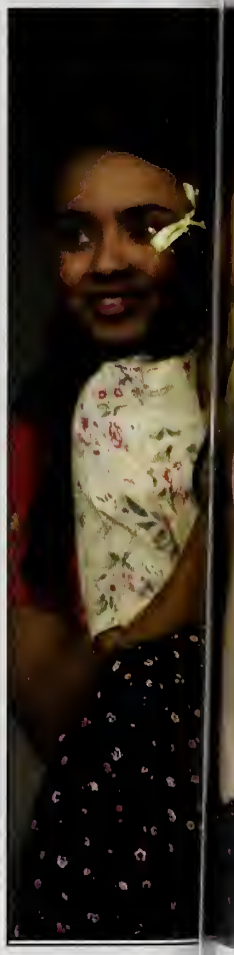
HOPE IS...

Hope is like a candle that never goes out,
Hope is like the little person who always likes to shout,
Hope is like a battery that just keeps on going,
Hope is like a smile that makes you happy without knowing,
Hope is the surprise of finding five dollars in your pocket,
Hope is your loved one's picture in your locket,Hope for the day when everything goes right,
Hope for the day you and your sister don's fight,
Hope is the time you held a rose and didn't get pricked,
Hope is the winter you didn't get sick,
Hope is the homework that you remembered to do,
Hope is all the times that I've been with you.
-Sarah Bouzanis

Elmwood Art and Literature

# Ten Lost Years





initiantive [i-nish-ee-uh-tiv] n 1. a stepping stone 2. willingness to act

# Initiative

[i-nish-ee-*uh*-tiv]

"You cannot build character and courage by taking away a [person's] **INITIATIVE** and independence."

3. *power to follow through* *synonyms: ambition, resourcefulness, ingenuity,* drive

*[Abraham Lincoln 1809- 1865]*

# Sarah Black

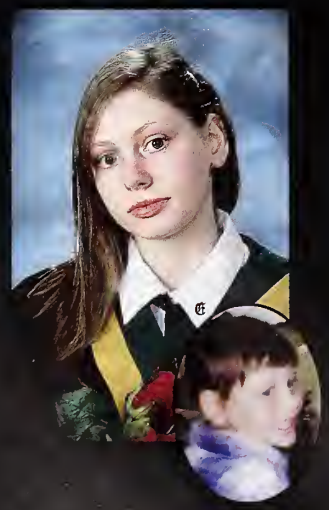
These past six years could not have been better. Elmwood has given me more than I had ever asked for, thanks for it all. A sincere thank you to everyone who made it happen; my parents-can't even begin to thank you enough, Jeff-don't know where I'd be without you, Greg-thanks for paving the way. To my fans and friends; here's to the good times-you all mean so much to me. To the girls-you've stood by me through awkward and outrageous, love you more than you know. It's been a trip. No regrets....peace.

"May the Lord keep watch over you and me when we are away from each other" (Gen. 31:49)

# Lisa Cameron

"Love the earth and sun and animals, despise riches, give alms to every one that asks, stand up for the stupid and crazy, devote your income and labour to others, hate tyrants, argue not concerning God, have patience and indulgence toward the people, take off your hat to nothing known or unknown... re-examine all you have been told at school or church or in any book, dismiss whatever insults your own soul, and your very flesh shall be a great poem and have the richest fluency." - Walt Whitman. Good luck next year Kenneth! I pass you the torch. You are now the central focus of the parentals. Enjoy. As for me, I'm off like a prom dress. *Exeunt!*

# Kirsten Boomer



Hey girls - It's always bittersweet to leave and these past years have been a riot. I couldn't have asked for anything more. I won't ever forget the fun we had in class "Canada's northern neighbour Uganda" and "Selin! Stop distracting Kirsten!". And Meaghan I am really sorry that you got stuck with that guy at Model UN and that I had to bunk in your room due to unfortunate stalking. Lol. And I can go on forever about all the good times, weird times and entertaining times I've had, but there's not enough space. So just know that I love you and I'll miss you guys next year. And thanks to my fam as well for all your support, you've been chillin'. Peace down to china town.

# Emily Cor

My 4 years at Elmwood have been crazy and hectic but I have loved every minute of it. I would like to thank my parents for their encouragement and endless support. I would like to thank my teachers who are all amazing people for putting up with us. Megs, stay awkward. Lou, stay pink. I love you both. Grads, we have had some great times together and I will miss all of you. We're moving on to bigger and better things next year so I just want to leave you with this poem: "Draw a crazy picture, write a nutty poem, sing a mumble-gumble song, whistle through your comb. Do a loony-goony dance 'cross the kitchen floor, put something silly in the world that ain't been there before."
-Shel Silverstein

# Adrienne Dalla-Longa

"Education is an admirable thing, but it is well to remember from time to time that nothing worth knowing can be taught." -Oscar Wilde.
my partners in crime throughout this whole "crazy" year you have been an incredible support-The BEST of the BEST, costumes, late night aqueduct parties, driving in cars with French boys, long talks, thi food, ridin' dirty, eating what we shouldn't, going where we want, not knowing the confines of our own fingers, needing no introduction, rocking their world, movies, scalping tickets with rusty, laughing till it hurts, lunches, haircuts, sporting what you've got even if it is orange, green, yellow, blue and poofy. For understanding what no one else gets.
I am a better person for knowing you. tboCanada5/ VSevie/ J+J/CattyG/Johannes/ J/Vi/Jess/M/Hayley/Peters/ RustyakaGinger/Part/D/Andrew/d-dawg

# Jialing Dong

Since I came to Elmwood, it has been a year and half. Although it is only a short time I spent at Elmwood, I got a lot from it, from knowing nothing at first, to enjoying a lot at the end. I made new friends, I enjoyed the games, I learned new knowledge, my English proved a lot and I even grew up a lot. I'll always remember how nice the teachers are, and the students are. Everyone helped me a lot when I first came, and they encouraged me a lot, in which I find important, when I'm in a totally new place. In such a great place, I had an unforgettable time. So much thanks to every student, every teacher, and best wishes to Elmwood.

# Thirattha Devahastin

I woke up this morning, realizing that my 3 years at Elmwood has finally come to an end. The friendships, the teachers, the exams, the stress, the laughter- wow! Among many people who have walked in and out, I would like to thank some very special people who have created footprints in my life and made me who I am today. *Dad, Mom, Pop, Pa'Sumon, and Na Kai*: no words can describe how much you have dedicated and given to me. All the love and support through all these years. I love you! *Teachers*: you have inspired me to grow and learn, and I will take it to the next chapters of my life. *Class of '07*: Each and every one of you has painted my days at Elmwood. Thank you for every memory!

ADMISSIONS PREFECT

# Alexandra Fottinger

How do I explain the past 12 years at Elmwood? It's practically impossible; however, they were obviously the best 12 years of my life. Mum, Dad, thank you for supporting me at everything which I did, you have no idea how much I appreciate it. And to Julia, I guess you'll never miss me, cause I'll be right across the hall. To my friends: thanks for all of the great times which we had. Your friendship has meant so much to me, whether I have known you since grade one, or for the last few years of high school. To my teachers: you have all taught me so much, and have inspired me to achieve my goals. Grads '07: hope to see you next year at the reunion - Emma G. and I will be there. I'll miss you all, and have a fabulous time at university.

# Clare Funston JUNIOR SCHOOL PREFECT

I have many things to say about graduation, moving out of high school and on to new and exciting places. None of them, however, have not already been mentioned in a high school yearbook. I hope to make worthier goodbyes to everyone in person, but for the sake of having them in writing: Peace out Greg-unit, stay cool J-Beaner. Mum and Dad, as frog in love would say, love has no boundaries. Thank you for your patience, your kindness, your knowledge and your love. I'll miss you from the Maritimes. Thank you to my friends, for all of their... chicanery. Thank you to my teachers, our school has the best of the best. Mrs. B, thank you for tirelessly reading, supporting, directing. Mme. A., thank you for your inspiring and inexhaustible compassion. All of the teachers and administrators and staff who have taught me, helped me, fed me... you grew me up. Good luck grads and next year's grads. I'll miss you all.

# Jennifer Gagnon

I've learned plenty, forgotten much. Appreciated the small things and overlooked the obvious. To my mom who stood strongly beside me, I love you. Thank you to my teachers who taught me far more than grades. Four years older, 2 sports wiser and many rules mastered to properly break. In the end it's not my classes that I'm remembering. It's all my friends who could relax and enjoy every minute of time spent together. I learnt that what I do is irrelevant; it's with whom that makes it worthwhile. Although I'm not exactly sure I would do it again, I hope I cross all of your paths in future. Sarah Morris, good luck and don't take anything too seriously ...I love you!

# SENIOR PREFECT Emma Godmere

*Yesterday.* That first timid day seems so long ago... these last four years have been incredible. There is no way for me to explain, here, all that I have learned and experienced and relished. *Today.* I wanted to live every day in the present, taking nothing for granted, enjoying everything this amazing community has offered me, and I hope I've succeeded. *Tomorrow.* I may be leaving, but I will be looking back fondly at all that has happened here. A simple "thank you" is not enough to recognize every person, staff or student, who has impacted the person I've become. Grads, you are the coolest people I know and I am going to miss the common room [fan] insanely. Prefects, I love y'all, this year was a blast, the best yet. I have such respect and admiration for Elmwood and its strong spirit, and am privileged to have been a part of it.

# Miriam Goubra

Wow...I can't believe it's grad-write-up time already! Elmwood has been my second home for four years and it has changed me inside out. I would like to thank all the wonderful and dedicated Elmwood teachers for their help and support in helping me reach my goals. I would especially like to thank Mme. Adams: You have been such an inspiration to me! To all my amazing friends: "Our laughs are limitless, our memories countless & our friendship endless." I love you girls lots!!! To my parents: Thank you so much for giving me the opportunity to go to Elmwood and always believing in me. I love u both so much! To all the 007 grads: WE DID IT!

# Sarah Groves

So after my four years at Elmwood I realize my goal of joining the exciting field of adult entertainment. Let's see…good times at Elmwood. Well: Eminem, the chronicles of Thomsonator and Grovesenburg, the BFF's, Arbour and Rona Day, the play (four amazing years), drama fest, emoness, Dominican Republic, random Elmwood trips, coffeehouse, amazing concerts and shows (scranton!), grocery stores, the ex, my extensive family (hehe dirty mistress and children), starbucks, jack booty, snakes and newts, good music, steve, RB - I don't even know. There is so much more that I just can't think of but four years is a long time. "One out of every four people are mentally unbalanced. Think of your four closest friends; if they seem ok, then you're the one." - Ann Landers

# Alicia Kerrigan

Eight years at Elmwood, and not one would I look back on and regret. There were a fair share of ups and downs, but every time I seemed to make it through with a smile on my face. To my guuurrrrlz - thanks for putting those smiles on my face. I really don't know how I'm going survive next year without our constant jokes and inappropriateness. Mom and Dad - thank you so much for everything you have given me, and for pushing me to my fullest potential. Steph and Laura - thanks for your words of wisdom, and most importantly - your old projects…we will always be silly sisters. I love you all so much! GRADS OH-SEVEN…I have loved all of our ridiculous moments in the common room - good luck with everything you do. Much love! Friendz4lyfe.

# Malene Hoftun Jaeger HEAD GIRL

School gets so much better after grade nine. Every year has been better than the year before. I get tears in my eyes when I'm reminded that graduation means leaving such great people behind. To the MSM girls, the minor niners, the grade 10 salad eaters, and the random grade 11s, you continue to surprise me and prove to be the most lovable and loyal people I've ever met. To my pussywillows, you made this year amazing - friendz4lyfe. Marie, you are an overachiever and you overachieved being the best sister out of the bunch. Rachel, I flat out just love you because you're my sister too. JFK deserved to be in this…so did Chuck Norris. But I would never dare to compare myself to such great men.

# Marie-Eve Legault

Oh Man! Great year ladies…too many times to name but we know them all. The best memories are the ones you can't explain because you just had to be there. I like non-sense it wakes up the brain cells. Fantasy is a necessary ingredient in living. It's a way of looking at life through the wrong end of a telescope which is what I do, and that enables you to laugh at life's realities. A little Dr.Seuss for you guys, hopefully you guys walk out of here having learned stuff from one and other, those are the best lessons in life TRUST. I really wanna thanks errrbody who made an impact on me there a good amount of ya'll. Strive for the best, you can do it ,Peace OUT <333

# Meaghan MacLean HEAD OF WILSON

Live and laugh about it. That is the greatest lesson I have learned from my experiences these past years. The laid back early mornings and mad loud common room parties have become the routine that I depend on, and I will miss the open and comfortable atmosphere of the CR. To my friends, you have defined my Elmwood years and I will miss you so much next year. To my teachers, thanks for all the lessons that were not from the curriculum, and the continuous support and encouragement. To my parents, your support is appreciated and your work ethic inspires me, and I will miss having you to depend on next year. Lauren and Connor, you are funny kids, who I will miss. End scene.

# HEAD OF KELLER Devon McCormack

Over my five years at Elmwood I have learned more then I ever thought possible. More then just facts and figures, Elmwood has taught me about the kind of person I want to be. For all the late nights and Common Room fights, it was all worth it! My eternal gratitude goes to my family, who were always there for me, through the good, the bad and the very ugly. Thank you to my teachers, who never accepted anything less then the best I had to offer. I know I'm a better person for it! To the Prefects, you will always have a special place in my heart! Finally to the Grads of 2007, thank you for the making me laugh, cry, and everything in between. We're finally out of the Wood!

# Liz Maffett SPORTS CAPTAIN

There's no way to sum up my time at Elmwood in one paragraph, but I suppose I'll have to try. I've participated in quite a variety of teams and clubs over the years, all of which have made my experience a little better and provided me with experiences I will never forget. I went into my final year never expecting the support I received, and now that it's over there are too many people I'd like thank for that: many teachers, some minor niners, some 10s, many 11s, and the entire grade 12 class. I won't name anyone in particular, but chances are if you took the time to read this you're one of them. Thank you.

# HEAD OF NIGHTINGALE Christiane McGover

It has been a great six years and I couldn't have done it on my own. Mom and Dad, thank you for your endless support and for encouraging me to take on anything. Ma and Bren thanks for putting up with me and for preventing me from going crazy. Thank you Grand Mom and Grand Dad for all your support. I'm telling it to you straight Alicia, Julia and Lillian, these past four years have been so funny and I will never forget all of our good times. Grade 11 kitty kats I hope you have fun next year and good luck with everything. All of these people put together have helped me make the most of high school. Thank you!
GRADS 007

# Emma McKeen

Just a few words that sum up my 4 years at Elmwood School:
Ballin', Tie!, Where are your shoes?, Ridin' dirty, Cuba, Aicha - doing the dance for Mr. Yates, Chef Woo, Snowboarding, Reading certificates, Drivers Ed, Duke of Ed - being dragged behind the dog sled, holding onto a rock, getting stuck on the rock, Footloose.

Troubles they may come and go,
But good times they are the gold.
And if this road gets rocky girl,
Just steady as we go.
- Dave Matthews Band

# Amelie Meyer-Robinson

After writing 4,000 words for my Extended Essay, writing these 130 words might be the more difficult assignment. I've come a long way from being the little blonde girl who didn't speak English to where I am now. I feel so immensely indebted to my parents, who have given me every opportunity, emotionally and intellectually. Danke besonders an Mama...ich werde dich sooo sehr vermissen in Toronto!! Thanks to every single teacher who's made a difference, thanks to Canada for introducing me to beavertails, hockey, and amazing people who don't necessarily say "eh?" all the time, and thank you to IB for 6 years of fun-filled fun…every minute was worth it and I'm happy I challenged myself. Finally, thanks to my friends for keeping me sane…hope we keep in touch!

# Scottie McLaughlin

"There is nothing so stable as change." - Bob Dylan. These four years have gone by so slowly and at the same time so quickly. From my fabulous start in grade nine, falling off of my chair in the first homeroom, to all that grade 12 entails. I've met a lot of people I'd like to thank, and people I don't know how I'm going to live without next year. Here's to friends, family, fantastic trips, good times, bad times, ghetto beats, mass emails, bus routes, ongoing love triangles, narwhals, common room, hippy power, clubs and teams, ritual dances, making/being in videos, numerous plans that were never followed through with, awkward moments and WHATEVER.

# Emily Miller

Mom and Dad, thank you so much for sending me to this amazing school and for all your love and support. I love you guys so much. Tori, Timmy, Graham, Cameron: you guys are awesome and I love you all. Keep dancing. KT: concert buddies for life, brought together by the music, beast, I LOVE YOU…LC: you are an amazing person and I will miss you. Thank you for being such a great friend. Starbucks for life…SR: bussing, Cinnabon, Starbucks, lets make the people dance. We are soooo cool. I'll miss you next year…BP: MOM! Bry-Bry, Grandpa, cleaning your car, driving and so many more! Love you. Grads '07: you girls have been my second family and I hope you all have fun next year! PEACE OUT LADIES xxx

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GRADS

# Rebecca Moeller

Three years in just a few words, well first off thanks to all the people that made me feel welcome right away in grade 10, the friends I made throughout the years, the people from the bus I spent hours with each day, Robotics, OSAID, Tennis, International Club and many more. Amelie and Malene, We Did It! IB is done, I can hardly believe it. On that note, thanks to all the teachers, the staff and of course my family for their support. To all the grads, good luck at university, college or wherever else you might be next year! I'll miss you and everyone else, from the people I know in Junior School to the people that graduated in the previous years. Maths and French class, you're especially unforgettable!

# Diane Nakamura

How to be a confident young leader, how to bring out the best in myself, and how to wear a stunning green tie with pride, Elmwood and its teachers have taught me so much. These past four years have been a long and hard journey, but rewarding all the same. Mom & Dad, you've encouraged me through the toughest of times and you've done so much to help me become the person I am today. I value your love and support more than anything. To all of my irreplaceable friends who made every single day one to remember, thank you! No doubt there are more priceless memories to come. A special shout-out to E.M.&L, I LOVE YOU GIRLS SO MUCH! Good Luck to all the grads of '07! ~ "I am not afraid of tomorrow, for I have seen yesterday and I love today."

# Jiwon Claire Moon

The two years at Elmwood flew by way too fast- I still vividly remember my first day at school! I'm so glad to have met you all-TD, MG, AMR, RM, DNak, NS, MS, ES, LS, AT, NV and last but not least SY[alphabetical-yeah]. Our countless little walks, DoubleU of 06', the most random chats of my life- Good times!! All the memories full of laughter that I've shared with you will stay with me forever. Umma&Appa, Thanks for your infinite love and support. Halmuny, emo, Jun, YSP, Andrew modu, I love you! All my teachers: I admire your enthusiasm and patience. Thanks for opening up so many doors of possibilities. Dr. Mahin and Mr. Main- You are truly inspirational and motivating! Thank you all for making my high school life extraordinary. Love + Peace.

PREFECT-AT-LARGE

# Ishani Nat

'The time of our lives'. That is how high school is supposed to be remembered; and my four years have not disappointed. I would not have been able to make the downs into ups without the unwavering support of my parents. They made the impossible, possible and always kept things in perspective. My family helped my through, but it was my friends who kept me sane. To all my Browntown kids and Elmwood hotties, you guys are my love and these past four years would have been nothing without the good times that we had together. Thank you for making it so super awesome amazing!

# Julia Normand HEAD OF FRY

If I were asked to sum up my high school experience in a few words, it would not do my journey justice. The two blocks that I have walked everyday led me to a learning facility that taught me how to make learning fun while moulding me for my future. Mommy and Daddy thank you for giving me unconditional love and providing me with every possibility in the world. To the three J's, you are my backbone and pillars of support. Pussywillows you made high school unforgettable, amazing, and without a doubt the four best years of my life. To my fellow grads- set a goal for yourself and go for it; don't let anything or anyone hold you back. Frindz4lyfe.

# Melissa Peters

"When it comes to the future, there are three kinds of people: those who let it happen, those who make it happen, and those who wonder what happened." (John M. Richardson). Life is only beginning and I am so glad the year is over. I wouldn't have made it through without help from my sidekick and partner in crime who I sat up with many nights to create costumes that would blow people's minds. Then there was my twin who I spent every class and spare with because we had identical schedules. There was also this other girl who had this fish named Black Betty, but I can't remember her name. I love you girls and I hope the best for you. Just remember to keep it real and keep on BALLIN!!

# Beverly Part

Thank you so much to my parents for their unconditional love and support, to my brother for being so ghetto. Thanks to my philly crew and my che-town crew for all the good times. Wow, who knew summing up our high school memories would be so hard, long story short: RIDIN' DIRTY, perkins, grandpa, Cuba, snowboarding, bob, movies, footloose, \ /, facebook withdrawal, chair dancing, cougar in training and so much more.

Congrats to grads '07, we did it!

# Jane Reisman

Wow, these past seven years at Elmwood have flown by. Mom, Dad, Will, Molly and especially Maisy & Ringo , you are everything to me. I would like to thank you for your endless support, love and encouragement. I don't think I would have been able to do it without you guys, you keep me grounded. To all my teachers, you have been endless inspiration to me. Thank you all so much for your patience and support. My girls of the wood, I could not have done it with out you! Thank you for all the amazing and crazy times, you have made my Elmwood experience. AF, MV, MM, IN, ST, I love u guys; you are the greatest friends a girl could ask for. Onward and Upward girls!

# Julia Renaud

Elmwood has encouraged me to climb tall mountains and dream to climb even taller ones. Thank you to all of the teachers and staff: your support and dedication is greatly appreciated. You make Elmwood the truly wonderful school it is. Mrs. Neale thanks for putting up with Selin and I. Selin, thanks for being my best friend and keeping sane. I will miss you so much. Scottie, we know better than anyone that it's not the destination but the journey. Mom and Dad, thank you for not counting the cost of education. To the grads of '07, all of the memories will definitely last a lifetime, best of luck

# Selin Saatcioglu

Grade 12...by far the best year of high school at Elmwood. Being at Elmwood for 4 years has given me the chance to make amazing friends that I will remain friends with for a lifetime! This year went by so quickly. I will never forget the crazy fun times in the common room, spirit afternoons, Duke of Ed trips, Pac Attack, Coffee House and of course hour long assemblies! Julia, thank you for always being there for me and being the best friend a person could ever ask for. Margo, your friendship has meant so much to me and I will never forget the times we've shared. Mrs. Neale, thank you for being an amazing person and making Exercise Science one of my favourite classes. Thank you for putting up with me and Julia everyday during our single period spares and laughing at our jokes (even though they weren't that funny!) Life will just not be the same without the Elmwood green knee socks and black shoes...

# Sophie Riding

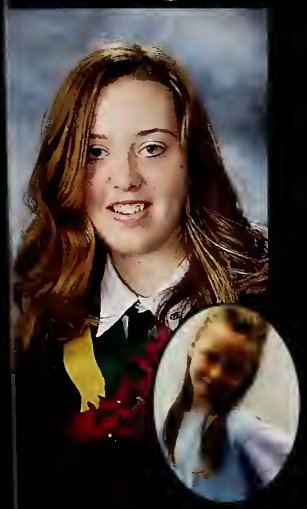
To all the friends that made me laugh and to my parents who made it all happen and never gave up on me.
Man shirts ? Nieces ? 10 lost years ? Ryan's Ashbury ? M.E.I ? Elf ? DR ? Starbucks runs ? Hoboness ? Furbies ? Neopets ? Post secrets ? New Edinburgh spa ? Drivers ed lessons ? Stratford X2 ? Bank St shopping sprees ? Parliament hill ? Tea ? Gnome ? Football ? New York ? Chicanery ? Trip nip ? Eating the cookie dough instead of making them ? Awkward face ? Quotes wall ? Perma tired ? Action shots ? Pac-attack ? Movie Marathons ? Westport ? Umbrellas ? Shower caps ?
Thanks for all the great memories
XOX

# Niya Sang

My lord, how time flies!!!! My high school has come to an end. I am happy to say that the past two years at Elmwood have been unforgettable, although it is a short time period in my life journey. Elmwood to me is like a big and warm family. All I can say now is Thank You. My family- Thank you for everything. Mrs. Snider- Thank you for taking care of me. Mr. Main, Ms. Cullen and Mrs. Boyd- Many thanks for the help and encouragement. All my lovely friends- I love you all !!!
To our grads'07:

"Life is a game- play it
Life is a challenge- meet it
Life is a sacrifice- offer it
Life is love- enjoy it"
----- By Sai Baba

# Margaret Seaborn



My time at Elmwood these past five years has been an amazing experience. I want to thank my dedicated teachers for all the patience and support they have given me over the years. Leach - thanks for teaching me the difference between a blackberry and mulberry and putting up with the enrique and viggo pics :D Italy & Oz next. Elly - Channing Tatum movies, drinking lemonade, Canada day partying, Kilimanjaro rat in tent, friends 4 life. D-Nak - 4:00am marathon convos, "dancing in the moonlight" spares, meatloaf jr, Sound of Music singing. CM,AT,AMR,MG,NV,NS,SY,RM your friendship means more to me then I can express. keep in touch. Mom and Dad, thanks for the endless amount of support and encouragement you have given me. I love you. I wish all the 2007 graduates happiness and success in the future.

ARTS PREFECT

# Steph Shea

This is a thank you. To the people who smile when you pass them in the halls, who know when you need to take a moment. To the people who watch and make sure we don't end with no choice but to attend university in Guam. Who cut us slack when there are three essays due next day, and who know when to buckle down and make us stop being rowdy teenagers and just work. To everyone whose friend I've had a chance to be. Everyone who's said 'if you need anything...' Everyone whose shoulder I've wept on, (so, *lots* of you.) Everyone quietly working to make our school the best place it can be. Thank you, all of you. It's *people* who make our school. And this support that's made me who I am. *Thank you.*

# Jeanne Sharzer

I, wanting to be original, tried desperately to avoid "cheesiness" in my write-up. However, I found this goal was as easy to achieve as NOT talking to LM and ST in math class. AKA - impossible. When somebody says "Elmwood" I get a rush of warmth. It's my second home. Thanks to Elmwood, I have achieved and learned so much about the world and about myself. Thank you to everybody who helped me through my adolescent struggles, in particular RC who gave me her constant support. NL, I appreciate everything you have done to prepare me for the future. You are both great teachers, and wonderful people. "Far away there in the sunshine are my highest aspirations. I may not reach them, but I can look up and see their beauty, believe in them, and try to follow where they lead." - Louisa May Alcott

# Evelina Sieradzan

**Wow**..these 3 years have just flown by, let alone my whole high school experience. I remember like it was just yesterday entering Elmwood in grade 10; new faces, lap tops, uniforms (my first day..my meter long skirt..no one told me we could hem it LMAO), basically a whole new perspective in my life. Personally it was hard to adapt to the Elmwood life, but I made it right? I believe ***"Everything happens for a reason,"*** this is the path I took, and we'll see where it leads me. I couldn't have done it without the support of my Mom, Babcia, Dad, Blake, and my friends. THANKS GUYS! **<3** YOU ALL! Well girls we made it, our new life is just beginning to bloom, we are the future. **GRADS 2007 <3**

# Elly Smallwood

In five years at Elmwood I have learnt a lot about myself, my friends and our school. It would be impossible to sum up five years in one paragraph, but there are a couple things that left deep impressions on me. All of my friends, particularly my three best friends, made coming to school fun, even though a lot of that school time was spent at Second Cup. This school has helped me learn how much I can do, and it hasn't yet shown me my limitations. While I might enjoy giving up green knee-socks, I cannot forget all this school has taught me, or all the teachers who taught me. I will leave this school looking forward to the future, but never forget what lies behind in the past.

# Leah Somers

Everyone who helped me, cheered me up, tolerated my whining, and let me hand my homework in late, thanks.
My awesome friends: AM-R, HAT, J/CM, MG, NS, NV, RM, SY, je t'aime.
ksi??niczka Maggie, Dnak, Ell - all the concerts, trips, walks, parties, baby slippers, oscar night, gerard, commonroom talking, going to the bus, synchronized frolicking etc - you guys are hilarious and wonderful, I wouldn't have survived without you.
Mom, thanks for being there even when you were halfway across the world, Joe, hugs & stay cool, and Dad, love.

MIDDLE SCHOOL PREFECT

# Sarah Taylor

Thank You. Thank you to my friends and family that have shaped me over the past 17 years. Without them I could not dream of being where I am today. Erin, you are truly the one person who has known me from the beginning and probably the only person who will ever truly know me. Grads, you have made my high school experience memorable and left me wanting more. Mom and Dad, THANKS, I will never stop loving you for what you've given me.
"So scared of getting older, I'm only good at being young, so I play the numbers game, to find a way to say that life has just begun"
-John Mayer

# Kacie Thomson

You have brains in your head.
You have feet in your shoes.
You can steer yourself in any direction you choose.
You're on your own. And you know what you know.
And YOU are the one who'll decide where to go.
- Dr. Seuss

I'm not going to lie, I'm ecstatic to finally be finished. And I'm ready to hit the road, Jack. Thank you to my family and friends for everything. I love you guys. DONE.

# Alicia Timmons

Thank you to everyone for making these past 10 years at Elmwood unforgettable. I have had so many amazing experiences, memories and chances that would not have been possible without you. To all of my amazing teachers who have always been there to help out. A big shout out to my parents, I would never have been able to finish without you. There are no words strong enough to express my gratitude to you. To all of my amazing friends I have met throughout the years, you are all remarkable people and I'll never forget you. Congratulations everyone and good luck to all the graduates of 2007.

# Shauna Turney

A few weeks ago, my brother remarked something along the lines of, "Elmwood is a breeding ground for weirdos". "Yes", I replied proudly, "Yes it is". Before you get all up in arms, allow me to explain myself. Elmwood is a diverse and eclectic mix of abnormally compassionate, out-spoken, intelligent, and interesting individuals. Never have I encountered so many endearing eccentricities in one place in my entire life. "Normal" would be an insult to the character of any Elmwood student or teacher. Thank you to my fellow students for being the incredible weirdos that you are. Thank you to the teachers and administration for facilitating, putting up with, and participating in the weirdness. And thanks to everyone - family, friends, teachers - for shaping me into the proud weirdo I am today.

# Margo Vachon

Six years have come and gone; some weeks felt like they lasted forever but looking back at my time at Elmwood, six years have gone by fairly quickly. What an amazing journey it's been! Whether it was dog-sledding, going to France on an exchange or participating in the numerous sports and clubs, my years at Elmwood are unforgettable. To *Selin, Meaghan, Jane, and Alex,* you girls inspire me, make me strive to be a better person, make me laugh and much more. You're always there for me and your friendship means more to me than words can describe. We've had a lot of good times together and here's to the good times to come. I love you girls! To my other girls 'in the wood': I will miss all of you, your crazy spirit, and sense of humour. We share some great memories that I will cherish always.

Grads '07: we did it!

# Neeti Vanaik

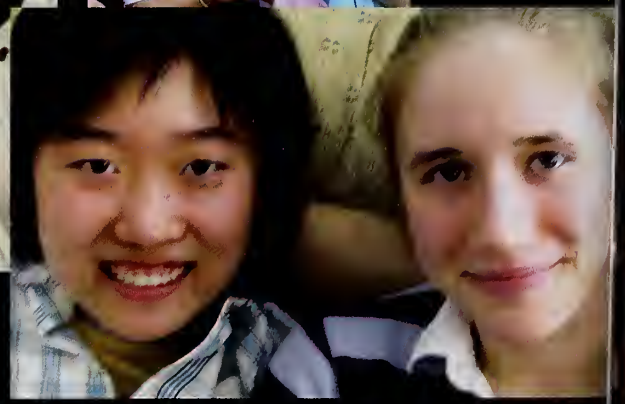
Graduation is finally here! It has been an amazing four years at Elmwood and there have been many ups and downs but we've all made it. I would first of all like to thank my mom and dad for supporting my every decision and offering advice when I needed it. To all my friends, thank you for being there for me and making me laugh. Congratulations to all the 07' Grads!

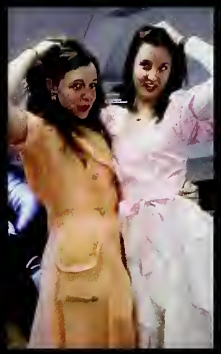
# Lillian Wallace

It's really hard to say goodbye after having been part of something so special. I can hardly believe it's over. My years at Elmwood have been filled with some of the best times of my life and I am graduating with amazing friends and wonderful memories. *To Cynthia and Daphne:* You are champions, great sisters, and my favourite roommates. I adore you guys and love being your big sister. *To my parents:* There are truly no words that could ever express my gratitude and thanks; I love you and appreciate everything you've done for me more than you'll ever know. *Alicia, Christiane and Julia:* I love you guys. The times I've had with you have honestly been the BEST of my life. *Grads 07:* We did good.
**Friendz4lyfe.** Love Lillian

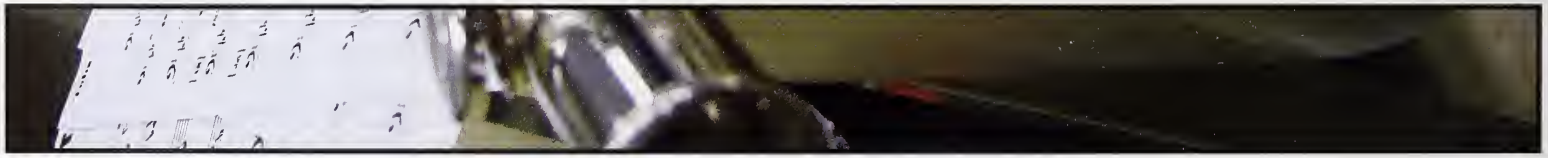
# Sammy Yun

As I reflect over the past year, I am very grateful and proud to be a member of Elmwood School. It is wonderful to remember all of the friends, teachers, activities, masses, assemblies, classes and special performances that happened this year. I like to say thanks to mom and dad for sending me to Elmwood; you don't know how pleased it has made me. My first and last year here has been unforgettable. Love you ALL!





*commitment [com-mit-ment] n 1. sincerity to a purpose 2. the act of binding onesel*



# —Commitment

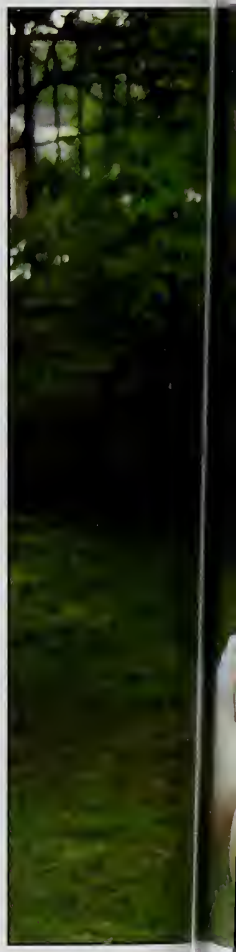
[k*uh*-mit-m*uh* nt]

"The irony of **COMMITMENT** is that it's deeply liberating -- in work, in play, in love."

*ntellectually or emotionally] to a purpose synonyms: obligation, responsibility,* drive

*[Anne Morriss]*

# Sports Afternoon



# Elmwood Sports

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# Alpine Ski

### Alpine Ski Team

Allie Hodgson, Noushig Kadian, Cristina Lima, Liz Maffett, Anne Pigott, Bronwyn Thomson, Evelina Sieradzan, Selin Saatcioglu, Training squad: Lauren Brandys, Maja Kunstelj, Avery Nowosad, Teacher Supervisors: Ms. Kelly, Mr. Meldrum, Ms. Kerluke

Every Thursday after school throughout most of the winter, the Elmwood Ski Team hopped in our vans or limo-bus and headed off to Camp Place Fortune. We skied hard and intensely down Slalom and GS courses night after night in frigid weather. Although we spent most of our time on the slopes, we found plenty of time to laugh and eat poutine in the lodge. When race day came we all had butterflies in our stomachs but when both races were over the ski team had produced solid individual results, and an excellent team score overall. We want to thank our wonderful coaches Ms. Kerluke, Ms Kelly and Mr. Meldrum for their efforts and support. Thank you. We all deserve tons and tons of gold stars.

### Gr. 6 Badmington

Julia Davis, Katie Gwozdecky, Julia Hewitt, Tori McIntyre, Alex Nguyen, Melissa Rud, Sarah Seward-Langdon, Melissa Yelle, Coach: Ms. Tweedie

The 2007 Badminton season was a very successful and exciting one. Early morning practices proved to be very popular with the grade 6 students and their coach! After a tough week of try-outs, eight students were chosen to represent Elmwood at the Ottawa Independent School Badminton Tournament hosted by Turnbull School. The enthusiasm and effort displayed by all the players was outstanding. Special mention goes to Julia Davis who placed first in the Advanced Division. Congratulations and thank you to the participating students. We look forward to next year's season with great anticipation and high hopes.

### Gr. 7/8 Badminton

Célyna Arnold, Yuliya Belik, Alice Bifield, Birte Brockmann, Juliet Caragianis, Ailsa Craigen, Julia Fottinger, Maja Kunstelj Andrea Lessard, Maggie Murray, Rachael Murray, Chelsea Tannis, Jena Tannis, Priya Wadhera, Irena Wight, Kelly Wood Coaches: Ms. Purran and Mr. Shiau, Student coaches: Carol Chu, Diane Nakamura

The 7/8 badminton team enjoyed a very successful seasc Every player made a substantial commitment and came c to early morning practices twice a week. The team combin with Ashbury to take the overall team title in the city fina Many players placed. The team's results were a dire reflection of everyone's hard work and dedication. A b thanks to Mr. Shiau, Mrs. Purran, Carol Chu and Dia. Nakamura for helping out with coaching.

### rsity Badminton

ol Chu, Thirattha Devahastin, Alicia Leung, Linda Liu, ne Nakamura, Jasmine Rasuli, Bronwyn Thomson, Valerie chette-Mosley, Coach: Mr. Dube

### Gr. 5/6 Basketball

Rebecca Boucher, Julia Davis, Emily Groper, Julia Hewitt, Lauren Matthews, Tory McIntyre, Emily Montgomery, Priya Muradia, Gigi Nguyen, Melissa Rud, Selena Saikaley, Alyssa Shenassa Practice Team: Chloe Forgie-Williams, Anna Gow, Judy Lee, Courtney Mulock, Alex Nguyen, Jordana Polisuk, Daron Richardson, Sarah Seward-Langdon, Katia Tawagi

### Gr. 7/8 Basketball

Celyna Arnold, Alice Bifield, Juliet Caragianis, Sarah Gross, Hayley MacLeay, Rachel Mines, Maggie Murray, Courtney Peters, Sam Peters, Steph Pratapas, Priya Wadhera, Margot Whittington, Coach: Mr. Toivonen.

T s year, the badminton team was fortunate enough to start th season early for extra practice. We even had two p essional badminton players come to give us some helpful tip for improving our game. Our senior doubles team, Diane N umara and Carol Chu, won 4th at the East Senior C ference. Also, at this conference, our singles player Ja nine Rasuli won 3rd place! As for the junior team, Alicia L ng and Valerie Touchette-Mosley who played doubles we 4th place and Bronwyn Thomson, who played singles, wo 2nd! Many thanks go to our coach, Mr. Dube, who he ed and encouraged us to reach our full potential in ba minton!

Basketball is a great sport to join because we get tonnes of exercise and we have a bundle of fun! The basketball practices began at 7:00 a.m. every Wednesday. The practices were located in the big school gym and once you get there you work on your free throws. Once practice started, Mme Patoine, our coach, did the warm-ups and we did some dribbling exercises. We competed in a final basketball tournament and did very well!

This year the 7-8 basketball team was coached by Mr. Toivonen and Emily Cork. At the beginning of the season we had the wonderful opportunity to travel to Montreal and take part in an annual tournament. We didn't win, but made friendships and improved immensely as a team. Throughout the season we were always enthusiastic, sportsmanlike and ready to play. The hard work, early morning practices and dedication paid off as we were successful in the Ottawa division, and made it to the semi-finals. We had a fierce game against Immaculata but unfortunately weren't able to beat them. Great Season Girls!

# Basketball

### Varsity Basketball

Vanessa Assaly, Prashanthi Baskaran, Nicolle Bonar, Kristen Boomer, Thirattha Devahastin, Alicia Kerrigan, Marie-Eve Legault, Karin McDowell, Christiane McGovern, Ishani Nath, Charlotte Pattee, Julia Renaud, Coaches: Mrs. Neale, Ms. Rossiter

This year, the senior basketball team had a challenging, yet very rewarding season. After losing the entire starting line-up of Grade 12's this season, the team came back with a completely new group of players, consisting of Grade 9's, Grade 10's, Grade 11's and Grade 12's. We finished off the season with a respectable record of 5 wins and 5 losses. We would all like to thank Bob Butler and Mrs. Neale for the hard work and dedication that they put into coaching the team.

### Cheer Team

Juliana Assaly, Alessandra Ballarte, Quincy Batson, Isabelle Baxter, Yuliya Belik, Veronica Bleeker, Jen Day, Emma Dolhai, Julia Fottinger, Lauren Halliwushka, Kelly Hunter, Joanna Hwang, Andrea Lessard, Caroline Mulock, Rachael Murray, Sonya Ruddy, Carina Saikaley, Sophie Sigler, Andrea Tannis, Kaleigh Timmins, Maggie Zhu, Coach & Assitant Coaches: Mrs. Anderson, Jen Fuller, Sandy Kechichian

One of the many sports teams at Elmwood is the 7-8 competitive cheerleading team. This team meets three mornings a week to practice cheerleading skills for a competition to be held in February. We practice things such as stunts, arm motions and tumbling. It's lots of fun and the results of our hard work are amazing. Thanks to Ms. Anderson, Sandy, Jen, Alicia and Cindy for coaching the team.

### Gr. 7/8 Cross Country

Juliana Assaly, Quincy Batson, Stephanie Black, Veronica Bleeker, Samantha Fonberg, Katrine Lightstone, Francesca Schembri, Sophie Sigler, Stephanie Shenassa, Katrine Vatne, Maggie Zhu, Coaches: Mme Adams, Ms. Kelly

This year's middle school Cross-Country team had a rema able season. The club was made up of a handful of mid school athletes, who trained diligently with the senior sch team every Monday after school. In October, the gro participated in two meets, the annual Pumpkin Run and Ottawa Private-Catholic Meet. Many Elmwood runn placed in top positions for both races, and everyone ha great time. The team would like to thank their commit coaches, Ms. Kelly and Mrs. Adams. Remember: "Runn cross-country is the closest anyone will ever get to flyin (Joseph VanderStel)

### ARSITY CROSS COUNTRY

ctoria Bonar, Alex Fottinger, Elizabeth Maffett, Scottie cLaughlin, Julia Renaud, Selin Saatcioglu, Margaret aborn, Bronwyn Thomson, Coaches: Mme Adams, Ms. Kelly

is fall the Elmwood x-country team, yet again, finished th solid results! Being part of the team was lots of fun as ual. This year we set new goals and tried out best to hieve them. Everyone was really supportive and had a fun son. It didn't rain all season and for every single meet we d quality performances from the team (no rain - that never ppens plus commitment)! Hurray for great results!

### FIELD HOCKEY

Riyaz Basi, Nadine Batchasingh, Ally Brown, Hilary Brown, Julia Canning, Jennifer Fuller, Jenn Gagnon, Shilpa Goel, Marie Hoftun-Jaeger, Sandy Kechichian, Shayla Kelly, Alicia Kerrigan, Allie Lacompte, Samantha Lamontagne, Anita Malik, Emily Mansfield, Christiane McGovern, Sheila Mckeen, Julia Normand, Charlotte Pattee, Anne Pigott, Jasmine Rasuli, Ruthanne Rath, Rachel Selwyn, Coach: Mr. McKinnon

Silver medals were awarded to the senior school field hockey team on October 26, 2006. It was sweet victory after a season of very cold, wet and soggy games; mud-encrusted cleats were the order of the day. The team had an impressive all-tie game record right up to their decisive 2-0 win in the semi-final match. This guaranteed them a spot in the final gold/silver game against the only other undefeated team in the league. We had tons of fun. Thanks to our Coach Sean McKinnon, and team captains Christiane McGovern and Alicia Kerrigan for their efforts and commitment in producing yet another winning team at Elmwood.

### GOLF TEAM

Laura Haebe, Shayla Kelly, Sheila McKeen, Marina Tannis, Daphne Wallace, Lucy Zheng, Coach: Mrs. Neale

The Elmwood 2006 golf team participated in the City of Ottawa high school golf tournament with only one full team practice under our belts. We went in a bit shaky and nervous but we fought through our nerves and ended up with silver medals and one player qualifying for OFSAA. Good work girls and hope to see you on the team next year!

# Handball

### Gr. 8 Handball

Reem Al-Shaikh, Kate Amirault, Kate Boychuk, Ailsa Craigen, Jen Day, Julia Fottinger, Alyssa Hartvich, Maja Kunstelj, Courtney Peters, Stephanie Pratapas, Chelsea Tannis, Alexandra Vincent, Coach: Ms. Vrancart

The grade eight handball team had a very short season. It began when our grade eight gym class were asked to participate in a handball tournament. With only three practices under our belts, we went to the tournament at the OzDome near Stittsville. It was an all day event and included mostly schools from the Ottawa-Carleton Catholic School Board. In total, we played five games but unfortunately, won none. We had a great time, made new friends and learned a little about the game. Maybe next year, more students will be inspired by this fun sport and we will progress to a full fledged team.

### Hockey Club

Stephanie Babinski, Quincy Batson, Alice Bifield, Stephanie Black, Veronica Bleeker, Ally Brown, Sarah Clarke, Jessica Edwards, Shilpa Goel, Katie Gwozdecky, Allie Hodgson, Julianne Hughes, Joanna Hwang, Shayla Kelly, Sandy Kechichian, Lore Lima, Sheila McKeen, Emily Miller, Rachel Mines, Rachel Oster, Charlotte Pattee, Ruthanne Rath, Morgan Richardson, Christina Rizk, Francesca Schembri, Joanna Schembri, Kaleigh Timmins, Ao Uehira, Katrine Vatne, Alex Vincent, Daphne Wallace, Margot Whittington, Alisha Wilkinson, Coach: Mr. Dubé

After donning their skates and grabbing their sticks, the Elmwood Hockey team began a great season on November 15th, and an impressive number of girls participated. Coached by Mr. Dubé, the girls improved greatly over the course of the term and played some tough, but fun games. No experience was required to join the club and players just needed to be equipped with a stick, helmet, gloves and skates. The Elmwood girls continued their great spirit throughout the year, and ended it with an intense game against the teachers.p during the many hours at

### Rugby

Ally Brown, Hilary Brown, Maddy Burnatowski, Emily Cork, Fuller, Jenn Gagnon, Alice Gibbs, Shilpa Goel, Malene Hofte Jaeger, Marie Hoftun Jaegar, Julianne Hughes, Sandy Kechichian, Alicia Kerrigan, Cristina Lima, Meg MacLean, Anita Malik, Emily Mansfield, Neuczki Mathurin, Devon McCormack, Karin McDowell, Christiane McGovern, Scottie McLoughlin, Ishani Nath, Julia Normand, Charlotte Pattee, Anne Pigott, Jasmine Rasuli, Ruthanne Rath, Ao Uehira, Ale Vincent, Natasha Watcham-Roy, Rachel Witherspoon, Lucy Zheng, Coaches: Ms. Anderson, Jamie Meldrum, Mr. McKin

This year's rugby team had our ups and our downs bu e still pulled it off to win some games. The team travele o Halifax to play in the annual CAIS tournament. We ca e back with many injuries: black eyes, broken nerves, bu d knees and concussions but we didn't let that stop s Elmwood qualified for the city playoffs and worked as a te n. It was great fun to play with Elmwood's Rugby team a I can't wait till next year.

### R. 5/6 Soccer

becca Boucher, Julia Davis, Emily Groper, Katie Gwozdecky, ia Hewitt, Tori McIntyre, Emily Montgomery, Selena Saikley, ssa Shenassa, Katia Tawagi, Coach & Student Coaches: Ms. eedie, Liz Maffett, Selin Saatcioglu

### Gr. 7/8 Soccer

Celyna Arnold, Steph Babinski, Steph Black, Lauren Brandys, Julia Fottinger, Sarah Frodsham, Sarah Gross, Alyssa Hartvich, Hayley MacLeay, Rachel Mines, Maggie Murray, Rachael Murray, Steph Pratapas, Carina Saikaley, Chelsea Tannis, Katrine Vatne, Alex Vincent, Priya Wadhera,
Coach: Mr. Toivonen

### Varsity Soccer

Vanessa Assaly, Alicia Bartlett, Nicolle Bonar, Emilie Chaisson, Jessica Edwards, Megan Halliwushka, Danielle Hodgson, Shayla Kelly, Marie-Eve Legault, Alicia Leung, Liz Maffett, Sheila McKeen, Selin Saatcioglu, Joanna Schembri, Sana Syed, Marina Tannis, Cynthia Wallace, Daphne Wallace,
Coach: Karla Clarke

e 2006 soccer season was a very successful one for E wood. The team participated in the Ottawa Indepen- d t Schools Athletic Association where they entered the t rnament as defending champions. Once again, Elmwood w victorious! Our team played with great spirit and a t nendous amount of teamwork and cooperation. Every- o was particularly impressed with the effort and determi- n on displayed by all the players. Looking ahead, the f re of our soccer program looks very promising. Ms. T edie would like to thank all the girls and our assistant c ches, Liz and Selin for a very fulfilling season.

The 7/8 Eagles soccer team had an incredibly successful season. The team participated in the Ottawa Independent School League in October and the OCCDSB tournament in January and had excellent results in both. Finishing 2006 as the best independent school in Ottawa after defeating MCA 2-1 in the final, the girls looked to challenge all Ottawa Catholic schools. Losing in the semi-final, the girls proved their skill finishing as the 3rd best team in the city. You have a lot to be proud of girls, well done on an amazing season!

This year, the senior girl's soccer team had a great season. We lost some games and won some games however, in the end we came together as a team and learned how to play with each other. We had a short season, only 6 games that took place in May. We only started practicing in February though. We also took part in a local tournament where we ended up in the quarter finals but unfortunately lost. This season was short and sweet and we had a lot of fun getting to be a part of the Elmwood team.

# Swimming

## Junior Swim Team

Grade 3: Andreas Askim Vatre, Nikki Denison, Hannah Dolhai, Adam Groper, Astrid Hoftun-Jaeger, Tennyson Kainz-Potter, Chloe Lucas, Brooke Mierins, Philip Murray, Alex Parizeau, Margaret Pateman, Fumi Shibutani, Grade 4: Zakiya Abdullah, Claire Avisar, Alana Bobra, Larissa Bobra, Sophia Caragianis, Claudia Cinotte, Kim Godin, Rebecca Godin, Michaela Kainz-Potter, Michelle Le, Rachel McGinn, Noni Shemenski, Shea Timmins, Paige Tremblay, Grade 5 : Danica Bateman, Allison Bui, Laura Dodge, Celina Gilligan, Priyanka Goel, Anna Gow, Emily Groper, Joa Hoshizaki, Megan McGinn, Courtney Mulock, Alexa Naccarato, Selena Saikaley, Alyssa Shenassa, Katia Tawagi, Elaine Zhang, Coaches: Ms. Huggins, Ms. Ostiguy

Every Thursday, the Junior Swim Team went to the Saint-Laurent Complex pool after school. For the first time in Elmwood School history, three boys Adam, Andreas and Philip attended. We worked on developing our breast stroke, our free style and our back stroke. We practice relays and we tried to improve our turns and our dives. On February 28, the whole team attended a swim meet against other schools and represented Elmwood very well. A special thanks to Mrs. Huggins and Ms. Ostiguy for giving up their spare time for us.

## Middle School Swim Team

Dina Ahmed, Ivy Bregman, Julia Hewitt, Maja Kunstelj, Tori McIntyre, Alex Nguyen, Laura Weissman, Melissa Yelle
Coach & Student Coach: Mrs. Schmidt, Marie Hoftun-Jaeger

The middle school swim team had a very successful Term 1 team. With the help of Mrs. Schmidt and Marie Hoftun Jaeger, they became a much faster and stronger team. The swimmers set themselves a goal to achieve by the end of the season and that was to swim 15 km. Congratulations to those swimmers that accomplish this goal.

## Varsity Swim Team

Sara Bastianelli, Nikki Campbell, Julia Canning, Carol Chu, Alexandra Fottinger, Liseth Gehlen, Alice Gibbs, Allie Hodgs Malene Hoftun Jaegar, Marie Hoftun Jaeger, Paula Hopfner, Sara Lapointe-Rohde, Meaghan MacLean, Liz Maffett, Neuc Mathurin, Karin McDowell, Emma McKeen, Melissa Peters, Anne Pigott, Jane Reisman, Emily Tepper, Bronwyn Thompsc Margo Vachon, Coaches: Megan Cumming, Miss Lamb

Middle School Swim Team met after school on Thursday t the St. Laurent Complex from October to December, as e prepared for the end of term swim meet. The team consis d of 23 dedicated swimmers from grade 6, 7 and 8. In e Catholic School board Meet, we competed against e it schools from across Ottawa. Unfortunately, the only e grade 7's and 8's were eligible to compete. Some of our s even competed in the boy's events and most often w Everyone swam their hearts out. We finished 4th ove even though we couldn't be awarded points fochelp du g the many hours at the pool.

### NNIS TEAM

ia Canning, Cristina Lima, Lore Lima, Liz Maffett, Rebecca eller, Emma Murray, Ruthanne Rath, Joanna Schembri, ily Tepper, Lucy Zheng, Coach: Mrs. Anderson

### MIDDLE SCHOOL ULTIMATE

Celyna Arnold, Ailsa Craigen, Sarah Frodsham, Sarah Gross, Lauren Halliwuska, Alyssa Hartvich, Maggie Murray, Rachael Murray, Courtney Peters, Coaches: Ms. Kelly, Ms. Kerluke

### GR. 7/8 VOLLEYBALL

Celyna Arnold, Alice Bifield, Juliet Caragianis, Ailsa Craigen, Caroline Foody, Julia Fottinger, Sarah Gross, Andrea Lessard, Katrine Lightstone, Courtney Peters, Morgan Richardson, Carina Saikaley, Coach: Ms. Vrancart

s year the Elmwood tennis teams did very well and had t of fun. We had a senior team and a junior team; for ry match each team fielded a doubles pair and a singles yer. During the season the teams lost some and won some the last matches were excellent. All teams won by a great rgin. We would like to thank Ms. Anderson, our coach, was very enthusiastic throughout the season and ught a lot of fun to the team. As well we would like to nk Gary Maffet, our manager/coach, whose commitment much appreciated by everyone. This year's tennis on was thoroughly enjoyable; we cannot wait for next r!

The grade7/8 Elmwood/Ashbury Ultimate Frisbee Team had great fun-filled 3 week season and played in a full-day Independent School tournament. Thanks to Ms. Kelly and Ms. Kerluke, we learned to perfect our stacks, flicks and overall understanding of the game...but most of all, how to keep our spirits high when the scores are low!!

Wow! What a great season full of wonderful memories. We played really hard the entire time and ended with great results. We'd like to thank our coach, Ms.Vrancart for being a role model and continuously pushing us to work hard. We'd also like to thank Karin for helping us out and being enthusiastic at our practises! What a wonderful season! We hope next year can top it!!!

# Volleyball

**Junior Volleyball**
Emilie Chiasson, Julia Churchill-Smith, Meagan Cork, Jessica Edwards, Marie Hoftun-Jaeger, Julianne Hughes, Sandy Kechichian, Shayla Kelly, Lore Lima, Ruthanne Rath, Natasha Watchum-Roy Coach & Student Coach: Ms. Vrancart, Ishani Nath

**Senior Volleyball**
Vanessa Assaly, Prashanthi Baskaran, Nicolle Bonar, Kristen Boomer, Thirattha Devahastin, Alicia Kerrigan, Marie-Eve Legault, Karin McDowell, Christiane McGovern, Ishani Nath, Charlotte Pattee, Julia Renaud Coaches: Mrs. Neale, Ms. Rossiter

**Water Polo**
Sara Bastianelli, Sarah Black, Nikki Campbell, Julia Canning Olivia Kruszewski, Sara Lapointe-Rohde, Liz Maffett, Neuczki Mathurin, Sheila McKeen, Jane Reisman, Joanna Schembri, Shauna Turney Coaches: Megan Cumming, Miss Lamb

Our season started late November and went into March. We improved in leaps and bounds as the season went on, proving to be a force to be reckoned with on the court. All members should be proud. They did an amazing job and everyone improved so much. They were respectful winners, graceful losers, and spirited players which made coaching easy and tons of fun. The girls are some of the funniest, sweetest, and talented athletes around.

The senior volleyball team had a great season. Our season was filled with lots of fun practices and games, and ended with the infamous student vs. teacher game. The highlight of our season was definitely the student vs. teacher game, where we beat the teachers! Our team improved so much over the course of the season, and we all had tons of fun. A huge thank you goes out to our amazing coaches, Mrs. Neale and Ms. Rossiter. Thanks for a fun season! Go Eagles go!

This year we were lucky to have two goalies, Neuc Mathurin and Sheila McKeen. They saved many a shot w their amazing blocking skills. Also on the team wear matching bathing suits and enthusiasm, were Nikki Campl and Shauna Turney. Joanna Schembri was adept at steal the ball from our opponents. Olivia Kruzwecki, was energizer of the team and Julia Canning, the speedster. S Bastianelli showed her amazing ball skills and Sarah Bla aka octopus arms was amazing. Sara L-R, in spite of injury, was with us in spirit. And then there's Jane, v fearlessly led us when our coach was away. Vanessa Ass was a reliable scorekeeper. Karin McDowell was our savi in dire times, unafraid to pull on a bathing suit and jum the pool to save us from a forfeit. And finally we had Me and Miss Lamb, the driving forces behind the water p team.

### MNESTY

colle Bonar, Madeline Burnatowski, Nikki Campbell, amila Charania, Rebecca Cheff, Rachel Currie, Thirattha vahstan, Sophia Dhalla, Jessica Edwards, Rina Halili, Rachel tchinson, Katharine Hyatt, Scottie McLaughlin, Krina rchant, Ishani Nath, Raisa Patel, Isabella Price, Saumya kena, Joanna Schembri, Anisha Sinha, Margo Vachon, nya Wadhera, Cynthia Wallace
dent Leaders: Prashanthi Baskaran, Alex Fottinger
acher supervisor: Mme. Adams

nnesty International once again had a successful year. wrote letters to many countries to plead for reforms, and worked on many awareness events. Holding a fabulous e sale, we were able to raise over $400 to donate to our ll Campaign. During Amnesty Week in March, we held ny awareness activities, including a school-wide simu- d AIDS day, a clean water lunch, and International men's Day. We hope that the school has learned about many issues that the world faces, especially that of the er crisis. Special thanks go to Mme. Adams, our teacher ervisor.

### Animal Rights Club

Emily Miller (leader), Kacie Thomson (leader), Lisa Cameron, Alex Kanters, Allie Lacompte, Shayla Kelly, Daphne Wallace, Julia Churchill-Smith,Sarah Groves, Elaine Groves, Sarah Black, Scottie McLaughlin, Bev Part, Julia Campbell, Shamila Charania, Charlotte Pattee, Emily Tepper

Elmwood's Animal Rights Club has been mainly focused on the pursuit of justice for those who are used in the testing of certain products. Together, they wrote a letter of complaint to Johnson & Johnson, a company who has alternatives, yet chooses to test their potentially toxic products on defenseless animals. The club also have group discussions on the brutality experienced by animals held in captivity, i.e. chickens, livestock and rodents. The Animal Rights Club strives to make a difference in society's view on the fair treatment and respect of animals.

### Middle School Athletic Council

Reem Al-Shaikh, Kate Amirault, Celyna Arnold, Ivey Bergman, Alice Bifield, Lauren Brandys, Katie Gwozdecky, Alyssa Hartvich, Julia Hewitt, Joanna Hwang, Tori McIntyre, Jordana Polisuk, Stephanie Pratapas, Morgan Richardson, Samah Syed, Alex Vincent, Priya Wadhera, Margot Whittington, Alisha Wilkinson, Leah Wright, Melissa Yelle.

The athletic council gave the middle school students the opportunity to learn and experience leadership roles. The Council had three teachers supervising, Mr. Toivonen, Mrs. Vrancart and Mrs. Anderson. The council initiated many new activities such as the cheerleading team, the new gym t-shirts, and the eagle mascot. The cheerleading team was created thanks to Mrs. Anderson who was a former cheerleader. The new gym shirts were made to raise money for the purchase of the Eagle costume. The committee was also a great place to make new friends and have fun.

# Ballet

### Junior Ballet

Sophia Avisar, Emma Boushey, Renee Feurant, Emily Haebe, Fatema Jarrud, Kyra Ling-Jay, Vanessa Noel, Julia Robinson, Ashton Yau, Student Assistant: Leanne Sharzer

Every Friday after school, students in Senior Kindergarten to Grade 5 enjoy ballet lessons. Ms. Filleul, our ballet teacher, showed them many different things such as dance exercises and freestyle dances to songs from famous ballets. In May we will be performing our spring dance. The Grades 1 and 2 students will perform a dance with horses and princesses and the Grades 3 to 5 will perform a dance with the theme of "the forest" which will include a fairy, a deer, a chipmunk and a bird.

### Junior Board Games

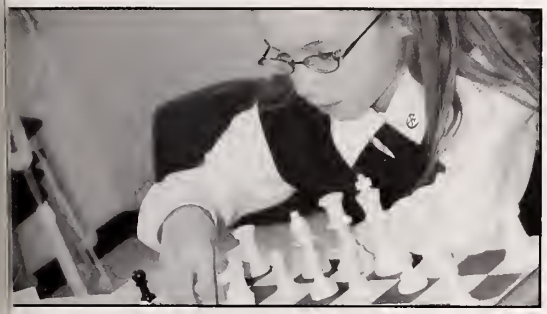
Alexandra Akman, Bronte Assadzadeh, Chloe Bonnet, Caithlin Craigen, Binta Goodridge, Ciara Halloran, Helen Hume, Anna Khroshilov, Sarah Mariah Khoumsi, Marie-Michelle Lalande, Anne Lavallee, Kyra Ling-Jay, Sheetza McGarry, Ava Merrins, Julia Robinson, David Schramm, Sophia Swettenham, Anthony Zhong

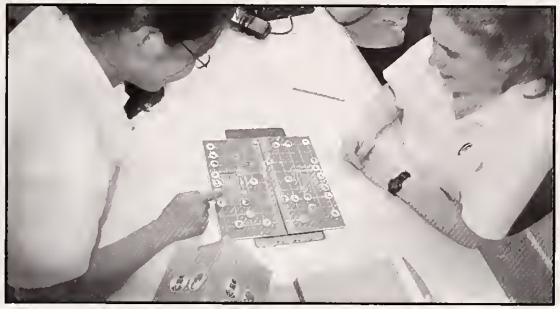
In the Board Games Club we played lots of different games such as checkers, chess and bingo. At the end of each meeting, Mr. MacPhie would teach us interesting chess moves. This was the first year I was in the Board Games Club and I had a blast!

### Book Club

Maddie Carwile, Grace Crolla, Anisha Dhalla, Emma Dolhai, Emily Featherstone, Lauren Matthews, Adrianna Moeller, Ameera Moledina, Staff Supervisor: Ms. Clubine

The Book Lovers' book club met on a regular basis all yea The reading selections were chosen by the members of th club, read carefully, and then discussed at a later meetin The reader who chose the selection then led the discussic of the book. The books we read were from a variety of genre fantasy, historical, and contemporary fiction. As such, would be difficult to choose a favourite one. Taking time read, however, has been a favourite task for all.





### HESS CLUB

toria Bonar, Katie Carwile, Maddie Carwile, Crystal Li, nderica Quesnel-Malanka, Emily Soussana, pervisors: Mr. Soussana, Ms. Marty

### CHINESE CHESS CLUB

Emily Chaisson, Alicia Leung, Valerie Touchette-Mosley, Sabrina Villeneuve, Teacher Supervisor: Ms. Rubarth

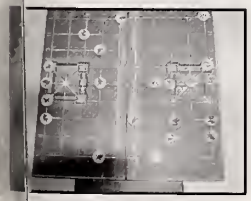
### CHIME CHOIR

Zakiya Abdullah, Alana Bobra, Larissa Bobra, Sophia Caragianis, Nicola Denison, Tanya Duncan, Louisa James-Beswick, Michelle Le, Chloe Lucas, Ras-Jeevan Obhi, Alex Parizeau, Michaela Kainz-Potter, Tennyson Kainz-Potter, Fumi Shibutani, Meera Singla, Paige Tremblay, Supervisor: Cathy Wiley

ery Tuesday after school, a group of middle and senior dents head to room 1.06 to play chess! Courtesy of our ach, Mr. Soussana, we have lots of tasty snacks, which mbers enjoy as they pair off for a challenging game. The versations between the players vary from how to perform three move checkmate to witty banter about who is ning. And of course no Chess Club meeting would be nplete without Mr. Soussana playing two to three games once, and beating all of his opponents! This year we had ood combination of experienced chess players and vices and all of our members have greatly improved their ne. We would like to thank Mr. Soussana and Ms. Marty a great year.

This club was open to all senior school students, on Day 8 Wednesdays While eating our lunches, we played against one another. The objective of Chinese chess is to check-mate the General. Unlike Western chess, Chinese chess includes pieces such as canons, soldiers, horses, elephants, guards and chariots. The game encourages strategical thinking because the player has to look at all aspects of the board-offensive and defensive. It was a lot of fun to learn about the game and the different Chinese characters. Throughout the year we had many laughs and memorable times. A big thank you goes out to Mrs. Rubarth for organizing the club. She made it amazing, especially with the occasional special treat!

Chime Choir is lots of fun. We practice every Wednesday from 3:20 to 4:20. We also perform songs for friends and family. Mrs. Wiley makes playing the chimes fun and easy to learn. When you play the chimes, you have a good feeling inside that you can do something special. You may not be very good at first at playing the chimes, but it is the effort that counts when you play. If I rated chime choir on a scale of 1-10, I would probably rate it 10.5!!



# Choir

## Primary Choir

Lyanna Abdulla-Rahman, Alexandra Akman, Bronte Assadzadeh, Alexandra Blackadar, Chloe Bonnet, Cailin Craigen, Hoda Darwish, Nikki Denison , Mallory Fung-Kee-Fung, Binta Goodridge, Ciara Halloran, Mi Yen Ho, Helen Hume, Sarah Jackson, Rachel Kamel, Anya Khoroshilov, Sarah-Mariah Khoumsi, Marie-Michelle Lalande, Anne Lavallee, Kyra Ling-Jay, Chloe Lucas, Katie Mc Adam, Jenny McCracken, Brooke Mierins, Ava Mierins, Julia Robinson, Eva Sabine, Sophia Swettenham, Meredith Wilson-Smith, Anthony Zhang, Choir Director: Ms. Pike

Every Wednesday something amazing happens. Well, all you other people out there might not think so. But my friend Brooke and I, we think it is. I won't keep you in suspense any longer… it is Primary Choir!! Go ahead and laugh if you like, but I just marvel at the way that students big or small, all have a chance to shine like stars. What I am trying to say is , all children who sign up for it turn voices that make you want to cover your ears for a solo into beautiful harmony. So, I greatly encourage you to sing up for Primary Choir. You never know what you're going to discover.

## Junior Choir

Zakiya Abdullah, Claire Avasar, Alana Bobra, Larissa Bobra, Lindsay Brandys, Allison Bui, Danica Bateman, Sophia Caragianis, Claudia Cinotti Ballarte, Melissa Dodge, Lilith Dost, Celina Gilligan, Kim Godin, Rebecca Godin, Maaike Gooderham, Anna Gow, Joa Hoshizaki, Michaela Kainz-Potter, Michelle Le, Megan McGinn, Jenna Moledina, Alexa Naccarato, Ras-Jeevan Obhi, Daron Richardson, Katie Rinker, Noni Shemenski, Maki Shimizu, Fatima Zaidi, Elaine Zhang, Choir Director: Ms. Pike

In Junior Choir, I have learned many new songs, and I like all of them. Mrs. Pike is a great teacher; she never told us we were bad singers. I am looking forward to singing at a Medical Conference at the Westin Hotel on November 16. The Junior Choir will be singing more songs for other special events later next year. It is fun to sing in a club. I am also looking forward to the Christmas concert. It is going to be lots of fun; just like Junior Choir practices!

## Middle School Choir

Lucy Holden, Alisha texeira, Emily Lister, Sarah Bouzanis, Chiristina Rizk, Alisha Wilkinson, Choir Director: Ms. Pike

The Middle School Choir had a very successful year with c new choir director, Mrs. Pike. Throughout the year enjoyed Thursday-night practices and sang at many perf mances including the Remembrance Day assembly, Holiday Concert, Middle School Talent Show and the Spr Concert. Our many pieces included O Canada, Dona Nc Pacem, Mary had A Little Blues, and the Circle of Life. are very grateful to Mrs. Pike for coming up from the Jur School to direct us this year, and we would also like to th our accompanists- Carol Chu and Mr. Palmai.

### :NIOR CHOIR

:a Cameron, Rachel Currie, Sarah Dost, KwanYee Fung, rah Groves, Noushig Kadian, Alexandra Kanters, Danika minski, Xioying Liu, Kerry McInnes, Margaret Seaborn, Ao hira, Sonya Wadhera, Choir Director: Ms. Pike

oir this year was a transition in choir directors from l:. Palmai to Mrs. Pike. Overall, the members of the oir enjoyed the work we did. Meeting every week was at and we ended with great success in what we were ng, despite the many difficult songs. We participated i many Elmwood events and performed at different t.es during the year, receiving a feeling of involvement vh the Elmwood community. Thanks to Mrs. Pike, Mr. F mai, and all the members for making this year a esome.

### CLASSICS CLUB

Emily Bain, Taylor Bourdeau, Katie Carwile, Stephanie Chapman, Siham el Rayes, Laura Haebe, Katarine Hyatt, Alison Jamieson, Danika Leminski, Alison Miller, Michaela McGee, Kelly O'Connor, Isabella Price, Emily Soussana
Teacher Supervisor: Ms. Ellison

This year, Elmwood's Classics Conference team consisted of eleven students from grades 9 - 11 (and one cow-costume and lampshade), whose enthusiasm and interest led them to dedicate an enormous amount of their time on weekends and after school (since September!) to prepare for the events of the Ontario Schools Classic Conference! Approximately 20 public and private schools from across the province brought 500 - 600 people to this event, held in St. Catharine's to participate in Creative-, Athletic-, and Academic-category events. Elmwood's Classics Club, brought back several top positions in the arts categories, including the Top Per Capita Creativity Award. Much thanks goes to Ms. Ellison for her dedication, assistance, support, and Timbits. Gratia tibi maxima agemus.

### CLAY CLUB

Dina Ahmed, Madeline Carwile, Tori McIntyre, Adriana Moeller, Margot Whittington, Melissa Yelle
Teacher Supervisor: Ms. MacLeod

All year long the Clay Club would meet every second Wednesday in the art-room to experiment with clay and create delightful pieces of art. The girls would learn how to use the various glazes and tools to create interesting pieces. It was always enjoyable to see the girls working with the clay and trying out new skills using various tools.

# Dance

## Dance Club

Birte Brockmann, Shannon Currie, Rachel Currie, Linnea Pauls, Saumya Saxena, Anuja Sinha Student leaders: Rebecca Cheff, Anisha Sinha

Elmwood School has introduced a new club that combines art and athletics into one. Our many goals include improving flexibility, rhythm, and co-ordination. Ranging from traditional Spanish footwork to hardcore Hip Hop, the Dance Club exhibits dances from all over the world. Every member was always up to the challenge of learning something new and completely out of their comfort zone. It was this drive and passion that created an atmosphere of motivation while maintaining the element of fun. Staying active and listening to our favourite music, the dance club was successful and looks forward to many years to follow. We would like to thank Ms. McLean and Ms. Abada for supervising and allowing this club to perform at its best.

## Drama Production - "Ten Lost Years"

Cast: Kate Boychuk, Hilary Brown, Lisa Cameron, Stephanie Chapman, Clare Funston, Nikki Campbell, Natasha Duncan, Emma Godmere, Sarah Groves, Danielle Hodgson, Malene Hoftun Jaeger, Marie Hoftun Jaeger, Alison Jamieson, Alexandra Kanters, Dr. Mahin, Kerry McInnes, Alison Miller, Sandi Quesnel-Malanka, Sophie Riding, Saumya Saxena, Stephanie Shea, Leah Somers, Emily Waite, Rachel Witherspoon, Lucy Zheng, Stage Managers: Meaghan MacLean, Sarah Taylor

This year, Elmwood Theatre staged 10 Lost Years with performances running form February 15th to February 19th. Our inspiring director Angela Boychuk and her actors took on this challenging piece and, after five months of hard work, could finally present to the Elmwood community an emotional, humorous and controversial depiction of the Great Depression of the 1930s. A huge thank you goes out to Ms. Ellison for hair and makeup, Mr. Boychuk for set design and for coaching the actors through the one of their favourite scenes - the "stomp", Mrs. Pike for coaching the singers, Mr. Godmere for helping the cast believe, but most of all, Ms. Boychuk!

## Junior Drawing & Computer Club

Chloe Bonnet, Cailin Craigen, Mallory Fung Kee Fung, Ciara Halloran, Andrew Hanna, M Yen Ho, Helen Hume, Katie McAdam, David Schramm, Sophia Sweteenham, Karina War Anthony Zhang

On Mondays after school throughout Term 1, junior sch students had Drawing Club with Madame Couture a Computer Drawing Club with Mrs. Blackadar. In compu drawing club, we learned to draw Bloat, the fish, and Squ the turtle from *Finding Nemo*. In drawing club, we learr how to draw a frog, mouse, cat, tiger, witch, Garfield, a Sponge Bob. I really liked drawing Garfield because h funny. Mme Couture said to look at the biggest shape wh you draw, then to look at the smaller details. Lastly, shes to look at the negative spaces around the obje By Helen, Grade 2.

# Help Lesotho

## ÍIDDLE SCHOOL GREEN TEAM

aryam Abdul Rahman, Juliet Caragianis, Madeline Carwile, ace Crolla, Caroline Foody, Joanna Hwang, Gillian cCracken, Adriana Moeller, Ameera Moledina, Alex Nguyen, ancesca Schembri, Priya Wadhera, Maggie Zhu, Joanna otins Staff Supervisors: Ms. Gowan, Ms. Grace

ıe Elmwood Middle School Green Team, a group of veral girls in grades 6-8, accomplished a great deal this ar towards erasing Elmwood's environmental footprint. e committed club met every Tuesday at lunch to discuss ys in which they could help the school to improve its cycling program and raise awareness about environmental oblems. The girls also spoke with the kitchen staff about eir recycling plan. Additionally, the group hosted a ndraiser, "Baking for Bins", that aimed to raise support for nore efficient recycling process for the kitchen. All in all, Green Team had a very successful year and would like hank their patient and enthusiastic leaders, Ms. Gowan d Ms. Grace.

## SENIOR GREEN TEAM

Nikki Campbell, Emilie Chiasson, Meagan Cork, Sarah Dost, Marcela Ferro, Rina Halili, Noushig Kadian, Claire Moon, Saumya Saxena, Margo Vachon

The Senior School Green Team worked on several initiatives this year. We focused on the education of the student population by transmitting messages about environmental change and about what individuals can do, through assembly power-points and the Green Team board. The main project this year was getting the school's recycling program into shape, which included setting up a battery disposal bin and reorganizing the recycling going on in the classrooms. So far, we have been very successful. One of the highlights of the year was hosting the Ottawa Stewardship Council's Anniversary, which gave us all a chance to meet and talk to environmentalists. The team will continue to work on school initiatives and on students' ongoing education and involvement in environmental issues.

## HELP LESOTHO

Nicolle Bonar, Prashanthi Baskaran, Sara Bastianelli, Nikki Campbell, Shamila Charania, Rachel Currie, Danielle Hodgson, Rachel Hutchinson, Shayla Kelly, Bronwyn Thomson, Priya Wadhera, Natasha Watcham - Roy, Rachel Witherspoon Student Leaders: Rebecca Cheff, Anisha Sinha Teacher Supervisor: Mr. Buck

Do you think a long-distance relationship is hard to maintain? What about one involving 600 students in two schools across the world? Elmwood's Help Lesotho Club knows this is a hard task. Our objective this year was to strengthen our relationship with our twinned school, St. Charles High School in the impoverished, HIV-ravished yet culturally vibrant Lesotho. With a team of dedicated girls, we have increased awareness in the school through presentations and postings on a brand new bulletin board. Our calendar fundraiser was an incredible success; 65 calendars were sold and 1300$ was raised! Join the team next year because it is going to be another amazing time! Many thanks to Mr. Buck and Ms. McCann who have supported us the whole way!

# House Council

### Middle School House Council

Stephanie Babinski, Quincy Batson, Juliet Caragianis, Julia Davis, Kelly Hunter, Rachel Mines, Rachel Oster, SangHa Park, Becky Robinson, Sarah Seward Langdon, Andrea Tannis, Kelly Woods, Chair: Sarah Taylor

In house council this year, we had 13 members who were voted in. Normally there are only 12, but there was a tie in grade 7 for Wilson. We hosted many dances with Ashbury and Mac Donald Cartier Academy. On December 22nd, Sarah Taylor, Ms.Barr, Mrs. Bradley, and most of the house council, went to the Wal-Mart and bought groceries and toys for 2 big families for Christmas. It was called the Christmas Hamper Program. Then we went to someone's house and wrapped the gifts. After that, we delivered them to the houses of the families. They were so glad when they received our gifts. We continued to host more dances at the school. We all would like to thank Sarah Taylor for keeping the tradition of House council!!

### Senior School House Council

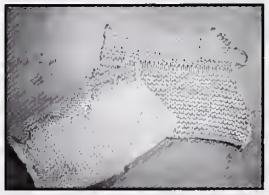
Hilary Brown, Jen Fuller, Shilpa Goel, Marie Hoftun Jaeger, Sandy Kechichian, Shayla Kelly, Samantha Lamontagne, Alicia Leung, Kerry McInnes, Rachel Selwyn, Bronwyn Thomson, Cynthia Wallace, Chair: Emma Godmere

Senior School House Council this year was a lot of fun. We had meetings every Thursday at lunch. We accomplished many projects, including the Warm Clothing and Food Drive, Candy Canes, and 2 Stress Relief Days and much more. Attending and helping out at school events such as house fundraisers, was perhaps one of the best parts of being a member of House Council. The most stressful part of the year was most likely the Candy Cane sale because there were so many to tag, and ironically the Spring Stress Relief Day too. Our group worked really well together under the leadership of Emma and came up with tons of new ideas for the student body. We worked amazingly as a team, and really took initiative and followed through with everything we started. It was a great year!

### International Students Club

Madeline Burnatowski, Sarah Dost, Miriam Goubran, Noush Kadian, Danika Leminski, Linda Liu, Kate Lysenko, Amelie Meyer-Robinson, Rebecca Moeller, Claire Moon, Diane Nakamura, , Niya Sang, Neeti Vanaik, Sammy Yun
Staff Supervisor: Ms. MacLeod, Ms. Rubarth, Ms. Milosevic

The International Club is a group of students from a w range of ethnic backgrounds that meets every Friday t lunch. Each week, members representing a country, brin samples of traditional food and share something about tl country with the rest of the group. The members disc aspects of their cultures in the company of other internatic students while enjoying multi-cultural foods.



## ITTING CLUB

ryam Abdul-Rahman, Ivy Bregman, Juliet Caragianis, ddie Carwile, Marcela Ferro, Johanna Hwang, Maja nstelj, Judy Lee, Lauren Matthews, Kerry McInnis, Adriana eller, Ameera Moledina, Madison Norton, Rachel Selwyn, ti Singla, Priya Wadhera, Laura Weissman, ff Supervisors: Mrs. Barr, Ms. Comerton

Mondays and Thursdays after school, and any day at ne, girls from all grade levels could knit an 8" by 8" square Blankets for Canada. All the squares were joined together nake a large, colourful blanket and every square earned girls five community service hours. The Blankets for ada Society collected hand-knitted blankets from all r Canada and gave them to people in need. This was a at cause and a lot of fun!

## MIDDLE SCHOOL MUSICAL

CAST: Maryam Abdul Rahman, Celyna Arnold, Ivy Bregman, Rebecca Boucher, Juliet Caragianis, Maddie Carwile, Noor Darwish, Julia Davis, Roxanne Griffith, Julia Hewitt, Anna Hoftun Jaeger, Lucy Holden, Emily Lister, Emma Lynn, Anna MacCorriston, Gillian McCracken, Tori McIntyre, Melissa Noel, Rachel Oster, Christina Rizk, Anuja Sinha, Kaleigh Timmins, Olivia Tuli, Margot Whittington, Melissa Yelle, Joanna Znotins
CREW: Lisa Cameron, Clare Funston, Emma Godmere, Sarah Groves, Malene Hoftun Jaeger, Meaghan MacLean, Emily Miller, Ishani Nath, Melissa Peters, Sophie Riding, Stephanie Shea, Leah Somers, Sarah Taylor, Rachel Witherspoon,
Staff Supervisors: Mrs. Boychuk, Mrs. Bradley, Mrs. Pike

This year, grade 12 IB diploma student Malene Hoftun Jaeger set out to organize the musical, 'The Sound of Music'. We practised hard for our performance just before the Christmas break. We met at least once a week to go through our play. All of the cast would like to thank all of the senior students that dedicated their time, especially our director Malene. Malene worked very hard on the production and many thanks for the opportunity to participate in theater. We had some amazing experiences, and made some great new friends! See you all next year!

## OSAID

Sarah Groves, Samantha Lamontagne, Emily Mansfield, Rebecca Moeller, Bev Part, Anne Piggot, Sophie Riding, Leanne Sharzer, Alicia Timmons, Kacie Thompson,
Student Leaders: Sarah Black, Lisa Cameron

This year's OSAID club has been nothing but a success. With a handful of dedicated members we were able to raise both awareness and funds for 'Mothers Against Drunk Driving'. We kicked off the year with weekly meetings, sharing our own experiences with impaired driving [applauding the many preventative measures our group had taken in the past]. We attended the provincial OSAID week, with different activities each day [including an awareness lunch, pledge rings, "mocktail" dances, and of course the famous BYOBanana sundaes!]. In the winter we worked hard on the first ever OSAID epic motion picture, which educated the viewers on the effects of both peer pressure and underage, irresponsible drinking. The film's premier was presented to the entire senior school in the spring, and received a lot of positive feedback. The goal of this year's club was to raise awareness and help students and staff to make responsible decisions. I am confident that we have achieved our goal.

# Recorder

### Recorder Ensemble

Allison Bui, Lilith Dost, Chloe Forgie-Williams, Emily Groper, Anna Gow, Joa Hoshizaki, Courtney Mulock, Priya Muradia, Alexa Naccarato, Gigi Nguyen, Selena Saikaley, Alyssa Shenassa, Katia Tawagi, Elaine Zhang Director: Ms. Pike

The Grade 5 girls are having so much fun in Recorder Ensemble playing the base, alto, soprano, and mini recorder. The girls are learning to play with new instruments and different fingering and to succeed at playing new songs. They struggled in some parts, but after the grade 5 girls practised, they felt good. How did they become so good, you ask? Well, my friends; that is a gift. This gift comes alive when you practice, when you are a risk-taker and when you are successful in what you want to do.

### Salsa Club

Juliet Caragianis, Miriam Goubran, Noushig Kadian, Danika Leminski, Julia Renaud, Aarti Singla, Priya Wadhera
Staff Supervisors: Ms. Moreno, Mme Abada

Salsa club is always a great way to groove to some tunes and learn about the Hispanic and Caribbean culture. Ms. Abada and Ms. Moreno were super teachers and they could really get a groove on! Thanks to everyone for all your spirit!

### Screen Team

Vanessa Assaly, Prashanthi Baskaran, Nicolle Bonar, Carol Chu, Rebecca Cheff, Rachel Currie, Sabreena Hirji, Rachel Hutchinson, Jasmine Rasuli, Anisha Sinha President: Neuc Mathurin Vice President: Krina Merchant

This year a dedicated group of 15 grade eleven s organized and created the silde shows that are displayec the school monitor screens. The group met every Thurs to discuss themes for screens, upcoming announcements areas of improvement. This year the screens encompa everything: sports, school announcements, entertainm literature and science. All the girls are sure to remembe late Friday nights spent designing screens to meet infamous Saturday deadline. On behalf of the screen t I can say that we truly had a fun and amazing year. N of this could have been possible without the help of Neu Mathurin our team leader and her sidekick Krina Merc Thank you for a great year!!!

## TUDENT AMBASSADORS

ephanie Babisnki, Sara Bastianelli, Isabelle Baxter, Lauren andys, Maddie Burnatowski, Rachel Currie, Sophia Dhalla, lia Fottinger, Miriam Goubran, Rina Halili, Anna Hoftun eger, Kelly Hunter, Alexandra Kanters, Allie LaCompte, mantha Lamontagne, Danika Leminski, Genevieve cSpaden, Krina Merchant, Rebecca Moeller, Kelly O'Connor, iisa Patel, Anne Pigott, Isabella Price, Julia Renaud, Melissa id, Shrutee Sardana, Leanne Sharzer, Bronwyn Thomspson, nya Wadhera, Shauna Turney, Margo Vachon Student ader: Alexandra Fottinger

ie Student Ambassadors once again had an amazing year. ot only were we joined by many new members, but we re rejoined by many old ones. Participants gave up their ghts many times, staying after school to welcome and tour ospective parents at the Open Houses and mingle with mwood Old Girls at the Holly Tea. New to Elmwood this ar was the Bring a Friend to School Day and Elmwood pen Day, where many Ambassadors participated. Overall, had a great year, and the Ambassadors were great presentatives of Elmwood.

## TACO

Riyaz Basi, Prashanthi Baskaran, Sara Bastianelli, Nicolle Bonar, Ally Brown, Hilary Brown, Rebecca Cheff, Carol Chu, Meagan Cork, Sophia Dhalla, Alexandra Fottinger, Jennifer Fuller, Shilpa Goel, Allie Hodgson, Rachel Hutchinson, Alexandra Kanters, Sandy Kechichian, Samantha Lamontagne, Lore Lima, Emily Mansfield, Karin McDowell, Krina Merchant, Ishani Nath, Raisa Patel, Anne Pigott, Ruthanne Rath, Saumya Saxena, Joanna Schembri, Anisha Sinha, Sonya Wadhera, Cynthia Wallace, Daphne Wallace, Anne Wilson Student Leader: Lillian Wallace Teacher supervisor: Ms. McCann

In its second year, Taking Action and Caring for Others (TACO) met every Monday at lunch. Forty dedicated members have successfully undertaken three projects: Senior Sister Best Friends Forever (SSBFF), TACO presentations, and the Middle School Leadership Camp. The SSBFF program introduced senior school representatives in middle school homerooms. This year presentations were extremely successful, and although the camp had to be cancelled because of bad weather, a leadership afternoon took place at Elmwood. With the guidance of Mrs. Spence and Ms. McCann the club has grown substantially. A big thanks goes out to everyone!

## TARTAN TATTLER

Katherine Carwile, Madeline Carwile, Shamila Charania, Joanna Hwang, Katherine Hyatt, Alicia Leung, Michele McPherson, Raisa Patel, Isabella Price, Lucy Robert, Francesca Schembri, Joanna Schembri, Aarti Singla, Priya Wadhera, Sonya Wadhera Editor: Margo Vachon

Elmwood's newspaper, The Tartan Tattler, had a very successful year! The first issue written was the last issue to be handed out in printed form. The next issues were then sent out to students in a pdf file, and now they can be found online so you can read any issue of the Tattler whenever you want (and we're saving trees)! Once a week the girls met, planned, drew, and wrote the articles that are shown every month and a half in the newest issue. They were a dedicated group that always jumped at the opportunity to write about student life, the arts, sports, and much more! Thanks for a great year girls.

*passion [pash-uh-n] n 1. intense emotion 2. intense enthusiasm 3. outburs*

# Passion

[pash-*uh* n]

"A great leader's courage to fulfill his vision comes from **PASSION**, not position"

*of emotion* *synonyms: fervor, obsession,* enthusiasm, delight, zeal, fervency, drive

*[John Maxwell 1947 - ]*

# Administration

Mrs. Helen Hirsh Spence
HEAD OF SCHOOL

As I reflect on my years at Elmwood, joyful memories dance across each frame of the movie that is replayed in my head. I see cheerful faces as they matured over the years along with images of each of you engaged passionately in your various pursuits.

We have shared so much together: the excitement and enthusiasm of learning combined with the motivation and desire to achieve great things. Our goals and dreams may not have been identical, however, as members of this unique learning community, we shared a collective vision of excellence and we took the initiative to make new and exciting things happen for everyone in our midst.

And you, all of you, are truly remarkable. Your gestures of kindness and compassion, as demonstrated by the many charitable works in which you participate are generous and special. Your spirited discussions in class or your candid interactions in hallways, confirm that you are truly curious and inquisitive, and you seek to understand the other's perspective. You grasp the meaning of tradition and you are determined to ensure that Elmwood's traditions are honoured and respected. Some of you have even gone so far as to role-model the importance of self-respect by dressing daily in your number one uniform this year. Now, that took courage!

You never cease to challenge yourselves. You have pushed your personal boundaries by making presentations in assemblies, participating in Arts events, joining school teams, mastering white water canoeing, acting in the Middle School Musical Revue, running for the Cure, or climbing Mt. Kilimanjaro. You take inspiration from your passion and your passion inspires others.

Our intimate Elmwood community is infected with the enthusiasm that you bring to it daily as you embrace your studies, participate in sports, or delight in your creative endeavours. I have seen how you bring your hearts to school and share them with friends and staff.

Over my years at Elmwood, you have had a powerful influence on me. Your strength of character, your awareness of global and environmental issues, your optimism in the face of trials and tribulations, your willingness to take risks, be defeated, fail and grow, have inspired me and reinforced my belief that you will make the world a better place.

To those of you who are graduating, I wish you well on this next stage of your journey. To those of you who remain, you have all that it takes to continue on a very successful path. Dream with confidence and anything can happen!

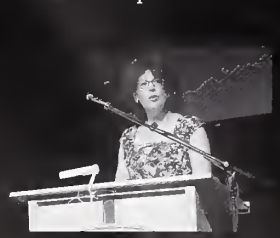
Thank you all for the unforgettable memories.

Mrs. Suzana Szymanski
DEPUTY HEAD

As we once again prepare to celebrate the completion of
challenging and rewarding Elmwood year, it is hard to b
lieve all that we have accomplished together in a mere te
months! It is fitting that this year's Samara theme is driv
inspiration and passion—all the necessary ingredients f
achieving one's goals and enjoying the journey.

As a school community, Elmwood has been driven to achie
its status as the first all girls' IB school from Kindergarten
Grade Twelve in North America. This year's authorizati
as a Primary Years Programme (PYP) school ensures th
the development of attributes for life long learning and g
bal citizenship begin in Kindergarten class. I was most i
spired by a visit to Grade One where I witnessed the st
dents using Venn diagrams to identify commonalities a
differences between their homes, and homes around t
world. They then prepared PowerPoint and oral presen
tions which they thoughtfully delivered to teachers and p
ents. Well done Grade One!

Our Middle Years Programme (MYP) has its first gradua
in our Grade Ten students. Grade Ten students will be t
first Elmwood girls to receive the MYP certificate at closi
after expressing their passion through unique personal proje



)ur academic focus this year was on integration of all three 3 programmes—PYP, MYP, and Diploma—and on the levelopment of student portfolios to be shared with parents t student led conferences. Despite the initial groans, stu-ents enthusiastically conveyed their academic progress and oals to their parents at well attended conferences. We have he videos to prove it!

he Grade Seven Science Fair set a new standard for excel-nce this year. From environmental themes, to Coke stained eth, and dominant rats who couldn't find their way out of maze, students demonstrated their learning in research, xperimental design, and analysis of results.

udent life was spirited and non stop. Assemblies profiled l student passions—dance club, environment club, Am-esty International, Did you Hear?, OSAID and birthdays, lassics, Choir, Band, Tartan Tattler, Waterpolo, Soccer, ugby, Basketball, Volleyball, Tennis, Golf and Ultimate isbee. Special guests included Rosalind Wiseman, the ighty Popo, and Margaret Girard from the class of '41.

ACO offered its wisdom and peer support in homerooms; nior House Council started Stress Relief Days and Mon-y morning announcements; and thanks to the prefects, all know the words to our hymn. Warm Clothing and ood Drive, the Fry Skating Party, Nightingale Breakfast, ilson Coffee House, Keller Dog Day, Sports afternoons, ts night, and Hallowe'en Town surpassed all expectations.

e year has been dynamic and full. I have been both ven and inspired by your passion and achievement. I ok forward to working with all of you again, this time, ing as your Head (mistress)!

Mrs. Gretta Bradley
Middle School Vice-Principal

This year's editors are to be congratulated on finding a theme that truly distinguishes Elmwood. The catch phrase "What's your drive?" focuses the book on the very heart and spirit of our school- the passion with which its faculty, students, and parents bring to their every endeavour. Why should we care whether or not our community loves what they do? Passion necessarily brings with it many characteristics that are the hallmarks of a successful life.

When I was in Middle School, I read "The Diary of Anne Frank". I was taken by Anne's passion for life and she became a person after which I modelled my own. Through Anne, I learned that passion is optimistic and hopeful in the face of adversity. Her love of life came from a strong belief that "Despite it all, humans are basically good." Anne taught me that one person, however unwittingly, can make a difference in the world. Passion brings with it a generosity of spirit that focuses on our tremendous potential and protects us from losing our purpose in the face of the naysayers.

I am proud of our staff and students in the Middle School. They have exhibited their passion in so many ways. It would be impossible to name them all, but here are a few. The Student Council took leadership of the Christmas Hamper program, organizing a dance to raise money and giving of their time to buy and deliver food and gifts so that a family could have a Christmas. The girls who volunteered for the Athletics Council used their lunch times to revitalize the athletics program making proposals, selling T-shirts, doing surveys, and bringing us the Elmwood Eagle. The Environmental Club worked to make Elmwood a greener school. It breathed new life into our recycling program and ran a successful campaign to sell cloth shopping bags. Our Knitting Club created a beautiful patchwork blanket to send to Blankets for Canada. Our sports teams exemplified our Athletics Department motto passion, courage and commitment.

As part of our International Baccalaureate Program, students raised awareness about television and computer use. They organized a 2 km walk/run to promote healthy lifestyles among our students. They raised money for the Heart and Stroke Foundation by organizing the "Hoops for Heart" program. Middle School students threw their support behind all our House causes- Interval House, the Elizabeth Fry Society, the Canadian Landmines Society and Canadian Guide Dogs for the Blind. Your enthusiasm for life is everywhere and your school is a better place for it. Your passion is our heart.

# Administration

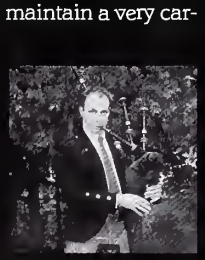
**Mr. Gary MacPhie**
HEAD OF JUNIOR SCHOOL

As the Head of the Junior School at Elmwood one of my greatest priorities is helping all children develop a strong self esteem. In my opinion developing a child's self worth is fundamentally important in a child's educational framework. Children who have positive self-esteem have confidence in their teacher, the classroom and themselves. They are not afraid to take risks and they learn from their mistakes. With daily positive reinforcement and a non-threatening learning environment, teachers can provide this framework which allows children to grow mentally and spiritually. Parents also play an important role in their child's educational success. Maintaining excellent relationships and open channels of communication between parents and teachers is crucial.

Children develop at their own rate; they also have different learning styles. Each child brings his or her own unique thinking patterns to school everyday, and the challenge then is for teachers to employ various teaching strategies to cater to the different stages of development as well as all the different learning styles of the students. This is a daunting task and this is why I believe the teaching profession at the elementary years is so challenging. Teachers of this age group know exactly how to multitask and yet maintain a very caring and nurturing environment allowing the children to grow independently and become responsible citizens of the world around them.

For more than 25 years I have taught and worked with children ages 4-11 years old. For the past 20 years I have worked in Kindergarten – Grade 12 schools in Africa, Middle East, Asia and North America. My inspiration comes from working directly with so many teachers, helping them to discover their talents and allowing them to teach to their capabilities. Teaching is a passion and our Junior School has some of the finest teachers.

My time at Elmwood School has been very special in deed. Just spend a day with children under the age of 11 and you will know instantly the energy level required. I live in a world where children bring enthusiasm and natural curiosity to school on a daily basis. It is this joy that I see that allows me to encourage and support children on their journey of learning. This is my drive, my motivation and my commitment.

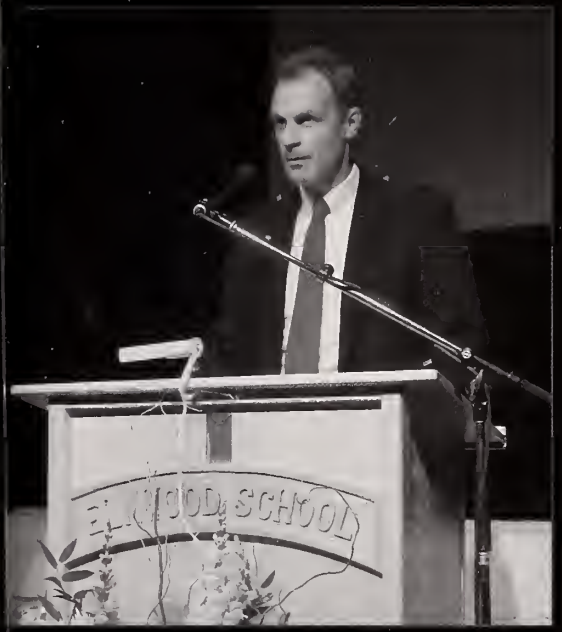


MRS. HELEN HIRSH SPENCE
HEAD OF ELMWOOD 2003-2007

Thank you Helen for all that you have contributed to our comm nity. Your dedication and commitment to the school, the hi standard of excellence, the multi cultural lens through which y see the world, the power of sport and trekking, the new direction student leadership and the raised awareness of environmen issues.

We know that you are leaving as you arrived, all those decad ago, in the company of young people, all our hopes and dreams the future laid confidently in their arms. Leave knowing that eve day, as an educator, there was nothing more important you shou have been doing. This is truly the noblest of professions to whi you have dedicated your life—at times the most challenging, t hands down the most rewarding. I know from our many conver tions, that our students, our boys and our girls, have never dis pointed you. They have inspired us all, taught us, and shown another way. We have learned as much as we have taught.

A bientot ma colleague, danke shon fur alles, hasta luego(a).
(Suzana Szymanski)



**Mr. MacPhie**
**Head of Junior School 2004-2007**

or three years Mr. MacPhie has been a visible, active presence in the Elmwood community. From the moment we met him, we knew we had a treasure in our midst. Mr. MacPhie is the kind of educator and leader we all aspire to be as he is principled, caring and supportive. He strives to develop sincere and open relationships with the students, staff, parents and community. We appreciate the international perspective Mr. MacPhie brought to Elmwood. Everyone loved hearing his travel stories and found his worldly nick knacks to be very intriguing. We will miss him and his unique talent of playing the bagpipes. He should know that he would happily follow his piping and leadership anywhere. We wish him and his lovely family all the best on their next adventure.

**Mr. Ken Buck**
**Elmwood English Teacher 2005-2007**

Throughout these past two years Mr. Buck has encouraged, enthused and inspired his students to feel confident when writing, to enhance their writing skills, and to respect all forms of literature. When leaving one of his classes, students walked out with improved comprehension of plays, books, language and creative English writing skills. To speak on behalf of those lucky students who were taught by Mr. Buck, it was an honour to learn from you and to be challenged every day to increase our knowledge and to become stronger and better writers. Thank you for everything and we wish you luck in the near future. Elmwood will surely miss you!

**Ms. Leslie MacLeod**
**Elmwood Teacher 1991-2007**

During the sixteen years Ms. MacLeod has taught at Elmwood she has influenced countless young lives. Beginning with her first Grade 2 class in 1991 through to her Middle School Art classes most recently, she has brought warmth, energy and a love of learning into every aspect of her teaching. Ms. MacLeod took a personal interest in every student. Through her contributions to Clay Club, Watercolour Painting Club and Cross Country Running Club, Ms. MacLeod gave generously of her time to the extracurricular life of the school. She never forgot her Junior School beginnings, returning to offer a Junior School Art Club and to paint the beautiful mural that graces the front lobby of the Junior School building. With her departure, Elmwood School loses a gifted colleague and an outstanding teacher. We wish her all the best in her future endeavors.

# Junior School

Mr. Adams

Mrs. Blackadar...running.... outdoor wonders

Ms. Breen

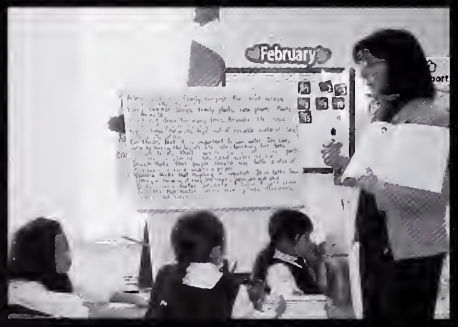
Ms. Corcoran

Mme Couture-Luk... art, children smiling

Ms. Demong

Mrs. Enticknap-Smith

Mme Gavan



Mrs. Hay...Tai Chi...
graceful, rewarding, tradition

Mrs. Holbrook

Ms. Huggins...swimming...
feeling fit

Mrs. McCaffrey

Mrs. Oickle...my family...
NFL football (go Eagles!)

Ms. Ostiguy

Mme Patoine....travelling...
dancing, laughing, eating!

Mrs. Pike...music...singing,
instruments, ensembles!

Mrs. Theriault

Ms. Wiley...stained glass...
creative artistry

Ms. Zemlak

# Arts, Humanities

Mme Abada...chocolate, swimming, decorating

Mme Adams...reading... discovering new worlds

Ms. Biggar

Mrs. Boychuk...hiking in the Gatineau, early morning tea, spring crocus's, jazz

Mr. Buck...bicycle touring... endless horizons with a wind at my back

Ms. Cullen...frontiers... waltzing the wor(l)d

Mme Descarie...arts... visualize, discover, create

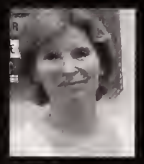
Ms. Ellison

Ms. Grace

# English, Modern Languages

Ms. Kelly

Ms. MacLeod...travel, visiting galleries and cooking!



Mr. Main...the Arts... they nourish the soul

Ms. Marty

Ms. Noon...Philosophy... exploring the human condition

Ms. Rossiter

Ms. Rubarth...zheng laoshi

Ms. Shiau...food... cooking, eating, sharing

Ms. Schwarzkopf...ART... expression, creativity, beauty

Ms. Torres...traveling

# Math, Science

Mrs. Anderson

Ms. Barr...hiking...
life's quiet exploration

Mrs. Boyd...jazz & classical music...
relaxing, edifying, stimulating

Ms. Brown

Mrs. Caputo...science songs...
students remember & have fun

Ms. Kerluke...all living things

Ms. Lamb....ice cream...
mmmm...sooooo good!

Dr. Mahin

# Physical Education

Mrs. Marchand...running... keeps me sane

Ms. Milicevic...books... take me to new places

Mrs. Neale...cottage life... peaceful, serene, relaxing

Ms. Purran

Mr. Toivonen...chocolate milk.... it makes me happy

Ms. Tweedie...windsurfing.... gliding peacefully forever

Ms. Vrancart...downhill skiing... fast, fun, exhilarating

# Admin, Admissions, Advancement

Mrs. Andison...give...
generously, fervently, unselfishly

Ms. Benoit...horse-back riding...
harmony with nature

Mrs. Caputo.....the Arts...Elmwood
student projects

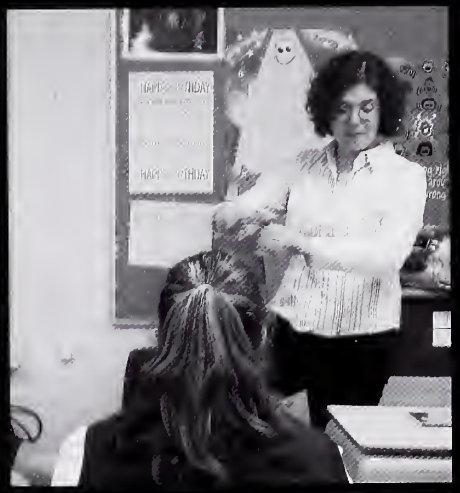
Mrs. Carver...fun...
living life to the fullest

Mrs. Clarke...Thursdays...
girls' night out

Ms. D'Alessio

Ms. Gowan

Ms. Jean-Pierre



# Guidance, Front Office

Ms. Marchand...running...
keeps me sane

Ms. McCann

Mr. McKinnon...sports...
especially football

Ms. McLean...LIFE...
all things creative!

Mr. Meldrum...skiing...
outdoor adrenaline rush

Ms. Moreno...vision...
to see beyond

Ms. Puff

Ms. Sproule

Ms. Waggoner...children...
inspiring, amazing, uplifting

Ms. Walton

# Library, Tech Support

Mr. Brown

Mr. Campbell

Mrs. Clubine...books...
escape, learning, knowledge

Mrs. Comerton...skiing...
exciting, thrilling, exhilarating

Mr. David

Mr. Dube

Mr. Hemeon

Mr. Keach

Mr. Kealy

# Maintenance, Kitchen

Ms. Kearley

Mr. Kelly

Mr. MacHardy

Mr. Medeiros

Mr. Charles Methol

Mr. Colin Methol

Mr. Molnar...food...
perogies, pumpkin pie, pizza

Mr. Power

Mr. Serrao

# Board of Governors

Jacob Polisuk
Chair

Faiza Abdulla

Rebecca Baker

Blake Batson

Sharon Black

David Boomer

Chris Brennan

Heather Chiasson

Catherine Clark

Catherine Coulter

Norma Davies

Michel Lucas

David Mason

Jean McCloskey

Benjamin Merkley

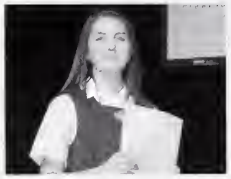
Jeffrey Miernins

Michael Potter

Ronda White

Picture Missing:
Lawrence Schembri

# Junior School Closing



Parents and Friends Association Award.....Emily Groper
Maclean Prize:.....Alexa Naccarato
Runner Up.....Emily Groper
Honourable Mention.....Anna Gow
Grade 4
Overall Outstanding Effort and Achievement.....Zakiya Abdullah
Grade 5
English.....Merrin Lalonde
Informational Studies.....Priyanka Goel
Mathematics.....Daron Richardson
Humanités.....Johanna Hoshizaki
French .....Johanna Hoshizaki
Physical/Health Education.....Selena Saikaley
Music.....Elaine Zhang
Overall Outstanding Effort and Achievement.....Anna Gow 5A
Overall Outstanding Effort and Achievement.....Priya Muradia 5B

House Awards:
Emerald "E"
Allison Bui
Lilith Dost
Chloe Forgie-Williams
Celina Gilligan
Priyanka Goel
Anna Gow
Emily Groper
Johanna Hoshizaki
Merrin Lalonde
Courtney Mulock
Priya Muradia
Alexa Naccarato
Gigi Nguyen
Daron Richardson
Selena Saikaley
Alyssa Shenassa
Katia Tawagi
Elaine Zhang

# Middle School Closing

## Middle School Athletic Assembly

| | | |
|---|---|---|
| 5/6 Soccer | MSP | Emily Montgomery |
| | MVP | Julia Davis |
| 6 Badminton | MVP | Julia Davis |
| 5/6 Basketball | MSP | Julia Davis |
| | MVP | Emily Montgomery |
| 7/8 Soccer | MVP | Celyna Arnold, Stephanie Black |
| 7/8 Vollyeball | MSP | Courtney Peters |
| | MVP | Celyna Arnold |
| Hockey | MSP | Christiana Rick |
| | MVP | Rachel Oster |
| Alpine Skiing | MSP | Avery Nowosad, Lauren Brandys |
| 7/8 Badminton | MVP | Andrea Lessard, Alice Bifield |
| 8 Handball | MSP | Alyssa Hartvich |
| | MVP | Maja Kunstelj |
| 7/8 Basketball | MSP | Courtney Peters |
| | MVP | Stephanie Pratapas |

Jody Maclaren Cup.....Alice Bifield
Fauquier Junior Cup.....Juliet Caragianis
Crowdy-Weir Bantam Award for Athletic Excellence.....Celyna Arnold
Grade 8 Honour Athletic Award.....Juliet Caragianis, Celyna Arnold, Sarah Gross, Stephanie Pratapas

## Grade 6 Academic Awards

Overall Academic Excellence.....Madeline Carwile
Overall Academic Excellence.....Julia Hewitt
Overall Academic Excellence.....Victoria McIntyre
Overall Academic Excellence.....Emily Montgomery
Art.....Adriana Moeller
Art Dramatique.....Melissa Yelle
English.....Madeline Carwile
Humanities.....Madeline Carwile
Core French.....Kathleen Gwozdecky
Science.....Kathleen Gwozdecky
Enriched French.....Ameera Moledina
Humanités.....Emily Montgomery
Mandarin.....Julia Hewitt
Mathematics.....Sarah Lee
Music.....Alexandria Nguyen
Physical and Health Education.....Julia Davis
Spanish.....Victoria McIntyre
Technology.....Ivy Bregman
Overall Effort and Progress.....Sarah Clarke

## Grade 7 Academic Awards

Overall Academic Excellence.....Emma Dolhai
Overall Academic Excellence.....Francesca Schembri
Overall Academic Excellence.....Margaret Zhu
Art.....Christina Rizk
Art Dramatique.....Quincy Batson
English.....Francesca Schembri
Humanities.....Joanna Znotins
Core French.....Anisha Dhalla
Science.....Francesca Schembri
Enriched French.....Stephanie Babinski
Humanités.....Caroline Foody
Mandarin.....Margaret Zhu
Mathematics.....Anisha Dhalla
Music.....Stephanie Babinski
Physical and Health Education.....Stephanie Shenassa
Spanish.....Stephanie Black
Technology.....Emma Dolhai
McDonald Cup for Math Effort & Progress.....Samantha Peters
Schultz Prize for Effort and Progress.....Linnea Pauls

## Grade 8 Awards

Overall Academic Excellence.....Lauren Brandys
Overall Academic Excellence.....Juliet Caragianis
Overall Academic Excellence.....Aarti Singla
Overall Academic Excellence.....Priya Wadhera
Overall Academic Excellence.....Leah Wright
Comprehensive Arts.....Aarti Singla
Humanities.....Aarti Singla
Core French.....Michele McPherson
Enriched French.....Leah Wright
Humanités.....Leah Wright
Science.....Priya Wadhera
Mandarin.....Joanna Hwang
Mathematics.....Priya Wadhera
Music.....Sarah Bouzanis
Physical and Health Education.....Juliet Caragianis
Spanish.....Anuja Sinha
Integrated Technology.....Lauren Brandys
Nancy Chance Prize for English.....Sarah Bouzanis
Laidler Cup.....Lucy Holden
Awarded to the girl who, not necessarily the highest in the form in studies or sports, has made her mark in the Middle School by her good character and xependability. It is given to a girl who can be relied upon at any time and is always helpful and thoughtful of others.
Southam Cup.....Juliet Caragianis
Awarded for the highest endeavour in all phases of school life in the Middle School. It is the equivalent of the Summa Summarum in the Senior School. It is given to the girl who best lives up to the ideals of Elmwood, who shows leadership, friendliness, and helpfulness to others in the school.
Parents and Friends Association Committee Award.....Priya Wadhera
Presented to the student who has demosntraated through voluntary activity a sense of civic responsibility, a spirit of co-operation and a commitment to school life and the continued success of Elmwood.

Silver "E" award for the accumulation of 300 house points from grade 6-8: Celyna Arnold, Juliet Caragianis, Margaret Murray, Rachael Murray, Aarti Singla, Alexandra Vincent, Priya Wadhera.

SECONDARY SCHOOL ENTRANCE SCHOLARSHIPS
Aarti Singla, Anuja Sinha, Alexandra Vincent, Priya Wadhera, Irena Wright.

# Senior School Closing

## Senior Sports Banquet

Golf MVP....Sheila McKeen
Tennis MSP....Joanna Schembri
MVP....Liz Maffet
Field Hockey MSP....Samantha Lamontagne
MVP....Christiane McGovern
Cross Country MSP....Julia Renaud
MVP....Victoria Bonar
Basketball MSP....Vanessa Assaly
MVP....Emily Cork, Cynthia Wallace
Swimming MSP....Bronwyn Thomson, Sara Bastianelli
MVP....Jane Reisman
Hockey MVP....Shayla Kelly, Sheila McKeen
Badminton MVP....Carol Chu, Diane Nakamura
Bronwyn Thomson
Alpine Skiing MSP....Noushig Kadian
MVP....Anne Pigott
Waterpolo MSP....Neuczki Mathurin
MVP....Liz Maffet
Jr. Volleyball MVP....Sandy Kechichian, Natasha Watcham-Roy
Sr. Vollyeball MSP....Christiane McGovern
MVP....Alicia Kerrigan
Track and Field MSP....Margo Vachon
MVP....Margo Vachon
Rugby MSP....Natasha Watcham-Roy, Ruthanne Rath
MVP....Christiane McGovern

Soccer MSP....Marie-Eve Legault
MVP....Liz Maffet
Green Form Drill Cup....Grade 11
Tennis Cup....Liz Maffet
Sports Captain Award....Liz Maffet
Physical Education Award....Emily Mansfield
Maynard Sportsmanship Cup....Selin Saatcioglu, Liz Maffet
Dunlop Intermediate Sports Cup....Meagan Cork,
Sandy Kechichian, Bronwyn Thomson
Wilson Sports Cup....Vanessa Assaly,
Karin McDowell, Sheila McKeen, Charlotte Pattee, Anne Piggot
Leadership Awards....Diane Nakamura, Carol Chu,
Marie Hoftun Jaeger, Emily Cork, Liz Maffet, Selin Saatcioglu,
Bronwyn Thomson, Sandy Kechichian, Jen Fuller
Great Yoi Honour Athletic Award....Alicia Kerrigan, Liz Maffet,
Christiane McGovern
OFSAA Award....Brenda Neale, Liz Maffet

## Grade 9 Academic Awards

Overall Academic Excellence....Alicia Leung
Overall Academic Excellence....Kelly O'Connor
Overall Academic Excellence....Valerie Touchette-Mosley
Dramatic Arts (ADA2O)....Lucy Zheng
Spanish (LWSBD)....Lucy Zheng
Visual Arts (AVI2O)....Kerry McInnes
Geography (CGC1D)....Maya Wilson
Latin (LVLAD/LVLBU)....Maya Wilson
Histoire (CHC2DF)....Kelly O'Connor
Principles of Mathematics (MPM1D)....Kelly O'Connor
English (ENG1D)....Kelly O'Connor
English (ENG1D)....Alicia Leung
Communications Technology (TGJ2O)....Alicia Leung
French (FEF1D)....Valerie Touchette-Mosley
Healthy Active Living (PPL1O)....Valerie Touchette-Mosley
French (FSF1D)....Crystal Li
Science (SNC1D)....Nimrat Obhi
Music (AMU2O)....Emilie Chaisson
Grace E. Knowlton Prize for Progress....Emilie Chaisson

## Grade 10 Academic Awards

Overall Academic Excellence....Sophia Dhalla
Overall Academic Excellence....Rina Halili
Overall Academic Excellence....Saumya Saxena
Dramatic Arts. (ADA3M)....Stephanie Chapman
Careers (GLC2O)....Marie Hoftun Jaeger
Civics (CHV2O)....Sophia Dhalla
Economics (CIE3M)....Sophia Dhalla
Chemisty(SCH3U)....Sophia Dhalla
Principles of Mathematics (MPM2D)....Sophia Dhalla
Principles of Mathematics (MPM2D)....Saumya Saxena
Spanish (LWSCU)....Saumya Saxena
French (FSF2D)....Saumya Saxena
French (FEF2D)....Noushig Kadian
Healthy Active Living (PPL2O)....Sandy Kechichian
History (CHC2D)....Rina Halili
Science (SNC2D)....Sarah Dost
Rothwell Prize for English (ENG2D)....Sarah Dost

### SCHOLARSHIP AWARDS

Alicia Bartlett, Sara Bastianelli, Alexandra Brown, Madeline Burnatowski, Stephanie Chapman, Meagan Cork, Sophia Dhalla, Jessica Edwards, Shilpa Goel, Noushig Kadian, Sandy Kechichian, Danika Leminski, Ekaterina Lysenko, Genevieve McSpaden, Raisa Patel, Ruthanne Rath, Joanna Schembri, Bronwyn Thomson, Sonya Wadhera.

Old Girls' Scholarship....Genevieve McSpaden
Awarded to a student who shows excellent academic achievement and demonstrates the qualities of character and citizenship that exemplify Elmwood's traditions and values.

Campeau Foundation Scholarship....Noushig Kadian
Awarded to a senior student who shows a flair for languages and ar interest in international affairs.

Norma Davies Scholarship....Bronwyn Thomsor
Awarded to a student who demonstrates a commitment to her school anc the attributes of character and focus that lead her to maximize her owr potential and fully participate in the opportunities that Elmwood provides

Milena Sigmund Scholarship....Sophia Dhalla
Awarded to a student with outstanding academic results and an entrepre neurial interest.

## Grade 11 Awards

Overall Academic Excellence....Nicolle Bona
Overall Academic Excellence....Nicole Campbel
Overall Academic Excellence....Rachel Hutchinsor
Overall Academic Excellence....Cynthia Wallace
Music (AMU3M/4M)....Krina Merchant
Visual Arts (AVI3M)....Rebecca Cheff
Economics (CIA4U)....Prashanthi Baskaran
History (CHA3U)....Neuczki Mathurin
Mandarin(LKMAD/LKMBD)....Neuczki Mathurin

French(FEF3U).....Neuczki Mathurin
Philosophy (HZB3O).....Neuczki Mathurin
English (ENG3U).....Rachel Hutchinson
French (FSF3U).....Rachel Hutchinson
French (FSF4U).....Cynthia Wallace
Dramatic Arts (ADA4M).....Nicole Campbell
Spanish (LWSDU).....Nicole Campbell
Math - Functions (MCF3M).....Taku Ngwenya
Math - Functions & Relations (MCR3U).....Queenie Fung
Math - Data Management (MDM4U).....Queenie Fung
Physics (SPH3U).....Queenie Fung
Healthy Active Living (PPL3O).....Emily Mansfield
Biology (SBI3U).....Nicolle Bonar
Chemistry (SCH4U).....Katharine Hyatt
Music Performance .....Krina Merchant
Classical Civilization..(LVV4U).....Isabella Price
Margaret Doetsch Cup for Senior Latin(LVLC).....Isabella Price
Heacock Creativity Prize (AVI4M).....Carol Chu
Heather Hoy Prize.....Isabella Price
Samara Editor's Award.....Neuczki Mathurin, Krina Merchant
Judy and Margot Toller Memorial Award.....Rachel Currie, Danielle Hodgson

Awarded to the students who best exemplify the values and spirit of these alumnae - who lost their lives in a car accident caused by a drunk driver - with their warmth and caring, courtesy and respect, sense of humour, generosity in helping others, joy of life, determination to overcome obstacles, and acceptance of everyone, while demonstrating the ideals of leadership and friendship.

Parents &Friends Association Committee Award.....Neuczki Mathurin
Presented to the student who has demonstrated through voluntary activity a sense of civic responsibility, a spirit of co-operation and a commitment to school life and the continued success of Elmwood.

Old Girls House Motto: Each house proposes a candidate who best exemplifies its motto. The final award is decided by vote of prefects and teachers.

NOMINEES:
FRY- Friendship for All.....Anne Piggot
KELLER- Fair Play.....Charlotte Pattee
NIGHTINGALE- Not For Ourselves Alone.....Samantha Lamontagne
WILSON- To Give Ourselves & Never Count The Cost
.....Megan Halliwushka

WINNER - Anne Piggot

The Golden "E", for the accumulation of 400 points from Grades 9-12, is awarded to: Clare Funston, Malene Hoftun Jaeger, Alicia Kerrigan, Neuczki Mathurin, Isabella Price, Stephanie Shea, Shauna Turney, Cynthia Wallace, Margo Vachon.

## Grade 12 Awards

Governor General's Academic Medal.....Amelie Meyer-Robinson
for the highest average based on all grade 11 and 12 courses taken

Millenium Excellence Awards.....Christiane McGovern, Ishani Nath
Given to students who embody four qualities: leadership, community involvement, innovation and academic achievement.

University of Toronto National Book Award..Amelie Meyer-Robinson
Overall Academic Excellence .....Alicia Kerrigan
Overall Academic Excellence .....Diane Nakamura
Overall Academic Excellence .....Amelie Meyer-Robinson
Overall Academic Excellence .....Jane Reisman
Overall Academic Excellence .....Margo Vachon
Organizational Studies (BOH4M).....Thirattha Devahastin
Canadian/World Issues (CGW4U).....Clare Funston
Canadian/International Law (CLN4U).....Rebecca Moeller
French (FEF4U).....Christiane McGovern
Math - Functions & Calculus (MCB4U).....Diane Nakamura
Geometry & Discrete Math (MGA4U).....Alicia Kerrigan
Exercise Science (PSE4U).....Emily Cork
Biology (SBI4U).....Jane Reisman
Physics (SPH4U).....Jane Reisman
Elizabeth Davis Prize for English (ENG4U).....Amelie Meyer-Robinson
Fiona Nicolson Creativity Prize.....Marie- Eve Legault
Mckee Fine Arts Cup.....Clare Funston
Theatre Award for Performance and Production
.....Malene Hoftun Jaeger

Keary-Taylor Theatre Arts Prize.....Sarah Groves
Awarded to a Senior student who has distinguished herself academically and in her contributions to a major production.

Carolyn Strauss Poetry Award.....Melissa Peters
Wallack Art Award.....Ishani Nath
Awarded to the outstanding senior student whose sustained effort and consistently high standards have distinguished her in the field of Visual Art.

Philpot Science Prize.....Margo Vachon
Presented to the graduating science student, who in the view of her science teachers, demonstrates a genuine interest in science through her powers of observation, inquisitiveness, analytic and abstract thought. Not simply given to the student who achieves the highest marks in science subjects.

Outerbridge Cup for Senior Mathematics.....Julia Renaud
Awarded to a student who does not necessarily have the highest marks but who, through perseverance, determination and diligence has shown remarkable progress.

Whitwill History Prize (CHY4U).....Amelie Meyer-Robinson

Linda McGregor Technology Award.....Sarah Black
Given to the graduating student in the laptop program who, in the opinion of staff, exhibit not only exceptional proficiency in using technology, but has the willingness to share that expertise in support of others.

I.B. Diploma Candidates: Malene Hoftun-Jaeger, Amelie Meyer-Robinson, Rebecca Moeller.

Mitchell Thomas Award.....Clare Funston
A gift of books for the junior school made in the name of a senior student who has been helpful in the junior school.

Bruce Hicks Award of Public Service.....Leanne Sharzer

Lieutenant Governor Community Volunteer Award
.....Alexandra Fottinger

All-Round Contribution to School Life.....Ishani Nath, Margo Vachon

Prefect Awards:
Admissions Prefect.....Alexandra Fottinger
Arts Prefect.....Stephanie Shea
Junior School Prefect.....Clare Funston
Middle School Prefect.....Sarah Taylor
Prefect at Large.....Ishani Nath
Sports Captain.....Elizabeth Maffett
FRY.....Julia Normand
KELLER.....Devon McCormack
NIGHTINGALE.....Christiane McGovern
WILSON.....Meaghan MacLean
House Cup for overall achievement in all areas.....Wilson
(Meaghan MacLean - Wilson House Head)

Duke of Edinburgh Program Gold Award: Sarah Black, Emily Cork, Malene Hoftun Jaeger, Alicia Kerrigan, Christiane McGovern, Ishani Nath, Julia Normand, Jane Reisman, Selin Saatcioglu, Margo Vachon, Lillian Wallace.

Margaret White Cup.....Emily Cork
Awarded to a student in her graduating year who has been at Elmwood since Grade 9 and has made an outstanding contribution to the extra-curricular life of the school.

Ewing Cup for Character.....Emma Godmere
Head of School Prize.....Lillian Wallace
Philpot Token.....Emma Godmere
First awarded in 1934 by Elmwood's founder, Mrs. Hamlet Philpot, for cheerful help, loyal support and effective leadership throughout the school body this year.

Summa Summarum.....Malene Hoftun Jaeger
Awarded to the senior girl who has tried most faithfully to live up to the ideals and best traditions of the School and who possesses the qualities of integrity, trustworthiness, the spirit of comradeship and the capacity to achieve. The winner's name to be added to the illustrious list in the atrium.

[drahvv]

1 a strong need or desire

2. to compel or to urge relentlessly

# 3. A Boundless Spirit

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What's your

# drive?

*noun* [drahyv]

1. energy and determination that motivates oneself to achieve one's goals